

Caysi Bonebrake

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Work Experience

Registered Nurse/Charge Nurse

St. Mary's Medical Center - Grand Junction, CO

May 2014 to Present

I have worked mostly full time at St. Mary's Medical Center in the role of Preop, PACU and OPS nurse. I have been a Level 4 staff nurse along with Charge nurse for PACU during my time at St. Mary's. I took several months away to travel nurse in California and was re-hired PRN/Per diem for the rest of this past year.

Preoperative

Prepare patients for surgical procedures: ie. Obtaining History and Physicals and other pertinent information, obtaining and interpreting labs, ECG's, informed consents, verify medications, clean and clip sites for surgery.

Post-Anesthesia Care Unit-12 beds

Ratio of 1:1 and 1:2 depending on acuity

Monitor and maintain airway with use of Endo-tracheal tubes, laryngeal mask airways, oro-pharyngeal and naso-pharyngeal airways, CPAP/BI-PAP

Assess and manage pain and nausea using multi-modal medication administration

Monitor surgical sites and manage post-op complications for many different surgical procedures.

Specialties include: general surgery, orthopedic & spine, gynecology, pediatric, neurology, ENT, podiatry, plastics and cardiac.

Responsible for continuous telemetry and frequent non-invasive and arterial blood pressure monitoring

Monitoring blood pressure and heart rate with varied Vasoactive drips

Occasionally hold postsurgical ICU patients on ventilators

Obtain and trend lab results

Maintain safety of patients and reorient as appropriate

Safely transfer patients to next level of care when appropriate

Educate and discharge patients regarding surgical procedure and what to expect post-operatively.

Travel Nurse

RTG - Vallejo, CA

August 2021 to November 2021

- 13 week travel nurse assignment
- 8 bed PACU
- Apart from working in Preop & PACU, I began cross-training into Endoscopy: positioning, monitoring sedation level, continuous cardiac monitoring, facilitating Physician with instruments and procedure.

Registered Nurse, Cardiac Stepdown Unit

University of Colorado Denver | Anschutz - Aurora, CO

August 2011 to April 2014

Relief Charge Nurse

Management of patients who have had cardiac, medical, surgical, cardiothoracic, and vascular surgeries

Management of patients with Hepatic, Kidney, & Heart Failure, COPD, Cancer, Sickle Cell, and multiple other comorbidities

Management of patients with Melanoma receiving Interleukin-2 Therapy

Management of patients who have undergone Interventional Radiology and Electrophysiology procedures

Responsible for continuous telemetry, CVP & Arterial monitoring

Management of patients with pulmonary hypertension requiring continuous infusion and monitoring of Prostacyclin therapy.

Titration and monitoring of vasoactive drips and anticoagulation therapy

Advocate for patients and collaborate with interdisciplinary teams regarding their plan of care

Education

Bachelor of Science in Nursing in Nursing

University of Kansas Medical Center - Kansas City, KS

August 2009 to May 2011

Bachelor of Science in Life-Science

Kansas State University - Manhattan, KS

August 2005 to May 2009

Nursing Licenses

RN

Expires: September 2023

State: CO

Skills

- Critical Care Experience
- Hospital Experience
- Nursing
- Laboratory Experience
- Vital Signs
- Medication Administration
- Pain Management
- Epic
- Patient Care
- Nurse Management

- Phlebotomy
- Experience Administering Injections
- Venipuncture
- Endoscopy
- EKG
- ADLs
- Ambulatory surgery center

Languages

- English - Expert
- Spanish - Beginner

Certifications and Licenses

RN License

BLS Certification

December 2021 to December 2023

PALS Certification

July 2022 to July 2024

ACLS Certification

December 2021 to December 2023

PCCN

CPR Certification

Compact State Nurse License

Groups

Africa Mercy Ships

January 2020 to August 2022

Volunteer nurse in the Recovery Room on this surgical hospital ship for 3 weeks in Jan, 2020 and then for 4 months from Feb-August in 2022.

AMIGA

I have gone 3 times with this NGO organization to provide volunteer medical care to people living in rural villages in Honduras.

HOPE Worldwide

I have traveled with this NGO to Houston, Cambodia, Haiti and Alaska with different medical and general service volunteering over the past 10 years.