

# GOMALON MORRIS

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## REGISTERED NURSE

Compassionate healthcare professional with exceptional clinical, didactic, and leadership skills. Comfortable in fast-paced emergency situations and adept in crisis management. Successful in managing time, prioritizing tasks, and exercising the sound judgement to improve the quality of patient care. Skilled in technical procedures with a strong emphasis on patient/family education. Possesses strong leadership skills, highly flexible and team oriented.

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## Professional Experience

### **MEDICAL CITY DENTON • Denton, TX • March 2022-June 2022**

Medical City Denton is a 208-bed, acute care hospital with more than 900 employees and 500 physicians. Serving the people of North Texas, the high-quality hospital is a Level II Trauma Center, a Primary Stroke Center and an accredited Chest Pain Center offering advanced open-heart surgery.

#### **Traveler Registered Nurse-Medical/Surgical Telemetry/Trauma**

- Provided triage, nursing diagnosis and care for trauma patients', and prevented secondary complications
- Handled serious injuries and illnesses, such as traumatic brain injuries, suicide attempts and heart attacks
- Prepared patients for emergency operations and assisted surgeons in the operation
- Worked with urgent care patients' and provided comfort to traumatized family members
- Collaborated with healthcare specialists and reported changes and deteriorating statuses to the appropriate interdisciplinary team members

### **METHODIST REHABILITATION HOSPITAL • Dallas, TX • March 2021-June 2021**

Methodist Rehabilitation Hospital is a state-of-the-art, 50-bed inpatient acute rehabilitation hospital dedicated to the treatment and recovery of individuals who have experienced the debilitating effects of a severe injury or illness. Our rehabilitation programs provide ongoing care and specialized treatment to patients throughout their recovery journey. We offer customized, intense rehabilitation tailored to the individual needs of those recovering from stroke, brain injury, neurological conditions, trauma, spinal cord injury, amputation, and orthopedic injury.

#### **Traveler Registered Nurse-Medical/Surgical**

- Administered medications and collaborated with physicians about patients' prognosis and treatment care
- Collaborated extensively with physical therapist, social workers, and occupational therapist
- Coordinated and attend interdisciplinary meetings to discuss patients' progress and make changes to plans of care
- Performed dressing changes and other procedures for patients' who have undergone surgery
- Suctioned patients' who have had tracheotomies and performed trach care
- Administered enteral feedings to patients' that were not medically cleared to have any food orally and administered IV medications.

### **PARKLAND MEMORIAL HOSPITAL • Dallas, TX • November 2020-February 2022**

Parkland is an 870-bed hospital that is home to a Level 1 Trauma Center and a Burn Center. Parkland is also home to the first Neonatal Intensive Care Unit (NICU) in Dallas County and has the largest Level III NICU in the region. The hospital is also known for its specialty medicine clinics for epilepsy treatment, arrhythmia management, and diagnostic cardiology.

#### **Traveler Registered Nurse-COVID Medical/Surgical Telemetry/Emergency Room Observation**

- Performed patient assessments and reassessments on a regular basis in accordance with established hospital policies

- Assessed, developed, implemented and evaluated a comprehensive plan of care through an interdisciplinary care team process in conjunction with the patient and their families
- Acted as a patient advocate, assessed patient status and notified the physician of any clinical changes
- Monitored, interpreted and recorded data from specialized medical technologies and equipment (cardiac monitoring)
- Readied patients for stress testing, echocardiograms, peripheral diagnostic studies, cardiac catheterization procedures and the operation room
- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings, and updating team members on changes in stability or acuity

### **BAYLOR SCOTT & WHITE MEDICAL CENTER-SUNNYVALE • Sunnyvale, TX • July 2019-November 2020**

Baylor Scott & White Medical Center – Sunnyvale is a 70-bed hospital that offers an array of services and specialties including urology, cardiac catheterization lab, imaging and surgical services including orthopedics and spine. Our services help bring advanced care closer to home.

