**KARMEN HOLLY**

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# Professional Summary

Enthusiastic nurse with excellent people skills and dedicated work ethic. Demonstrated medical procedure competency. Registered nurse with over 9 years of experience in hospital settings, and over 6 years of intensive care unit experience. Responsible staff nurse and clinical manager with excellent communication skills demonstrated by 9 years of experience in healthcare. Eager for knowledge, and to further my career as a nurse practitioner.

# Skills

Strong clinical judgment Neurology awareness Acute care expertise

Successfully directs staff meetings High level of autonomy Venipuncture

Patient and family advocacy Patient evaluation/intervention

Safe NG tube insertion and removal

Monitor ICU equipment: mechanical ventilators, ICP monitoring, EVDs, A-lines, subdural drains, bipap/cpap machines, CRRT, balloon pumps.

Qualified critical care nurse Patient/family focused

In-depth knowledge of intravenous therapy Professional bedside manner

Problem resolution capability Thorough physical assessments

Adept at prioritizing/managing deadlines Patient positioning competency Tracheostomy care

Foley catheter insertion/removal

# Work History

# Burn ICU RN, 09/2018- Present

# Merit Health Central

# Sharp clinical skills for triaging and stabilization of acutely burned patients.

# Correlate with an interdisciplinary team of providers to ensure the best possible treatment and recovery for the patient.

# Advanced knowledge of fluid and electrolytes, as well as critical thinking skills.

# Strong communication and advanced assessment skills.

# Patient advocate.

# High level of autonomy.

# Advanced knowledge in pharmacology.

# Ability to monitor and troubleshoot critical care equipment such as, but not limited to, mechanical ventilators, bipap/cpap machines, PCA pumps, arterial lines, CRRT.

# Ability to care for a broad patient population from pediatrics to adults.

# Excellent wound care skills.

# PRN Float RN, 03/2018- 09/2018

# St. Dominic – Jackson, MS

Assess need for, order, obtain and interpret appropriate lab tests.

Patient care in intensive care unit, adeptly handling all aspects of patient treatment.

Pharmacological and non-pharmacological management and treatment of various disorders and diseases. Self-directed with exceptional judgment skills.

High level of personal accountability

Ensure HIPAA compliance.

Provide care to patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD, strokes and pneumonia.

Participate in unit-based Quality Assurance Program.

Received training in specialty areas such as cardiovascular recovery units, neuro intensive care units, and with specialized equipment and procedures such as CRRT, balloon pumps, ventriculostomies, mechanical ventilators, etc.

**Clinical Manager/ Outpatient Surgical RN** , 06/2016 to 03/2017

**Evexia Vein Centers** – Flowood, MS

Oversee and manage clinical and support staff in patient care activities while maintaining a high level of staff morale and professionalism.

Manage care for post-operative patients through discharge. Perform lab tests and communicate results.

Liaison between patients and physicians to ensure patient comprehension of treatment

plans. Instruct patients and family members on discharge care.

Provide 24 hour on-call care.

Assist doctors with surgeries and non-invasive procedures.

Disseminate flyer notifications for important policy changes, office news and events. Perform monthly inventory and maintain office and medical supply counts.

**ICU Float Nurse**, 04/2016 to 03/2018

**Baptist Health Systems** – Jackson, MS

Assess need for, order, obtain, and interpret appropriate lab tests.

Patient care in intensive care unit, adeptly handling all aspects of treatment from medication to wound care to monitoring for 2 patients per shift.

Pharmacological and non-pharmacological management and treatment of various disorders and diseases.

* Self-directed with exceptional judgment skills. High level of personal accountability.

Closely monitored acute conditions. Ensure HIPAA compliance.

Provided care to patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD, strokes and pneumonia.

Participate in unit-based Quality Assurance Program.

Develope patient care plans, including assessments, evaluations and nursing diagnoses. Follow infection control procedures.

Assist patients with activities of daily living.

Assist doctors with invasive procedures such as bedside tracheotomy, bedside ventriculostomy, and intubations.

**Medical/Surgical Float RN** , 09/2014 to 09/2015

**University of Mississippi Medical Center** – Jackson, MS

Care for adult patients pre-operatively and post-operatively. Prioritize and delegate appropriate nursing activities.

Perform assessments.

Plan nursing interventions. Administer medications.

Communicate with physicians and other healthcare providers about the patients' plan of care. Assess need for, order, obtain and interpret appropriate lab tests.

Perform lab tests and communicate results.

Liaison between patients and physicians to ensure patient comprehension of treatment plans. Ensure HIPAA compliance.

Develop and implement nursing care plans. Delegate staff nurse duties.

**ICU Float Nurse**, 05/2013 to 08/2014

**St. Dominic's Hospital** – Jackson, MS

Assess need for, order, obtain and interpret appropriate lab tests

Patient care in intensive care unit, adeptly handling all aspects of patient treatment.

Pharmacological and non-pharmacological management and treatment of various disorders and diseases. Self-directed with exceptional judgment skills.

High level of personal accountability

Closely monitored acute conditions. Ensure HIPAA compliance.

Provide care to patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD, strokes and pneumonia.

Participate in unit-based Quality Assurance Program.

Develop patient care plans, including assessments, evaluations and nursing diagnoses. Follow infection control procedures.

Assist patients with daily functions.

Assist doctors with invasive procedures such as bedside tracheotomy, bedside ventriculostomy, and intubations.

**Neurology ICU Staff Nurse**, 03/2011 to 03/2013

**St. Dominic's Hospital** – Jackson, MS

Provide patient care to patients diagnosed with but not limited to strokes, traumatic brain injury, multiple sclerosis, brain tumors, and hydrocephalus.

Vigilantly monitor patient's status, condition, intracranial pressures. Perform hourly neurological assessments.

Closely monitor vital signs.

Assist physicians with bedside ventriculostomies and intubations.

Thorough understanding of respiratory physiology and ventilator mechanics in addition to intensive nursing care.

Follow infection control procedures. Assist patients with daily functions. Monitore fluid intake and output levels.

Assist patients with bathing, dressing, feeding, lifting and transferring. Assess need for, order, obtain and interprete appropriate lab tests.

Effective counseling in health maintenance and disease management. Perform lab tests and communicate results.

Closely monitored acute conditions. Ensure HIPAA compliance.

**Neurology Medical/Surgical Staff RN**, 07/2009 to 12/2010

**St. Dominic's Hospital** – Jackson, MS

Assess need for, order, obtain and interprete appropriate lab tests.

Pharmacological and non-pharmacological management and treatment of various disorders and diseases. Effective counseling in health maintenance and disease management.

Manage care for pre-operative and post-operative patients. Perform lab tests and communicate results.

Liaison between patients and physicians to ensure patient comprehension of treatment plans. Closely monitore acute conditions.

Ensure HIPAA compliance.

Provided nursing care for patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD, strokes and pneumonia.

Develop patient care plans, including assessments, evaluations and nursing diagnoses. Patient advocate.

Measure urine and deliver specimens to lab. Assist patients with activities of daily living.

# Education

**Bachelor of Science**: Nursing, 2009

**Mississippi College** - Clinton, MS

# Licensure/ Certifications/Membership

National Institutes of Health Stroke Scale Certified-current Basic Life Support- current

Advanced Cardiac Life Support- current Pediatric Advanced Life Support- will renew 12/6/18

Mississippi Board of Nursing License- 2009- present Mississippi Nurses' Association