# **SHARI LYNN MAIBEN**

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## PROFESSIONAL SUMMARY

Seasoned RN with more than 25 years of experience in a fast-paced healthcare industry . Excellent people and educational skills. Track record of achieving exceptional results in positive feedback of patient care and proficient in all aspects of one on one patient care.

#### **SKILLS**

- Critical Thinking
- Active Learning
- Time Management
- Troubleshooting

- Judgment and Decision Making
- Instructing
- Administration and Management

# **EXPERIENCE**

Staff RN 09/2018 - Current

**Baptist Hospitals of Southeast Texas** - Beaumont, TX

**CHARGE NURSE**: supervise LVN's and CNA's, rounding with Medical Doctors, attend staff meetings, start and maintain peripheral and central lines, insert Foley catheters, administer medications, patient education

- Record patients' medical information and vital signs.
- Monitor, record, and report symptoms or changes in patients' conditions.
- Maintain accurate, detailed reports and records.
- Maintain a clinical practice.
- Administer prescribed medications or start intravenous fluids, noting times and amounts on patients' charts.
- Observe patients, charting and reporting changes in patients' conditions, such as adverse reactions to medication or treatment, and taking any necessary action.
- Provide basic patient care or treatments, such as taking temperatures or blood pressures, dressing wounds, treating bedsores, giving enemas or douches, rubbing with alcohol, massaging, or performing catheterizations.
- Measure and record patients' vital signs, such as height, weight, temperature, blood pressure, pulse, and respiration.
- Work as part of a healthcare team to assess patient needs, plan and modify care, and implement interventions.

**Staff Nurse** 02/2013 - 02/2019

## Mid Jefferson Extended Care Hospital - Nederland, TX

Utilized strong nursing skills and judgement, cared for ventilated patients, gave medications, IV fluids, antibiotics and specialized drips. Monitored vital signs, admit and discharged patients. Telemetry strip reading, enteral and parenteral feedings, blood sugar analysis. Maintained IV lines: central and peripheral lines. Dressing changes of wounds and IV sites. Charge nurse.

Float pool RN 01/2008 - 06/2014

#### CHRISTUS Southeast Texas - St. Mary - Port Arthur, TX

Admit/discharged patient, patient and family education, post-op care and monitoring, input of doctors orders, educational requirements. Medication administration, IV drips, vital sign and glucose monitoring.

**Per diem RN** 06/2005 - 08/2007

St Patrick Hospital-Lk Chrl: Davis Michael D MD - Lake Charles, LA

General nursing duties

**RN telemetry** 08/2005 - 05/2007

**Baptist Hospitals of Southeast Texas** - Beaumont, TX

General nursing duties

### 4West. Vent patients Staff RN

10/2002 - 06/2005

#### CHRISTUS Southeast Texas - St. Mary - Port Arthur, TX

- Perform emergency medical procedures, such as basic cardiac life support (BLS), advanced cardiac life support (ACLS), and other condition stabilizing interventions.
- Manage patients' pain relief and sedation by providing pharmacologic and non-pharmacologic interventions, monitoring patients' responses, and changing care plans accordingly.
- Administer blood and blood product transfusions or intravenous infusions, monitoring patients for adverse reactions.
- Order, perform, or interpret the results of diagnostic tests and screening procedures based on assessment results, differential diagnoses, and knowledge about age, gender and health status of clients.
- Discuss illnesses and treatments with patients and family members.
- Obtain specimens or samples for laboratory work.
- Assess the needs of patients' family members or caregivers.
- Provide formal and informal education to other staff members.

 Perform administrative duties that facilitate admission, transfer, or discharge of patients.

**Registered nurse** 08/1996 - 10/2002

## St Patrick Hospital-Lk Chrl: Davis Michael D MD - Lake Charles, LA

- Assist physicians in the diagnosis and treatment of cardiac or peripheral vascular treatments, such as implanting pacemakers or assisting with balloon angioplasties to treat blood vessel blockages.
- Explain testing procedures to patients to obtain cooperation and reduce anxiety.
- Obtain and record patient identification, medical history, or test results.
- Prepare and position patients for testing.
- Conduct tests of pulmonary system, using spirometer or other respiratory testing equipment.

**Rn** 08/1995 - 08/1996

#### CHRISTUS Southeast Texas - St. Mary - Port Arthur, TX

General staff duties

Cared for postoperative patients, CHF, COPD patients

#### RN per diem, float pool

06/1992 - 08/1995

# St Patrick Hospital-Lk Chrl: Davis Michael D MD - Lake Charles, LA

Float pool RN

- Perform emergency medical procedures, such as basic cardiac life support (BLS), advanced cardiac life support (ACLS), and other condition stabilizing interventions.
- Manage patients' pain relief and sedation by providing pharmacologic and non-pharmacologic interventions, monitoring patients' responses, and changing care plans accordingly.
- Administer blood and blood product transfusions or intravenous infusions, monitoring patients for adverse reactions.
- Order, perform, or interpret the results of diagnostic tests and screening procedures based on assessment results, differential diagnoses, and knowledge about age, gender and health status of clients.

**Rn** 06/1992 - 05/1993

# West Calcasieu Cameron Hospital - Sulphur, LA

General staff duties, manages ventilator patients, start and discontinue and maintain IV's, wound care, blood glucose monitoring

Prescribe medications and observe patients' reactions, modifying prescriptions as

needed.

- Perform emergency medical procedures, such as basic cardiac life support (BLS), advanced cardiac life support (ACLS), and other condition stabilizing interventions.
- Manage patients' pain relief and sedation by providing pharmacologic and non-pharmacologic interventions, monitoring patients' responses, and changing care plans accordingly.
- Administer blood and blood product transfusions or intravenous infusions, monitoring patients for adverse reactions.
- Assess urgent and emergent health conditions using both physiologically and technologically derived data.
- Interpret information obtained from electrocardiograms (EKGs) or radiographs (x-rays).
- Discuss illnesses and treatments with patients and family members.
- Collaborate with members of multidisciplinary health care teams to plan, manage, or assess patient treatments.
- Obtain specimens or samples for laboratory work.
- Assess the impact of illnesses or injuries on patients' health, function, growth, development, nutrition, sleep, rest, quality of life, or family, social and educational relationships.
- Perform administrative duties that facilitate admission, transfer, or discharge of patients.

# **EDUCATION**

**Bachelor of Science**: Nursing

McNeese State University - Lake Charles, LA

Member of Sigma Theta Tau— Honor Society for Nurses

- GPA 3.45.
- Graduated with honors.

1992