

lexie small

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Nurse RN 8+ years experience providing quality care for a wide range of patients.

Willing to relocate: Anywhere
Authorized to work in the US for any employer

Work Experience

Registered Nurse

Visiting Nurse Health System - Atlanta, GA
June 2020 to Present

- Performs nursing assessments and develops, implements and evaluates plans of care in conjunction with the physician, patient and caregivers per agency policy and procedures
- Admit and discharge home health patients. Evaluate needs and perform physical assessment. Implement patient plan of care.

Registered Nurse

Favorite Healthcare Staffing - Minneapolis, MN
June 2014 to Present

- Assisting Doctors or Supervisors with patients
- Administering treatment to patients
- Performing exams
- Collecting and interpreting patient information
- Contacting patients regarding tests or upcoming appointments

RN

Fairbanks Hospital - Alaska
May 2022 to July 2022

13 week contract on Medical Surgical Unit

Consults and coordinates with health care team members to assess, plan, implement and evaluate patient care plans.

Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications. Reports adverse reactions to medications or treatments in accordance with the policy regarding the administration of medications by a licensed registered nurse.

Educates patients on surgical procedures.

Records patients' medical information and vital signs.

Monitors and adjusts specialized equipment used on patients, and interprets and records electronic displays.

Initiates corrective action whenever the patient displays adverse symptomatology.

Provides bedside care for a wide variety of medical patients, including pre- and post-surgery patients.

Initiates patient education plan, as prescribed by physician. Teaches patients and significant others how to manage their illness/injury, by explaining: post-treatment home care needs.

Changes dressings, inserts catheters, starts IVs.

Prepares equipment and aids physician during examination and treatment of patient.

Responds to life-saving situations based upon nursing standards and protocol.

Participates in discharge planning.

Records all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms.

Registered Nurse, Medical/Surgical

Grady Health System - Atlanta, GA

June 2019 to June 2020

- Perform initial patient assessments and work with physicians to plan, implement, and evaluate plans of care for patients of all ages; manage average caseload of 20 patients.
- Record patients medical history, vital statistics, and test results in electronic and physical medical charts.
- Observe patients and actualize nursing interventions to expedite healing and recovery after surgery.
- Utilize clinical expertise to remove sutures, administer medications and injections, administer IV therapy, test glucose levels. Perform venipuncture, and provide wound care.

- Educate patients and caregivers on diagnosis, treatment options, and disease process and self-management.
- Provide comprehensive instruction on discharge plans to sustain continuity of care upon discharge and drive recovery goals.
- Precept student nurses and new hires on unit and hospital policies, clinical skills, and direct patient care.

Registered Nurse Home Health Case Manager

Kindred Healthcare - Raleigh, NC

June 2018 to September 2019

- Performs nursing assessments and develops, implements and evaluates plans of care in conjunction with the physician, patient and caregivers per agency policy and procedure
- Plans and implements patient health teaching and health counseling regarding the disease process(es), self-care techniques and prevention and involves the patient's significant others in accomplishing health goals while promoting patient / family independence
- Coordinates services and scheduling with the Clinical Team Manager (CTM) and Clinical Team Coordinator (CTC) to include recommendations for additional home health care services for patients to within 24 hours of Start of Care (SOC)
- Participates in health promotion and disease prevention activities
- Expresses verbal and written communication in a clear, positive and cooperative manner
- Working knowledge of computer systems
- Implements a plan of care and instructs the patient/caregiver on signs/symptoms of complications and home management related to the patient's disease process

RN Medical Surgical Telemetry

Novant Health Presbyterian Medical Center - Charlotte, NC

July 2017 to July 2018

Evaluate patient's response to treatment and progress toward goals. Act as patient advocate; interacted in a timely manner between multidisciplinary staff to minimize delays and optimize patient care and efficiency. Readied patients for stress testing, echocardiograms, peripheral diagnostic studies, cardiac catheterization procedures and operation room. Administered blood and blood product transfusions and monitor patients for adverse reactions. Monitor chest tubes, JP drains, PD catheters, nephrostomy tubes and pacer wires. Prepare and administered oral, rectal, NG/PEG tubes, SUBQ, IM, IV, and recorded prescribed medications. Managed and provide clinical direction to LPN's, CNA's. Offered patient and family guidance and support in illness management, home-care, medication and side effects, diet, nutrition and exercise.

