

# Karmen Holly

## **Critical Care RN-BURN ICU/CCU/CVR/NEURO ICU/COVID ICU/SICU**

Brandon, MS 39042

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Enthusiastic nurse with excellent bedside manner, therapeutic communication, dedicated patient advocate, team building encourager, relentless lifetime learner, and an unyielding work ethic. Demonstrates medical procedure competency. Registered nurse with over 14 years of experience in hospital settings, and over 13 years of intensive care unit experience. Responsible staff nurse and clinical manager with excellent communication skills demonstrated by years of experience in healthcare, successful implementation of policies and procedures proven by participation in medical studies and interdisciplinary roles as in-service coordinator for multiple medical devices and surgical equipment, educator, preceptor. Eager for knowledge, and to further my career with a masters degree one day.

Authorized to work in the US for any employer

## Work Experience

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### **Intensive Care Nurse**

Gifted Healthcare - Slidell, LA

April 2022 to August 2022

Travel ICU nurse- with 14 years of intensive care experience, expert skill levels in specialty units including but not limited to: Neurosurgical icu, burn icu, cardiovascular/cardiothoracic/cardiac transplant icu, Covid icu, trauma.

### **Burn ICU/CVR/MICU**

Merit Health Central

September 2018 to April 2022

- Sharp clinical skills for triaging and stabilization of acutely burned patients.
- Correlate with an interdisciplinary team of providers to ensure the best possible treatment and recovery for the patient.
- Advanced knowledge of fluid and electrolytes, as well as critical thinking skills.
- Strong communication and advanced assessment skills.
- Patient advocate.
- High level of autonomy.
- Advanced knowledge in pharmacology.
- Ability to monitor and troubleshoot critical care equipment such as, but not limited to, mechanical ventilators, bipap/cpap machines, PCA pumps, arterial lines, CRRT.
- Ability to care for a broad patient population from pediatrics to adults.
- Excellent wound care skills.

### **PRN Float RN**

St. Dominic - Jackson, MS

March 2018 to September 2018

Assess need for, order, obtain and interpret appropriate lab tests.  
Patient care in intensive care unit, adeptly handling all aspects of patient treatment.  
Pharmacological and non-pharmacological management and treatment of various disorders and diseases. Self-directed with exceptional judgment skills.  
High level of personal accountability  
Ensure HIPAA compliance.  
Provide care to patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD, strokes and pneumonia.  
Participate in unit-based Quality Assurance Program.  
Received training in specialty areas such as cardiovascular recovery units, neuro intensive care units, and with specialized equipment and procedures such as CRRT, balloon pumps, ventriculostomies, mechanical ventilators, etc.

### **ICU Float Nurse**

Baptist Health Systems - Jackson, MS  
April 2016 to March 2018

Assess need for, order, obtain, and interpret appropriate lab tests.  
Patient care in intensive care unit, adeptly handling all aspects of treatment from medication to wound care to monitoring for 2 patients per shift.  
Pharmacological and non-pharmacological management and treatment of various disorders and diseases.  
• Self-directed with exceptional judgment skills. High level of personal accountability.  
Closely monitored acute conditions. Ensure HIPAA compliance.  
Provided care to patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD, strokes and pneumonia.  
Participate in unit-based Quality Assurance Program.  
Develop patient care plans, including assessments, evaluations and nursing diagnoses. Follow infection control procedures.  
Assist patients with activities of daily living.  
Assist doctors with invasive procedures such as bedside tracheotomy, bedside ventriculostomy, and intubations.

### **Clinical Manager/ Outpatient Surgical RN**

Evexia Vein Centers - Flowood, MS  
June 2016 to March 2017

Oversee and manage clinical and support staff in patient care activities while maintaining a high level of staff morale and professionalism.  
Manage care for post-operative patients through discharge. Perform lab tests and communicate results.  
Liaison between patients and physicians to ensure patient comprehension of treatment plans. Instruct patients and family members on discharge care.  
Provide 24 hour on-call care.  
Assist doctors with surgeries and non-invasive procedures.  
Disseminate flyer notifications for important policy changes, office news and events. Perform monthly inventory and maintain office and medical supply counts.

### **Medical/Surgical Float RN**

University of Mississippi Medical Center - Jackson, MS  
September 2014 to September 2015

Care for adult patients pre-operatively and post-operatively. Prioritize and delegate appropriate nursing activities.

Perform assessments.

Plan nursing interventions. Administer medications.

Communicate with physicians and other healthcare providers about the patients' plan of care. Assess need for, order, obtain and interpret appropriate lab tests.

Perform lab tests and communicate results.

