# JESSICA SCHUBERT RN, BSN

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## **Professional Summary**

Registered nurse offering 10 years of experience working with pediatric and adult patients in various medical and in-home settings. Proficient at administering medications and vaccines, performing blood draws, and collecting vitals signs and lab specimens. Adept at making patients feel comfortable and providing excellent individualized care. Committed to comprehensive patient education and helping doctors.

#### Skills

- Gastrostomy buttons experience
- Personal care needs
- Feeding pumps understanding
- Medical laboratory procedures
- Seasoned in medical clinical procedures
- Catheter insertion and removal
- Feeding assistance
- Scheduling appointments
- Dosage calculation/medication administration
- Pre- and post-surgical care
- Foley catheter insertion/removal
- Family planning services/education
- Physical assessments
- Pediatric and adult patient care

- Prenatal nutrition/breastfeeding education
- NG tube insertion and removal
- Intravenous therapy
- Insulin medication administration
- Diabetes and nutrition education
- Specimen collecting
- Multidisciplinary team collaboration
- IV drug therapy management
- Patient and family advocacy
- Patient education and counseling
- Medical records management/electronic medical records
- Confidentiality
- Organized, multitasker
- Ability to plan ahead and prioritize care

## **Work History**

**Private Duty Nurse**, 07/2009 to Current **Maxim Healthcare** – Greeneville, TN

Currently, I work as a private duty registered nurse. My responsibilities include total patient care, including assisting with bathing/hygiene, administering medications, feedings, and treatments, ordering needed supplies, communicating with doctors and other healthcare teoam members regarding patient changes, obtaining new orders, scheduling appointments and accompanying patient to appointments. I also do patient and family teaching as well as train and orient new employees so the best patient care continues. My current position requires quality nursing care in an independent setting, the ability to multitask well, and great planning and organizational skills.

- Change out gastrostomy buttons and catheters regularly to prevent infection or other problems
- Administer medications via gastrostomy tubes and PICC lines
- Ensure safety and well-being of patients
- Review documentation for compliance with requirements and accuracy of information
- Provide all daily living tasks to enhance quality of life for special needs pediatric patients
- Provide patient education
- Partner with a team of registered nurses to achieve overall well-being of all patients
- Help patients with bathing, dressing, feeding, lifting and transferring
- Establish and maintain systems that safely meet residents' needs

- Engage patients with games, crafts, cooking, music, reading and other activities
- Deliver in-home care to disabled children and adults
- Certify that equipment and supplies are properly maintained for quality patient care and safety

## Surgical Nurse/Med-Surg Nurse, 06/2014 to 11/2016

## Wellmont Hawkins County Hospital - Rogersville, TN

I worked as a registered nurse in various departments at this hospital. On the medical-surgical floor, I had the opportunity to care for a number of patients with various medical needs. With up to nine patients at a time, I prioritized patient care, performed assessments, administered treatments and medications, and completed admissions and discharges. In the surgery department, I worked in day surgery, performing pre-admissions, starting IV's, administering medications and treatments, blood transfusions, and assisting with colonoscopies.

- Instructed patients and family members on proper discharge care
- Prepared, administered, and recorded prescribed medications
- Assessed signs and symptoms indicating physiologic and psychosocial changes in patients condition
- Supervision of patient care technicians
- Developed and implemented nursing care plans
- Evaluated patient care needs, prioritized treatment, and maintained patient flow
- Treated patients with strokes, head traumas, comas, and intracranial hematomas
- Took and recorded patients' temperature, pulse and blood pressure
- Developed patient care plans, including assessments, evaluations and nursing diagnoses
- Assisted doctors with surgeries and non-invasive procedures
- Performed vitals/glucose testing and assisted in administering injections and urinalysis
- Evaluated patients suffering from asthma, appendicitis and hernias
- Provided patient education
- Monitored patient reactions to drugs and carefully documented progress of individuals
- Liaised between patients and physicians to ensure patient comprehension of treatment plans
- Dispensed and administered patients' medications following care plans and physician's orders
- Ordered and read lab tests, x-rays, MRIs, Ultrasounds, and EKGs
- Interviewed patients to obtain medical information, weight and height measurements and vital sign
- Collected and sent specimens for laboratory testing

## **Surgical Nurse**, 06/2015 to 06/2016

## Lakeway Regional Hospital - Morristown, TN

I worked as a surgical nurse at this facility, assisting surgeons by setting up rooms for surgery, maintaining sterile fields, finding and providing needed instruments/supplies, dressing surgical incisions, administering medications in PACU, and helping to keep supplies organized and available. This position required great attention to detail, being able to think critically and come up with alternative solutions quickly.

- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit to achieve optimal outcomes
- Promoted patient and family comfort during challenging recoveries to enhance healing and eliminate non-compliance problems
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options
- Strengthened training and nursing knowledge by taking part in continuing education programs and workshops
- Collected blood, tissue and other laboratory specimens and prepared for lab testing

#### Cherokee Health Systems – Talbott, TN

I worked as a registered nurse at a busy pediatric office before returning to school to obtain my BSN. Daily tasks included obtaining vital signs, administering medications and vaccines, properly storing vaccines, assisting doctors with minor medical procedures, ordering supplies, and collecting lab specimens/venipunctures.

- Documented vitals and medical histories in patient charts when assessing patients and communicated patient information to physicians and other nurses for care continuity
- Administered immunizations, medications, nebulizer treatments and maintained accurate and detailed documentation in electronic medical record
- Performed a number of medical procedures including obtaining vital signs, TB skin tests, throat cultures, lab draws, and EKG's
- Safely administered flu and pneumonia vaccinations, providing education to customers on vaccines, dosage, indications, precautions, contraindications and potential side effects
- Helped young patients feel comfortable with procedures and immunizations
- Educated parents on preventive measures to promote disease prevention
- Trained family members in how to care for patients and manage individual conditions
- Collaborated with physicians to provide optimal nursing care to patients
- Provided educational support to patients and families to inform them of procedures

#### **Education**

**Bachelor of Science**: Nursing, 2015 **King University** - Bristol, TN

Associate of Applied Science: Nursing

Walters State Community College - Morristown, TN

Licensed Practical Nurse

Tennessee College of Applied Technology - Morristown, TN

#### Certifications

- CPR certified through American Heart Association (current)
- Advanced Cardiac Life Support (ACLS) Certification (Nov 2014-2016)
- PALS Pediatric Advanced Life Support (Nov 2014-2016)

#### References

Available upon request.

### **Additional Information**

- Volunteered with King University and Lost Sheep Ministry, helping the homeless "under the bridge" in Knoxville
- Volunteered with Wellmont Hawkins County at the "People Loving People" event, fixing dinners for the needy at Thanksgiving
- Took highschool students on a tour of Wellmont Hawkins County and talked to them about healthcare and nursing
- Assisted in flu clinics, giving employees and people in the community flu vaccines