RN Case Manager

Epic Health Services - West Springfield, MA

April 2016 to June 2017

Case manager for home health behavioral health patients. Case load 25-30 patients. Assess patient's condition every visit and chart observations. Perform evaluation task, including vital sign's organizing medications and medication review. Administer medication as prescribed by patients Physician. Educate patients on proper home health strategies and procedures. Coordinate with Occupational Therapist and Physical Therapist, Physicians and anyone else involved in patient's care plan.

RN

Cross Country Trav Corps - Boca Raton, FL

May 2014 to April 2016

Travel Nurse with 13 week contracts providing care as Home care and Hospice Case manager. Duties for Home care

case manager included managing between 20-25 patients. Utilizing OASIS documentation. Work with new admissions, assessing their condition and need for home care services based on admitting diagnosis. Regularly evaluated plans of care and update then on a as need basis. Providing care and patient education for patients and caregivers. Acting as patient advocate to ensure quality care. Hospice case manager job duties included managing between 10-15 patients.

Evaluating referrals and admission of patients that were critically ill. Ages included 18 and over. Providing care to patients in residential homes, private homes, nursing homes, and nursing care centers.

RN Subacute Rehab

Healthsouth - Ludlow, MA

May 2013 to May 2014

Admission and discharge nurse for acute care center for patients undergoing therapeutic rehabilitation after surgical

procedures and recovering from injuries after being hospitalized from short stay hospitals. Providing direct patient care to inpatients, supervising care treatment and services of patient care provided by LPN's, and patient care techs,

assessment and reassessment of patients, creating plan of care for patients that individualizes patients' needs and reflective of patient goals.

RN Subacute Rehab

Wingate Healthcare - East Longmeadow, MA

September 2010 to May 2013

Document and complete comprehensive nursing assessments of patient health care status and address changes of health complications. Care planning, administration of prescribed treatment and therapies, communication with other members and multi-disciplinary team, supply management, emergency management, coordination of care with patients and providing patient and caregiver administration. Developing care plans and implementing care. Management of patients with CHF, joint replacements, status post open heart surgical procedures, DM type I and type II patients, performing insulin therapy, performing and assessment of blood sugars. Management of patients with neurological disease which includes, with diagnosis of CVA, traumatic spinal cord injury and brain injury. Assisted Physical therapist and Occupational therapist with patient care. Management with patients with COPD exacerbation, administering nebulizer treatments, and performing trach care. Management of central lines and performing peripheral line insertion. Preparing and administering medications. Management and assessment of gastrostomy tube, Jejunostomy, Kovacs, Jackson-Pratt drains, Provacateur suction system, Chest tubes, Catheter care and insertion, Suprapubic catheter insertion and care. Supervision and delegated task task CNA's and LPN's to perform patient care. Provided staff education and prevention of disease complications when providing care.

Education

Bachelor's in RN-BSN online

Southern New Hampshire University - New Hampshire
November 2021 to Present

Associate of Science

Excelsior College - Albany, NY
Present

Nursing Licenses

RN

Skills

- Med Surg
- RN
- Home Health
- Medical Surgical
- Medication Administration
- Nursing
- Tube Feeding
- Hospital Experience

- Catheter Care
- Patient Care
- EMR Systems
- Hospice Care

Certifications and Licenses

Nurse's License

August 2018

Class: RN, State: MA

Nurse's License Multi-State

Class: RN, State: NC

BLS, ACLS

Driver's License