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| Holly Sestokas  Registered Nurse | |
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| Contact Marker with solid fill  15132 Wheeler Lane  Sparks, MD 21152  Smart Phone with solid fill  443.690.0242  Email with solid fill Hollysestokas@gmail.com | | | PROFILE Motivated and experienced Registered Nurse committed to securing an assignment as an Operating Room Nurse. Eager to apply clinical knowledge and prior experience as a Cardiovascular-thoracic surgical nurse to care for surgical patients. Accustomed to treating diverse patient care needs while multitasking, assessing, and prioritizing the constant changing dynamics. Excellent reputation for providing compassionate and quality patient care. Excited to explore the specialty of perioperative nursing with a broader community to gain insight and advance skill set. | | |
| SKILLS  * effective communication * assessing and prioritizing patient care * adapatable and LEVELHEADED in critical environments * anticipates needs and coordinates appropriate care * accstomed to electronic documentatoin | | | EXPERIENCEUniversity of Maryland Saint Joseph Medical Center- Registered Nurse in the Cardiothoracic Operating Room 2014- present  Open heart cardiovascular operating room nurse trained to ensure quality patient care during routine scheduled cases and emergency cases. Cross-trained to scrub and circulate cardiovascular cases and occasionally utilized as a second assistant to surgeon.   * Participated in launching a successful (TAVR) transcatheter aortic valve replacement program at St. Joseph Medical Center. * Attended and participated in new product training programs and clinical trials in the department. * Established par levels for inventory and monitored supplies through performing cost saving analyses. * Maintained relationships with medical device representatives for departmental resources and product knowledge. * Initiated and conducted successful performance improvement processes among the nursing team to contribute to increased productivity and efficiency practices within the department. * Proficient in navigating and utilizing the EPIC documentation system.  Johns Hopkins Hospital- Registered Nurse on the Cardiovascular-thoracic-transplant and Trauma Surgical Team 2012-2014   * Perform main functions of a Registered Nurse in the operating room. * Cross-trained to circulate and scrub cardiac, vascular, thoracic, and transplant procedures including EVARs, TEVRs, and TAVRs. * Knowledgeable about surgical instruments, and able to troubleshoot many types of surgical equipment. * Ability to communicate effectively between the multi-disciplinary team. * Highly proficient in patient perioperative assessments, planning, documentation, and education. * Successfully completed the new graduate nursing residency program.  References- References are available upon request | | |
| EDUCATIONSalisbury University 2000-2004  Bachelor of Science-Biology Community College of Baltimore County 2010-2012  Associates of Science-Nursing  Registered Nurse | | |