

## Natali Arias Call

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Dedicated bilingual nurse with proven work ethic and highly organized. Patient-care oriented capable of bringing compassionate and friendly nursing care in any situation.

### EDUCATION

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#### BRIGHAM YOUNG UNIVERSITY

*Bachelor of Science in Nursing*

- GPA 3.80/4.00

Provo, UT  
December 2020

### CLINICAL EXPERIENCE

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#### Provo Nursing and Rehabilitation

*Geriatrics*

- Provided care to long term senior patients
- Assessed illnesses and monitored patients' conditions

Provo, UT  
Fall 2018

#### Timpanogos Regional Hospital

*Medical-Surgical*

- Provided basic patient-care and treatments- treated bedsore, assisted with bathing, dressing, standing and walking
- Measured and recorded patients' vital signs, temperature, blood pressure, height, weight, and respirations
- Administered prescribed medications to patients after thorough explanation of side effects

Orem, UT  
Winter 2019

#### Utah Valley Hospital

*Pediatrics and Obstetrics*

- Provided patient/family education and discharge plan
- Provided direct care to pregnant women and infants
- Provided post-partum care for babies and mothers

Provo, UT  
Fall 2019

#### Utah Valley Hospital

*Psychiatric*

- Planned and conducted a 10+ people group therapy with three other nursing students
- Documented observations of patients' behavior
- Connected patients with community services and resource organizations

Provo, UT  
Winter 2020

#### Utah Valley Hospital

*Intensive Care*

- Recorded vital signs, glucose, I&Os, and provided oral care to intubated patients
- Read cardiac and respiratory readings and reported changes
- Prepared and administered prescribed medications
- Analyzed lab results

Provo, UT  
Winter 2020

#### Utah Valley Hospital

*Medical-Surgical*

- Capstone experience- completed 125 hours
- Coordinated patient care with other healthcare team members
- Incorporated multiple teaching strategies and assessment types
- Provided patient discharge teaching
- Performed all nursing tasks with a patient centered focus

#### LaserAway

*Aesthetic Nursing*

- Performs consultations with clients to determine appropriate laser treatments
- Educates patients on proper after care post laser hair removal and facial treatments
- Experience with Clear and Brilliant facial treatment, Laser Hair Removal treatments, Cool Sculpting treatments and assessment
- Performs skin enhancing treatments such as IPL photo facials
- Evaluated patients for fat reducing treatments- CoolSculpting
- Answered patients' questions honestly with detailed explanations to set realistic expectations of treatment

Palo Alto, CA  
June 2021 to November 2021

#### Hessler Plastic Surgery

*Operating Room Nurse/ Aesthetic Nursing*

- Experience with lasers such as Clear and Brilliant, Fraxel, Laser Genesis/Yag, Laser Hair Removal
- Consultations and experience with muscle stimulating device Trusculpt Flex
- Consultations and experience with radiofrequency Viora and Secret RF treatment for face and body
- Ensure proper equipment is set up and ready for surgical case
- Maintained count of instruments such as sutures, blades, bovie tips, needles to ensure safety and no loss of items during procedure
- Educated patients and families on after care instructions and follow up routines; answered all of their questions promptly
- Ensured all paperwork and consents were signed and in chart before surgical procedure
- Recovered patients post surgery by assessing vitals closely and providing safe standar patient care

Palo Alto, CA  
November 2021 to Current

### ADDITIONAL SKILLS

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- CPR certified through American Heart Association
- STOP the bleed certification
- QPR Suicide Prevention certification
- Fluency in written and spoken Spanish and English
- John Hopkins University's Covid Contact Tracing certification