

# Anita Adkins

## **RN, Clinical Accounts Manager and Education Faculty**

Chesapeake, VA 23323

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## Work Experience

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### **Staff Nurse**

Bonsecours / Mercy - Norfolk, VA

March 2020 to Present

- I work MedSurg telemetry unit as a registered nurse. Providing care for cardiac step down patients. I work ICU providing care to Covid 19 / PNA patients that are a telemetry step down level of care or of higher acuity. I do assessments, draw labs, update care plans, report significant changes and labs to physicians critical labs, administer Blood products ,convalescent plasma ,medication including remdesivir , etc.. I swab patients for COVID-19 influenza and other infectious agents. I administer infusion medication including but not limited to heparin, nitroglycerin, Cardizem ,bicarb and regular IV fluid infusion as well as antibiotics .I develops individualized patient assessments and an individualized plan of care accordingly. Monitors, interprets, and records electronic displays .Initiates alternative action when adverse symptomology is displayed .Change dressings , insert catheters, start IVs. Exhibits understanding and utilization of universal precautions, asepsis and infection control procedures .Records all care information accurately and completely . Provides support to patient and family members

### **Registered Nurse**

Sentara Obici Hospital - Suffolk, VA

April 2021 to November 2021

Contract travel nurse Stepdown Unit

manage unstable patients with cardiac arrhythmia . Patients on high flow oxygen and Bipap. Complex drips nitro insulin Cardizem heparin etc

### **Staff Development Coordinator**

MFA Princess Anne Health and Rehab - Virginia Beach, VA

March 2017 to March 2020

Teach all levels of education to various departments / disciplines in SNF/LTC facility.

Infection Prevention Nurse and Educator .

Educate staff on medical devices include but not limited to Pleurex chest tubes, infusion devices, zoll life vest, bone stimulators , CPM machines, Compressors for Tracheostomy setup, and many more medical devices. I am the infection preventionist for the company . I administer immunizations for over 240 employees and track immunizations for residents . I am responsible for tracking trending and reporting on all infections. I ensure we are following guidelines of CDC and policies for antibiotic stewardship.

### **DON**

Lake Taylor Transitional Care Hospital - Norfolk, VA

May 2016 to March 2017

DON for 193 bed SNF Responsible for managing, planning, organizing and the development of patient care and safety. Development of Quality Assurance programs. Ensure facility adheres to State and Federal regulations.

### **Nurse Consultant**

Omnicare Pharmacy - Portsmouth, VA

November 2014 to May 2016

#### Responsibilities

RN, Nurse Consultant Infusion Therapy and Education. I am responsible for providing education opportunities to The SNF and Hospitals for IV certification. Teaching includes but not limited to Essentials of Infusion Therapy, Pain Management, TPN, Inotropic Therapy, CVAD care. I also teach medication administration, Infection control, DM etc.. Additional services provided are Med pass observations, Med and Cart inspections, Investigate Narcotic diversions, Assist Survey readiness and Plan of corrections. My territory is from the Eastern shore to Washington DC Area. Product that required education infusion pumps to IV catheters.

### **Care Manager**

Infinity care management

May 2014 to October 2014

#### Responsibilities

Care Manager for Humana, Virginia, (855) 488-8111 Completed in home member survey via Rosalind system, updated care plans acting as a community Liaison assisting with prevention of re-admissions to hospital. I provided in home education regarding disease process and medication management. I was an extension of Humana Insurance.

### **ADON**

Autumn care - Chesapeake, VA

August 2012 to October 2014

#### Responsibilities

Assistant Director of Nursing I was responsible for directing overall quality of care for residents, while ensuring the facility meets the State and Federal regulatory guidelines. Participate in Quality assurance program. I also fill in as charge nurse medication administration, wound care, start and maintain IV, Trach care etc.. I perform Occupational health duties: accident / incidents; pre hire urine drug screens; post incident urine drug screens; administer flu vaccines; Hep B vaccines, PPD etc... My duties include infectious disease. I track and trend infections, prepare monthly and quarterly reports and work closely with the Chesapeake Dept. of Health. I provide education and training to all levels of employees.

