

ALICE KOECH ARNP, A-GNP-C
Email: alicekoech9@gmail.com; Phone: (570) 200-5133
LACEY, WA

PROFESSIONAL SUMMARY

I am a compassionate, genuine, self-motivated, vibrant, highly dependable and committed Advanced Registered Nurse Practitioner with 5+ years of Registered Nurse experience in caring for and managing surgical, trauma and medical patients in the hospital setting. Nurse Practitioner clinical rotations mainly focused on primary care and urgent care with specialty observation hours in endocrinology and cardiology. I am culturally competent, with a commitment to attend to the whole person while providing health care that is patient-centered and evidence-based. As a Nurse Practitioner, I hope to help my clients achieve a sense of wellbeing, long-term health, and support whatever their health goals are, while keeping to the organization's goals.

EDUCATION

2020 – 2022

Bloomsburg University of Pennsylvania

Bloomsburg, PA

Master of Science in Nursing – MSN

Graduated May, 2022

Population focus: Adult Gerontology Primary Care Nurse Practitioner

Phi Kappa Phi Honor Society Member

Sigma Theta Tau Nursing Honor Society Member

2013 – 2016

Delta State University

Cleveland, MS

Bachelor of Science in Nursing - BSN

Phi Kappa Phi Honor Society member

Student Nurses Association Corresponding secretary

2010 – 2012

Kalamazoo Valley Community College

Kalamazoo, MI

Associate of Science (A.S)

Phi Theta Kappa Honor Society member

LICENSES & CERTIFICATIONS

- Adult Gerontology Primary Care Nurse Practitioner (A-GNP-C) American Association of Nurse Practitioners (AANP) Board Certified Cert#AG06220059 Expires 6/12/2027
- Advanced Registered Nurse Practitioner (ARNP) WA State Lic#AP61327739 Expires 4/25/2023
- Registered Nurse (RN) in WA Lic#RN61306729 Expires 4/25/2023
- Registered Nurse (RN) in PA Lic#RN692443 Expires 4/30/2024
- Basic Life Support (BLS) Expires 3/30/2024
- Advanced Cardiovascular Life Support (ACLS) Expires 4/21/2024
- Current NPI and DEA numbers

NURSE PRACTITIONER CLINICAL ROTATIONS

2020 - 2022

Geisinger: Primary Care, Urgent Care, Cardiology, and Endocrinology

- Independently completed patient histories and physical exams
- Independently developed differential diagnoses for commonly seen diseases in primary care
- Completed assessments and plan of care for patients with preceptor support
- Managed common acute illnesses such as URIs, UTIs, and injuries with preceptor support
- Independently completed preventative care education and anticipatory guidance
- Managed chronic diseases with preceptor support
- Identified needs for specialty care
- Independently saw 10-14 patients per clinical day, then collaborated with preceptor to conclude visits

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WORK EXPERIENCE

- May 2020 – May 2022** **Geisinger Community Medical Center** **Scranton, PA**
Staff RN; Medical Surgical Oncology Care, 36 bed unit
- Providing direct compassionate clinical care to patients with acute illnesses while managing chronic conditions utilizing an evidence-based approach where best available clinical evidence together with my expertise, patient values and preference are incorporated into decision making about the patient's care
 - Utilizing a shared decision-making model in designing and carrying out a patient's plan of care
 - Collaborating with providers and other healthcare team members to meet the patient and family needs with the goal of achieving the best outcomes possible
 - Serving as a guide and coach in navigating the acute phase of illness and assisting patients and their families in developing smart action plans for self-management upon discharge
- April 2018 – May 2020** **Penn State Health Hershey Medical Center** **Hershey, PA**
Staff RN; Surgical Intermediate Care, 16 bed unit
- Dedicated to providing safe, high-quality compassionate bedside care to post-surgical, trauma and medical patients and their families in a critical/acute care setting with the aim of promoting comfort and healing
 - Collaborated with the multidisciplinary team involved in care of the patient to develop a plan of care that met patients' goals, then implemented, evaluated, and continually made appropriate changes
 - Facilitated education for patients, their families, and caregivers for care after discharge that promoted best patient outcomes
 - Supported and promoted nursing education by serving as a preceptor for new nurses, and nursing students during their clinical rotations and summer externships
- March 2017 – April 2018** **Mainline Health Lankenau Medical Center** **Philadelphia, PA**
Staff RN; Surgical Stepdown, 32 bed unit
- Demonstrated safety behaviors by utilizing error prevention tools such as the red rule for patient identification, communicating clearly through 3-way repeat & read back, speaking up for safety, peer checking, and effective bedside handoff using SBAR
 - Employed critical thinking skills when faced with quick changes in patient condition while caring mainly for patients immediately post-op for: Colorectal, lung, breast flap, kidney transplants and vascular surgeries
 - Completed a nurse residency project with the aim to reduce noise in the unit & increase HCAHPS scores in the environmental domain through educating nursing staff
- Summer 2016** **Delta Regional Medical Center** **Greenville, MS**
Student Nurse Extern; Telemetry, 35 bed unit
- Used prioritization skills daily to deliver safe patient care
 - Evaluated patient outcomes, adjusted plan of care and interventions to meet client goals
- Summer 2015** **University of Mississippi Medical Center** **Jackson, MS**
Student Nurse Extern; Medical Surgical, 30 bed unit
- Developed professionalism and effective communication through interaction with multidisciplinary teams
 - Developed cultural competence through providing care to patients from diverse backgrounds
- 2013 – 2015** **Aramark at Delta State University** **Cleveland, MS**

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Sales Associate

- Became excellent with time management and organizational skills as I worked part time while attending school full time

2012 – 2013

New Friends Memory Care & Assisted Living

Kalamazoo, MI

Resident Care Assistant

- Provided professional personal care and support to those living with dementia and Alzheimer's disease based on their needs, strengths, and desires
- Promoted each person's ability and autonomy in participating in their own self-care

PROFESSIONAL MEMBERSHIPS:

- American Academy of Nurse Practitioners (AANP) member Aug 2022 to present