# Cindy Bell

**Labor and delivery, postpartum, nursery and surgical nurse**
Salem, OR 97302
bell416.cb@gmail.com
+1 503 910 1306

I have been a nurse for the last 24 years with my primary specialty in womens health. I have also worked with surgical patients.

Willing to relocate: Anywhere
Authorized to work in the US for any employer

## Work Experience

### RN LDRP
Medical solutions - Coos Bay, OR
January 2021 to Present

Currently employed as a travel nurse in labor and delivery, postpartum, nursery and surgical patients. So far I have completed 2 contracts one in Pendleton or and one in coos bay oregon. I am willing to move anywhere for the right position.

### RN LDRP and pediatric nurse
Samaritan Albany General Hospital - Albany, OR
April 2020 to January 2021

,labor and delivery, nursery and pediatrics.I have my acls, pals, NRP and stable certifications.

### RN Case Manager
Bristol Hospice - Clackamas, OR
August 2019 to March 2020

Rn case manager serving patients and family members through the death and dying process. Organized medications, pain control, emotional support and spiritual support. I worked on call nights when warranted. Supported other staff members as needed. Interacted with physicians and nurse practitioners. I believe in being a team player with my fellow employees to make a no stressful job more palatable and enjoyable.

### RN Med/Surg
Santiam Hospital - Stayton, OR
December 2017 to August 2019

I worked on the med-surf floor with patients ranging from children to elderly with a variety of different diagnosis's.
• Float to the OB floor working in the nursery and post-partum as needed when the census is increased.

### RN Case Manager
Salem Willamette Valley Hospice - Salem, OR
November 2008 to February 2009

Development and implementation of patient care plans
- ❖ Continual evaluation of patient's medical condition
- ❖ Supervise hospice aides and care givers
- ❖ Interface with social workers
- ❖ Admit of patient into the computer system
- ❖ Conduct extensive patient history interviews
- ❖ Pain management and wound care

### RN LDRP floor nurse
Silverton Hospital - Silverton, OR
September 2001 to October 2008

Silverton, Oregon, September 2001 to October 2008.
OB/LDRP:
- ❖ Emergency care for both mother and infant
- ❖ Care of newborn through the transition period after birth
- ❖ Prepare patients for cesarean sections and bilateral tubal ligations
- ❖ Starting all IV's for both infants and mothers
- ❖ Circulating during surgery and recovery of patients
- ❖ Teach new mothers breastfeeding techniques
- ❖ Coach new parents how to care for their newborns
- ❖ Electronic fetal monitors
- ❖ Fetal scalp electrodes
- ❖ Intrauterine pressure catheters
- ❖ Epidurals
- ❖ Floated to postpartum and OR recovery room

McCuistion Hospital - Paris, TX
March 2001 to August 2001

OB/Nursery/Postpartum:
- ❖ Care for mother and infant throughout the labor process
- ❖ Maintain close contact with primary physician during labor/delivery including any emergencies
- ❖ Prepare patients for cesarean sections and bilateral tubal ligations
- ❖ Starting all IV's for both infants and mothers
- ❖ Circulating during surgery and recovery of patients
- ❖ Oversee electronic fetal monitors for signs and symptoms of decreased oxygenation within the newborn.
- ❖ Continuous monitoring of uterine activity while patient is being induced
Continuously educated on the latest medical procedures and technology using evidence based practice
- ❖ Floated to Med/Surg and ER as needed

### Notifying physician
Christus St Joseph Hospital - Paris, TX
June 1999 to March 2001

Paris, Texas, June 1999 to March 2001.
- ❖ Supervise hospice aides and care givers
- ❖ Interface with social workers
- ❖ Pain management and wound care

❖ Monitor patient and family members for any emotional or physical changes throughout the dying process
❖ Notifying physician of any pertinent changes

### Coach new parents how to care for their newborns

Methodist Hospital Plainview - Plainview, TX

April 1997 to May 1999

Plainview, Texas, April 1997 to May 1999.
LDRP:
❖ Care for both mother and infant throughout the labor process
❖ Stabilization of newborn after birth
❖ Aid physicians during surgical procedures
❖ Recover patients after surgery
❖ Starting all IV's for both infants and mothers
❖ Coach new parents how to care for their newborns
❖ Shifted to other areas of the hospital during periods of low census
❖ Used critical thinking to adopt to different areas of the hospital

### Postpartum/Nursery/Float Pool/Charge Nurse

South Park Hospital - Lubbock, TX

July 1995 to April 1997

Teaching infant care to new mothers
❖ Care of Gyn patients
❖ Any medical overflow from med/surf
❖ Monitor antepartum patients and patients in labor
❖ Care of newborns, including oxygen therapy and IV administration
❖ Floated to ER, ICU, Med surg, and Recovery Room
❖ Assisting in the care of Mother and Infant

## Education

### BSN

Linfield College

September 2004 to March 2006

### ASN in Nursing

Laramie County Community College - Cheyenne, WY

March 1990 to March 1992

### nursing

Oregon State Board Reentry Program

## Skills

- PAIN MANAGEMENT (10+ years)
- WOUND CARE (2 years)
- TEACHING (1 year)

- EDUCATING
- Nursing
- Infant Care (10+ years)
- Hospice care (3 years)
- Documentation review (10+ years)
- Management
- Acute care (10+ years)
- Medication administration (10+ years)
- Home care (3 years)
- Hospital experience (10+ years)
- Case management (10+ years)
- Travel nursing (1 year)
- Vital Signs (10+ years)
- Patient Care
- Triage (10+ years)
- Epic (2 years)
- Managed Care (10+ years)
- Caregiving
- Leadership

## Certifications and Licenses

**RN**

**BLS Certification**

**AED Certification**

**CPR Certification**

**STABLE**
Stabilization of newborn

**NRP Certification**

**PALS Certification**

## Additional Information

Core Competencies
Admit Patients, Start IV's, Pre and Post-Operative Care, Dispense Medications, Develop and Implement Care Plans, Supervise Home Health Aides, Pain Management, Wound Care, Teaching Breastfeeding Techniques. Educating women through the labor and delivery process.