### **RN, Clinical Accounts Manager and Education Faculty**

KCI - San Antonio, TX

July 2011 to July 2012

Provided education and training, Accreditation Education and in-services, bedside evaluation wound types and treatment evaluation, sales and marketing. Educate and assist with placements of vac products. I obtained Accreditation Education Faculty Certification for KCI in June of 2012.

### **RN Staff Development Coordinator**

Virginia Beach Health and Rehab - Virginia Beach, VA

March 2009 to July 2011

Education and training, new hire orientation, BLS instructor.

Infection control nurse for the facility working closely with nursing units to ensure compliance with local DOH and CDC guidelines were maintained. Work with travel pool filling in as interim DON, ADON, UM and Staff Development Coordinator. Education provided for all departments

### **Director of Nursing**

Harbor's Edge - Norfolk, VA  
August 2006 to March 2009

Responsible for managing, planning, organizing and development of patient care and safety .Direct nursing staff and implement performance improvement. Overall responsible for quality assurance program and implement, evaluate and develop plan of care. Responsible for interviewing, hiring and delivering education to nursing team that meet state regulatory requirements.

### **Assistant Director of Nursing**

Autumn Care Great Bridge - Chesapeake, VA  
September 2002 to August 2006

Responsible for interviewing, hiring and delivering education to nursing team that meet state regulatory requirements. Education provided for all departments.

### **RN Nurse General Surgery Clinic**

Spectrum Healthcare Resources - St. Louis, MO  
November 2001 to October 2002

Organized and managed OR and clinical schedules for Group of Surgeons. Provided Pre and Post op education to patients

### **RN**

Chesapeake General Hospital - Chesapeake, VA  
June 2001 to November 2001

Telemetry Medical Surgical

### **RN**

Brookside Home Health - Chesapeake, VA  
February 2000 to December 2000

Performed skilled nurse visits in home setting, completion of OASIS assessments. Tx provided simple to complex dressing, IV therapy, Education for patient and CG.

### **RN, Healthcare Finder**

Anthem Alliance - Hampton, VA  
August 1999 to February 2000

Responsible for insurance verification and authorization. Ensure access to healthcare for military and their dependents

### **RN Cardiac Step**

Sentara Norfolk General Hospital - Norfolk, VA  
March 1998 to August 1999

757-668-3000 Organized care for s/p OHS and transplant patient.

**LaPlata, MD**

Civista Medical Center  
March 1997 to September 1997

301-609-4200  
RN Telemetry

**LPN**

Mary's Hospital - Leonardtown, MD  
July 1991 to March 1995

15 Bed acute care Mental Health Unit

**LPN**

Marlboro State Psychiatric Hospital - Marlboro, NJ  
October 1989 to June 1991

57 Bed Chronic long- term Mental Health Unit

## Education

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Charles County Community College  
1996

**Vocational**

Technical School - Toms River, NJ  
1989

## Nursing Licenses

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**RN**

Expires: July 2021

State: VA

## Skills

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- Teaching Experience (10+ years)
- Process Improvement (10+ years)
- Training & Development (10+ years)
- Microsoft Office (10+ years)
- Nursing (10+ years)
- Infusion Experience (10+ years)
- Medication Administration (10+ years)
- Infection Control Training (10+ years)
- Epic (1 year)
- Supervising Experience (10+ years)

- Experience Administering Injections (10+ years)
- Pain Management
- Critical Care Experience
- ICU Experience
- Utilization Management
- Phlebotomy
- Hospital Experience (1 year)
- Nurse Management (10+ years)
- EMR Systems (10+ years)
- Travel nursing
- English

## Certifications and Licenses

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### **BLS, ACLS**

August 2019 to August 2021

ACLS 12/2022

## Additional Information

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9/2018 Certified Infection Preventionist