Chika Josephine Nwordu, RN, MSN

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OBJECTIVES

Registered Nurse with substantial practical experience in primary care, chronic disease conditions, wellness, and specialty care. Also has extensive experience coordinating clinical services, nursing education, and nursing management—profound expertise in improving patient outcomes, strong management, psychiatric- mental health, community health, cardiovascular/transplant and ICU nursing skills.

PROFESSIONAL SUMMARY

Interpersonal skills - Able to interact efficiently and empathetically with patients, physicians, nurses, and other staff. **Leadership skills -** Comfortable taking charge in all situations, especially in high-pressure environments. **Organization skills -** Can manage large numbers of staff and schedules to ensure staffing needs are met, and patients' needs are prioritized.

Analytical skills - Ensures efficient care is provided with no waste of resources **Case management-** Ability to coordinate various elements that are involved in the care of an individual patient **Utilization reviews-** Understands the importance of quality, cost, and care transition **Regulatory certification-** Regulatory knowledge that has clear value for employers

EDUCATION

Degrees:

B. Sc Nursing – University of Texas, Houston Health Science Center, Houston, Texas 05/2004
M. Sc Nursing/health education – University of Phoenix, Arizona 12/2012
Doctor of Nursing Practice – Chamberlain University 2017-Pending

Past Certificate/Certification/Training:

Texas Nurses Association - Nurse Advocate Certificate **Current Certifications** Advanced Cardiovascular Life Support (ACLS) Provider Healthcare Provider Basic Life Support (BLS) Instructor NIHSS

Past Positions/Committee Positions Held:

Chair - Peer Review Committee Staff Nurse Advisory Council, Education Council member Informatics Clinical Educator & Resource Nurse

Professional Membership:

Past AACN membership during time in the ICU Past membership with the Texas Nurses Association

CORE COMPETENCIES

- General nursing Management
- Nursing Education
- Clinical Advisory Roles
- Nursing Quality
- ICU and Medical-Surgical Skills
- Nursing Informatics Educator: Cerner

- Nursing Administrative Management
- Nursing Peer Review & Education
- Leadership Excellence course completion
- "Crucial Conversations" course completion

PROFESSIONAL EXPERIENCE

Memorial Hermann Hospital System (Houston, TX) 2021-Present

Intensive Care Registered Nurse

- Critical care patient management
- General intensive care patient monitor (including neuro, psych, cardiac)

Mena Health, INC. (Houston, TX) 2014 - 2021

Program Director

- Intellectual Developmental Disabilities Medicaid waiver program coordinator and liaison. Psychiatric-mental health nursing care provider.
- Oversee daily administration operation.
- Oversee compliance with applicable regulatory and accrediting standards.
- Conduct State-provider regulatory surveys and complete corrective action plans.
- . Human Resource Management

Nitomek Healthcare Services, LLC (Houston, TX) 2012 - 2020

Alternate Director of Nursing - Contract RN Consultant

- Served as a home health skilled nurses educator, case manager, and Field RN liaison.
- Consulted as quality assurance and utilization reviewer and an OASIS documentation reviewer & chart auditor

• Attended team and departmental meetings; provided supervisory oversight; supported teammates; and worked with providers and members to identify contracted providers for the provision of services.

- Adhered to quality assurance standards and all utilization management policies and procedures.
- Led and managed through influence and different models of care.
- Created, developed, and led the nursing department to provide physician support, assisted with hurdles to increase revenue with quality measures, and provided patient care.
- Worked with the referral team to improve the referral process.
- Analyzed data from the health plan to identify under/overutilization, improve resource consumption, promote potential with reduction, and enhance the quality of care consistent with the organization's strategic goals and objectives.

Memorial Hermann Health System (Houston, TX) 2007 - 2016

Intensive Care Registered Nurse: Roles- ICU Unit Clinical Coordinator; Cardiovascular and Acute Critical Care Staff Nurse

- · Served in a unit leadership role to support management
- Supported Staff education
- Served in the preceptor role for new employees
- Provided competent nursing care to CVICU and general ICU patients

St. Luke's Episcopal Hospital (Sugar Land, TX) 2008 - 2011

Nursing Education Specialist/ICU Charge Nurse/ICU Unit Educator

- · Collaborated with Nursing Staff, Nursing Management, and Administration to promote professional growth, provide clinical experiences, and participate in developing and executing clinical and general nursing education programs.
- · Consulted with management to develop, revise, and implement cost-effective patient outcomes, driven educational programs, tools, and materials for all nursing staff.
- · Collaborated with management to plan and direct new employee orientation, and assess staff's critical thinking, interpersonal relations, and technical skills to assist in the individualization of orientation and staff development.
- Developed, implemented, and evaluated patient-centered nursing education unit-based programs needed to support nursing staff, including developing unit-specific preceptor programs and patient care assistant programs.
- BLS instructor: Taught basic life support classes and assisted in coordinating ACLS classes. •

Taught nursing informatics during orientation and followed up with staff education on using the organization's EMR.

- Served as chair of the nursing Peer Review committee and nursing peer review educator to nursing staff.
- Participated in the Texas Nurses Association's Texas Nurse Advocate program
- Actively participated in the performance enhancement program and education quality enhancement activities by monitoring and evaluating the outcomes of educational offerings.
 - Was chair of the nursing peer review committee from 2010-2011

St. Luke's Episcopal Hospital (Houston, TX) 2005 - 2008

CVICU /CV Recovery /Transplant Staff Nurse

- Managed surgical, cardiovascular, neurologic, and medical critical and acute care patients. Care included intracarotid balloon pump, hemodynamic monitoring, mechanical ventilation, general nursing care, nursing- patient education.
- Worked in a 50-bed CVICU unit taking care of open heart, transplant patients with devices such as Tandems, CVVHD, Balloon Pumps, Ecmo, VADs, Hemodynamic monitoring

The Methodist Hospital (Houston, TX) 2004-2005

CVICU/ CV Recovery Staff Nurse

The Methodist Hospital (Houston, TX) 2002-2004

Patient Care Assistant

KEY PROJECTS

Nurse Educator Role: Developed Charge Nurse, Preceptor, and Patient Care Assistant Programs 2009-2011.

Actively participated in the development of a Medical-Surgical orientation program 2009-2011

<u>SKILLS</u> Microsoft Office

REFERENCES AVAILABLE UPON REQUEST