#### **Registered Nurse-Medical/Surgical Telemetry**

- Established and maintained long-term, quality relationship with patients to effectively communicate every important aspect of the health care
- Took charge of assigning patients, reviewing records to assess their medical conditions, and directing physician to schedule a therapy, as necessary
- Worked collaboratively with dietitians, home health teams, occupational/physical therapy teams, and other healthcare teams to determine if patients are going to be discharged from the acute care setting of a hospital
- Consistently provided exceptional patient care to continuously secure new patients
- Instructed patients on their disease, treatment, and care plan to enhance their quality of life and promote a positive attitude
- Functioned effectively as preceptor for nursing students and nurse externs and educated them on nursing skills including the prioritizing, direct patient care, medication administration, school counseling, disease processes, and health promotion teaching skills when educating patients

### **PRESTONWOOD REHABILITATION AND NURSING CENTER • Plano, TX • October 2018-July 2019**

Prestonwood Rehabilitation and Nursing Center is a skilled 132-bed Rehabilitation Center known for expert physical therapy, compassionate skilled nursing care and outstanding customer service.

#### **Registered Nurse**

- Identified patient care requirements by establishing personal rapport with potential and actual patients and other persons in a position to understand care requirements
- Established a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families
- Promoted patient's independence by establishing patient care goals; teaching patient, friends, and family to understand condition, medications, and self-care skills; answering questions
- Assured quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and standards; making or recommending necessary adjustments; following hospital and nursing division's philosophies and standards of care set by state board of nursing, state nurse practice act, and other governing agency regulations
- Resolved patient problems and needs by utilizing multidisciplinary team strategies
- Maintained safe and clean working environment by complying with procedures, rules, and regulations, calling for assistance from health care support personnel
- Protected patients and employees by adhering to infection-control policies and protocols, medication administration and storage procedures, and controlled substance regulations
- Maintained patient confidence and protects operations by keeping information confidential

## **UNIVERSITY HOSPITAL • Newark, NJ • December 2011-April 2018**

University Hospital is a 519-bed principal teaching hospital of Rutgers Biomedical and Health Sciences, home to a Level 1 Trauma Center for Northern New Jersey. It is home to specialty programs such as the Center for Liver Diseases, Open Heart Surgery, and the Comprehensive Stroke Center.

### **Certified Nursing Assistant**

- Assisted patients to meet daily needs while providing a safe environment and ensuring the dignity and wellbeing of patients
- Assisted with daily living activities to make sure the patient is taken care of. This included turning and ambulating patients and delivering food and beverages to patients throughout the day
- Helped patients with personal hygiene, such as providing bedpans and helping them bathe
- Processed a wide range of information from other professionals and worked with physicians, caregivers, and nurses
- Closely monitored and recorded food intake, as well as urinary and fecal output, to be shared with key medical and nursing staff

## **HUNTERDON CARE CENTER • Flemington, NJ • October 2010-December 2011**

Hunterdon Care Center is a large, for-profit nursing home and rehabilitation center with 183-beds based.

### **Certified Nursing Assistant**

- Organized nursing personnel in provision of basic care for residents and necessary unit tasks and functions in compliance with policies and procedures, applicable health care standards and New Jersey State Department of Health
- Identified restorative and rehabilitation care with proper instruction and supervision from the RN and LPN
- Evaluated resident's personal hygiene by giving showers, offering bedpans, urinals, baths, back rubs, shampoos, and shaves
- Implemented for activities of daily living by assisting with serving meals and feeding residents as necessary; ambulating, turning, and positioning residents; providing fresh water and nourishment between meals
- Improved resident stability by checking vital signs and daily weights; testing urine; recording intake and output information

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## **Education**

**Associate of Applied Science in Nursing**  
Eastern International College • Belleville, NJ • 2018

## **Certifications**

**NIHSS, BLS and ACLS Certifications • American Heart Association**

## **Skills**

**Effective communicator • Keen observational skills • Excellent attention to detail**