Liaison between patients and physicians to ensure patient comprehension of treatment plans. Ensure HIPAA compliance.

Develop and implement nursing care plans. Delegate staff nurse duties.

### **ICU Float Nurse**

St. Dominic - Jackson, MS

May 2013 to August 2014

Assess need for, order, obtain and interpret appropriate lab tests

Patient care in intensive care unit, adeptly handling all aspects of patient treatment.

Pharmacological and non-pharmacological management and treatment of various disorders and diseases. Self-directed with exceptional judgment skills.

High level of personal accountability

Closely monitored acute conditions. Ensure HIPAA compliance.

Provide care to patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD, strokes and pneumonia.

Participate in unit-based Quality Assurance Program.

Develop patient care plans, including assessments, evaluations and nursing diagnoses. Follow infection control procedures.

Assist patients with daily functions.

Assist doctors with invasive procedures such as bedside tracheotomy, bedside ventriculostomy, and intubations.

### **Neurology ICU Staff Nurse**

St. Dominic - Jackson, MS

March 2011 to March 2013

Provide patient care to patients diagnosed with but not limited to strokes, traumatic brain injury, multiple sclerosis, brain tumors, and hydrocephalus.

Vigilantly monitor patient's status, condition, intracranial pressures. Perform hourly neurological assessments.

Closely monitor vital signs.

Assist physicians with bedside ventriculostomies and intubations.

Thorough understanding of respiratory physiology and ventilator mechanics in addition to intensive nursing care.

Follow infection control procedures. Assist patients with daily functions. Monitor fluid intake and output levels.

Assist patients with bathing, dressing, feeding, lifting and transferring. Assess need for, order, obtain and interpret appropriate lab tests.

Effective counseling in health maintenance and disease management. Perform lab tests and communicate results.

Closely monitored acute conditions. Ensure HIPAA compliance.

## **Surgical Staff RN**

Neurology Medical - Jackson, MS

July 2009 to December 2010

Assess need for, order, obtain and interpret appropriate lab tests.

Pharmacological and non-pharmacological management and treatment of various disorders and diseases. Effective counseling in health maintenance and disease management.

Manage care for pre-operative and post-operative patients. Perform lab tests and communicate results.

Liaison between patients and physicians to ensure patient comprehension of treatment plans. Closely monitor acute conditions.

Ensure HIPAA compliance.

Provided nursing care for patients with chronic and acute health problems such as MI, arrhythmias, asthma, COPD, strokes and pneumonia.

Develop patient care plans, including assessments, evaluations and nursing diagnoses. Patient advocate.

Measure urine and deliver specimens to lab. Assist patients with activities of daily living.

## Education

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### **Bachelor of Science in Nursing**

Mississippi College - Clinton, MS

2009

## Nursing Licenses

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### **RN**

Expires: December 2022

State: MS

## Skills

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- Strong clinical judgment Neurology awareness Acute care expertise  
Successfully directs staff meetings High level of autonomy Venipuncture  
Patient and family advocacy Patient evaluation/intervention  
Safe NG tube insertion and removal  
Monitor ICU equipment: mechanical ventilators, ICP monitoring, EVDs, A-lines, subdural drains, bipap/  
cpap machines, CRRT, balloon pumps.  
Qualified critical care nurse Patient/family focused  
In-depth knowledge of intravenous therapy Professional bedside manner  
Problem resolution capability Thorough physical assessments  
Adept at prioritizing/managing deadlines Patient positioning competency Tracheostomy care  
Foley catheter insertion/removal
- Medication Administration (10+ years)
- Anatomy Knowledge (10+ years)
- Infection Control Training (10+ years)
- Medical Imaging
- Cerner
- EMR Systems
- Triage

- Physiology Knowledge
- Experience Administering Injections (10+ years)
- ICU experience (10+ years)
- Epic
- Employee Orientation
- Vital Signs
- Phlebotomy
- Medical Records
- Critical care experience (10+ years)
- Acute care
- Recruiting
- Communication skills
- Documentation review
- Patient monitoring
- Nursing (10+ years)
- Care plans
- Ventilator (10+ years)
- Managed Care

## Languages

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- Spanish - Beginner

## Awards

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### **DAISY AWARD**

February 2021

Patient nominated nurse for exceptional service, treatment, care. Very prestigious.

## Certifications and Licenses

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### **Advanced Cardiovascular Life Support (ACLS)**

March 2021 to March 2023

### **Basic Life Support (BLS)**

March 2021 to March 2023

### **BLS Certification**

### **CPR Certification**

### **PALS Certification**

### **Compact State Nurse License**

## **NIH Stroke Scale**

Present

### Additional Information

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- PALS certification. Expires August 2023