

# Sylvia Quinones

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As an experienced registered nurse, I am looking to secure a position as a telemetry nurse. That will allow me the use of managing patient care, critical thinking, service-oriented, and social awareness to make a positive contribution to the organization and provide optimal health care to the patient.

Authorized to work in the US for any employer

## Work Experience

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### **Charge Nurse**

Premier Specialty Hospital - El Paso, TX

March 2020 to Present

Providing care to patients with chronic conditions and prolonged or incurable illnesses. Assisting physicians and other medical professionals with treatment and illness management. Responding to changes in patient status, and also providing mental and physical support to families and patients.

### **Charge Nurse/Staff Nurse**

The Hospitals of Providence Transmountain Campus - El Paso, TX

October 2019 to April 2020

Monitoring EKGs output and keeping MD informed of any changes. Responding to patient's experiencing cardiac pain. Performing various diagnostic tests. Monitor vital signs and administering medications as needed.

### **Charge Nurse/case manager**

Hospice of El Paso - El Paso, TX

August 2014 to October 2019

Giving care under stressful circumstances with patience and good communication skills. Listening and having a close relationship with patients who are scared, in pain, or still coming to terms with their end of life. Helping the patient and family come to terms with the situation. Ongoing evaluation of patients and documenting findings. Developing and implementing care plans. Monitoring vital signs. Notifying MD, family members, medical examiners of patient's death when it occurs. Following physicians orders.

### **Charge Nurse/Staff Nurse**

Las Palmas Del Sol Healthcare - El Paso, TX

January 2015 to May 2017

Freestanding emergency department. Cleaning wounds, administering medications, taking blood, starting IV lines, monitoring diagnostic equipment, and providing assistance to the team of physicians and staff. Keeping patient records and assisting families and patients in crisis.

### **Registered Nurse Emergency Dept**

The Hospitals of Providence Memorial Campus - El Paso, TX

February 2013 to January 2015

Focused on giving timely care to patients in a fast paced environment. Triage incoming patients based on level of injury or illness. Immediately stabilizing incoming patients as per MD orders. Administered medications as instructed by physician. Started IV lines and collected blood specimens. Assisted MD and respiratory therapists with intubations. Assisted MD with stitches and sutures. Transferred stable patients to other units.

### **Charge Nurse**

El Paso Children's Hospital - El Paso, TX  
August 2011 to February 2013

Assessed pediatric population for injuries or conditions upon arrival to the emergency department. Provided medical care as physician's ordered throughout their stay in the ER. Admitted if necessary per MD or discharged patients once stabilized and educated.

### **LVN, MT, CNA**

Mesa Hills Specialty Hospital - El Paso, TX  
1999 to 2011

CNA- helped patients with dressing, bathing, using the bathroom, feeding, and mobility. Changed linens and assisted with bedpans. Being patient and understanding in dealing with patients who may not be able to communicate their needs.

MT- observe the heart beats and EKGs of patients in the unit and reporting any changes or abnormal readings to the nurse.

LVN- provided basic medical care, including changing bandages, administering medications, and collecting specimens.

## Education

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### **Master's in Executive Nurse**

WALDEN UNIVERSITY - Minneapolis, MN  
May 2016 to May 2022

### **Associate in Nursing**

ANAMARC COLLEGE - Santa Teresa, NM  
May 2008 to December 2011

## Skills

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- Hospital Experience (10+ years)
- Hospice Care (5 years)
- Medication Administration (10+ years)
- Nursing (10+ years)
- Critical Care Experience (10+ years)
- Vital Signs (10+ years)
- EMR Systems (10+ years)

## Certifications and Licenses

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### **BLS/CPR**

April 2022 to April 2023

Basic Life Support

## Assessments

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### **Electronic Health Records: Best Practices — Expert**

November 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Expert](#)

### **Clinical Judgment — Expert**

November 2020

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Expert](#)

### **Customer Focus & Orientation — Highly Proficient**

November 2020

Responding to customer situations with sensitivity

Full results: [Highly Proficient](#)

### **Work Style: Reliability — Familiar**

November 2020

Tendency to be dependable and come to work

Full results: [Familiar](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.