

# Linda Perkins

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I am seeking to secure a position in that offers challenges and the opportunity for my career development, while serving the organization to the best of my abilities. I would like to gain new skills while utilizing my current areas of expertise in a positive atmosphere and team-oriented environment while providing exceptional patient care.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse**

Inova Fairfax Hospital

February 2021 to Present

- Evaluate and treat patients
- Provide preoperative and postoperative care to cardiac patients
- Monitoring cardiac telemetry
- Administer medications, starts and checks intravenous drips
- Educate patient and family on medications and discharge instructions

### **Registered Nurse**

Harborside Surgery Center - Oxon Hill, MD

January 2020 to Present

- Assist patients before surgery and alleviate their concerns
- Ensure all supplies needed for surgery have been obtained
- Position and prep patient according to procedure.

### **Registered Nurse**

Northern Virginia Health Center

May 2018 to August 2021

- Documents resident's assessment findings and physical/psychosocial responses to nursing intervention
- Assists residents with bathing, dressing, maintaining personal hygiene, moving in bed, standing and walking.
- Administer medications, nebulizer treatments, tube feedings and change dressings.

### **Registered Nurse (Operating Room)**

Inova Mount Vernon Hospital

February 2016 to February 2021

- Acts as patient advocate
- Collect patient health data relevant to operative procedure
- Serves as a mentor and preceptor to new nurses entering into OR fellowship.

## **Rural Mail Carrier**

United States Postal Service

March 1997 to February 2016

- Delivers exceptional customer service and support by providing precise, efficient and consistent mail delivery while maintaining accurate records of all deliveries
- Responsible for training new employees
- Face to face customer interaction that includes answering customer's questions regarding mail delivery options and regulations pertaining to their mail.

## **Registered Nurse (Med-Surg Psych)**

Washington Hospital Center

January 2015 to August 2015

- Assess patient condition
- Administer medications, change dressings and monitor vital signs
- Provide patients with support and education.

## Education

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### **Bachelor of Science in Nursing**

Chamberlain College of Nursing - Arlington, VA

August 2014

### **Associate of Science in General Studies**

Northern Virginia Community College - Woodbridge, VA

December 2011

## Nursing Licenses

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### **RN**

Expires: March 2023

State: VA

## Skills

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- EMR Systems
- Hospital Experience
- Medication Administration
- Tube Feeding
- Nursing
- Vital Signs
- Epic

## Certifications and Licenses

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**ACLS certified through the American Heart Association (February 2020-2022)**

**BLS certified through the American Heart Association (March 2020-2022)**

**Completion of Periop 101**

**CPR Certification**

**BLS Certification**