

# Kristen Truelson

Highlands Ranch, CO 80129

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- Advanced education and experience in the field of Gerontology
- Significant track record of reliable and responsible care over a twenty-year+ RN/BSN career
- Experience managing RN/LPN/CNA's in a hospital, public health, and home health environment
- Resourceful problem solver capable of developing solutions for complex issues
- Highly experienced in assessing conditions and implementing appropriate plan of care
- Demonstrated ability to formulate solutions meeting diverse needs while maintaining sensitivity
- Strong analytical and assessment skills, case management, and collaborative care team nursing
- Consistent display of professional acumen throughout critical incidents
- History of building strong rapport with patients, family, care team staff, pharmacists and physicians

Authorized to work in the US for any employer

## Work Experience

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### **Covid-19 Vaccine and testing administration**

QCI Healthcare, TrueCare24 - Denver, CO

March 2021 to Present

Denver, CO

Administered COVID-19 vaccinations and performed testing at multiple locations during the pandemic

- TrueCare24- mass vaccination site located at Ball Arena
- QCI- biometrics, temperature screenings, Covid-19 screenings for large financial institution in Denver

### **Long Term Care Helpline Program Specialist**

Telligen - Greenwood Village, CO

October 2014 to August 2018

Call center RN providing information regarding the Nursing Home Compare 5 star rating system developed by CMS. Extensive knowledge about long term care, quality measures, patient diagnoses, MDS paperwork, and calculation of rating system. Work one week a month 7-3pm MST to answer questions by phone.

### **Case Manager Coordinating Overall Interdisciplinary Plan of Care**

Amazing Care - Denver, CO

June 2011 to August 2014

Denver CO June 2011 - August 2014

1:1 / 1:3 in-home private duty nursing care for geriatric and pediatric patients including short and long term home visits

- Case manager coordinating overall interdisciplinary plan of care for patients from admission to discharge
- G-tube, mic-key buttons with tube feedings, trachs with suctioning, ventilators
- Medication preparation and administration, heavy lifting, transferring, bathing, dressing and feedings

## **Liaison Between Patient**

Private Duty Care - Denver, CO

January 2006 to May 2007

Denver CO January 2006 - May 2007

1:1 in-home care for brain stem injury adolescent including multiple agencies based on family preference

- Acted as liaison between patient/family and healthcare personnel to ensure necessary care provided promptly and effectively
- Medication administration, heavy lifting, transferring, bathing, wound care, dressing and feeding via g-tube

## **Staff Nurse**

Health One - Denver, CO

January 1996 to February 2006

Member of hospital network's multi-location float pool

- Assessed patient status and notify physicians of clinical changes; member of clinical team
- Interacted with multi-disciplinary health care team regarding patient care
- Educated patients/families on health care needs, conditions, options etc.
- Extensive shifts worked on Transitional Care Unit caring for geriatric medical/memory impaired patients, and on The Suites unit giving 1:1 or 1:2 care to private pay and VIP med/surg, ortho, neuro, rehab and obstetric patients

## **Travel Nurse**

Medical Express - Grand Junction, CO

September 1995 to December 1995

13-week travel nursing assignment at St. Mary's Hospital in Grand Junction

- Assigned to step-down CCU telemetry unit
- Performed clinical tasks, assessed patient conditions and advised physicians and family of patient status
- Monitored and maintained patient charts

## **Charge Nurse/Staff Nurse**

St. Lukes Hospital - Kansas City, MO

July 1993 to August 1995

of geriatric rehab TCU/LTC unit

- Managed LPN's/CNA's; met with interdisciplinary health care team to form patient care plans; direct patient care

## **Education**

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### **Bachelor of Science in Gerontology**

University of Northern Colorado - Greeley, CO

March 2021 to Present

### **Bachelor of Science in Nursing**

Creighton University - Omaha, NE

## Skills

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- Tube Feeding
- Nursing
- Critical Care Experience
- Medication Administration

## Certifications and Licenses

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### **Registered Nurse (RN)**

November 1995 to September 2021

### **CPR Certification**

### **First Aid Certification**