



CATHERINE FINDSEN, RN

CONTACT

 513-675-1633

 catherinebennett32@yahoo.com

PROFILE

To provide care to those who need it most, while honoring the principles of altruism, autonomy, human dignity, integrity, honesty and social justice.

SKILLS

- Drive
- Time management
- Flexibility
- Patience
- Motivation
- Organization
- Teamwork
- Communication
- Critical thinking
- Conflict resolution
- Empathy
- Adaptability
- Dedication
- Attention to Detail
- Stress Management

REGISTERED NURSE, CARDIAC PROGRESSIVE CARE / MOUNT CARMEL ST. ANN'S HOSPITAL 07/06/2020 - PRESENT

- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
- Administered medications and treatments to patients and monitored responses while working with healthcare teams to adjust care plans.
- Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disabilities.
- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Managed patients recovering from medical or surgical procedures such as open heart, pacemaker/AICD placements, vascular procedures, post cath-lab monitoring, and breast mastectomy surgeries with reconstructions.
- Facilitating in wound care, pressure ulcer prevention, fall prevention, and pain management.
- Accurately documented all elements of nursing assessment, including treatment, medications and IVs administered, discharge instructions and follow-up care.
- Equipped patients with tools and knowledge needed for speedy and sustained recovery.

EDUCATION

University of Cincinnati Blue Ash College
2017-2020 - Associates Degree in Nursing

Mount Carmel College of Nursing
2020-2021 - Bachelors Degree in Nursing

