**Serah W. Muthee, BSN, RN, CNOR**

**Clinical Specialty: Operating Room**

**Years of experience: 8 years**

**9720 Straightaway Dr, McKinney. TX**

**Professional Experience**

**August 2022 to date**

**Medely staffing agency**

**Registered nurse-operating room**

**Placement: Legent outpatient surgery center**

**Euless, Texas**

The legent interventional pain center in Euless Texas provides top notch and fast paced ambulatory surgical clinic. Mainly deals in pain management injections with minimally invasive spine cases.

**December 2021 to June 2022**

**Atlas Medstaff**

**Registered Nurse - Operating Room**

**Placement: Traveler Nurse, Copley Hospital, VT**

Copley Hospital is a critical access facility serving North & Central Vermont. It provides both inpatient and outpatient care. It is home to the regions for orthopedic practices. It has three operating rooms and an outpatient surgery center. Specialties include obstetrics and gynecology, emergency services, general surgery, orthopedics, cardiology, oncology, urology, rehabilitation services and diagnostic imaging.

**December 2019 to present**

**Registered Nurse – Operating Room**

**Avant Healthcare Professionals:**

**Placement: North Country Hospital, Newport, VT, USA**

North Country Hospital is a critical access hospital in New Port City Vermont. The hospital offers Primary, Secondary and Tertiary Level Healthcare services, with inpatient and outpatient services. It has three operating rooms and one endoscopy room suite.

My current role is OR circulating nurse and endoscopy scrub & circulating nurse. The common cases that I have handled include; general surgeries, reproductive surgeries, orthopedic surgeries, pediatric, and laparoscopic surgeries.

**September 2015 to November 2019**

**Registered Nurse – Operating Room**

**Mediheal Hospitals**

**Nairobi, Kenya**

Mediheal Group of Hospitals is a privately-owned Hospital offering Primary, Secondary and Tertiary Level Healthcare services with several branches in Kenya. My current branch has a capacity of 150-Beds. The branch offers inpatient, outpatient and operating room services including day surgeries. My current branch offers care for pediatrics, middle aged and geriatrics patients. Some of the services offered include; Pharmacy, Laboratory, Radiology, Obstetrics, Physiotherapy, Intensive Care Unit and High Dependency Unit.

My current role as a staff Nurse is in the Operating room which includes; The Main OR, Day surgeries & Labor ward). The case mix involves general surgeries, reproductive surgeries, orthopedic surgeries, pediatric, dental surgeries and laparoscopic surgeries. The patient Nurse ratio averages 6-4:1, with an average of about 30 cases in every 24 hours. The Operating Room (includes; Main OR, Day surgeries & Labor ward OR). 3 ORs

**May 2014 to August 2015**

**Registered Nurse – Operating Department**

**The Nairobi Hospital**

**Nairobi, Kenya**

The Nairobi Hospital has been in existence for over sixty years. The Hospital is one of the leading Private hospitals in Eastern Africa with a current bed capacity of over 500 beds. It has a 24-hour Accident & Emergency Centre and OR; The facility offers Primary, Secondary and Tertiary level healthcare services. It has several specialty units including Oncology, Cardiovascular, Dental, Ear Nose & Throat (ENT) services and Renal units. It also offers other services such as Pharmacy, Laboratory, Radiology, Obstetrics, Physiotherapy, Intensive Care Unit and High Dependency Unit, Pediatrics among other services.

ORs at The Nairobi Hospital are divided in to three categories. Three main OR runs 24 hours, one day surgery and one OR attached to the labor ward. The case mix involves general surgeries, reproductive surgeries, orthopedic surgeries, pediatric, dental surgeries and laparoscopic surgeries. The patient Nurse ratio averages 6:1. The ORs see an average of 50 surgery cases every 24 hours. 3 ORs, NTP 3:1.

**Clinical Skills Summary**

Receiving Area Nurse

* Receives the patient in OR from wards, check correctness of the patient’s identification, completeness of

patient’s documents and availability of consent and the laboratory results. Confirms patient’s NPO

status, operative site preparation and pre-op medications.

* Identify and document surgical site
* Determine if patient has received adequate information from surgeon and if consent is signed
* Identify any medication that patient has taken that may affect surgical outcome
* Establish base-line data for comparison in the intra Op and post Op period such as allergies to medication or latex, x-ray films and patient file
* Determine psychological status of patient in order to re-in force use of coping strategies
* Confirm NBM status
* Confirm patients’ physical preparation for anesthesia as including removal of dentures, removal of jewelry and make –up, Presence of prosthesis and loose teeth.
* Hand over patients to circulating/scrub nurse of specific OR with proper history or significant information, documents and medications.
* Ensures that the pre-operative checklist is completed by the unit staff.

Circulating

* Assist in transfer of patients to the operating table, positioning, placing the ECG leads, Catheter and IV Fluids , taking initial BP readings and temperature for early detection of malignant hyperthermia.
* Conducting time out before surgery, before induction with everybody present using the WHO checklist
* Ensuring that needed items are available and sterile
* Ensuring patient safety in transferring and positioning patients to prevent infections, injuries of position or injury from equipment
* Assists in induction of anesthesia i.e., pre oxygenate, intubation, application of cricoid pressure and application of laryngeal mask
* Assist in maintaining ventilation using mask and reservoir bag
* Check the anaesthetic machine and its components before surgery and report any defects to the anesthetist and Operating room technician
* Assist in insertion of oral airway, arterial line and central venous pressure line
* Monitoring the drapping
* Documentation of intra-Op care
* Recording, labelling and sending of tissues/specimen/cultures for Laboratory
* Measuring blood and fluid loss
* Accounting for instruments used during surgeries such as sponges, needles or other instruments
* Coordinate activities in the operating room within the team
* Practice aseptic techniques in all activities
* Assist the anesthetist with reversal of anesthetic agents including oral suctioning, insertion of oral airway, chin-jaw maneuver
* Accompany patient to the recovery room after surgery and handover to the recovery room nurse

Other associated nursing skills

* Monitoring patients vital sign
* Prevention of cross-infection
* Emergency Equipment safety checks
* Wound care & Wound dressing
* Pain management through drug administration
* Management of IV Fluids
* Catheterization
* Health education to patients and relatives
* Accuracy in documentation
* Administration of blood and blood products

**Cases handled:**

**General Surgeries:**

* Including: Exploratory Laparotomy, Hemorrhoidectomy, Mastectomy, Herniorrhapy and Thyroidectomy. VATS, Bowelry section, Hartamann’s procedure,

**Gynaecology and Obstetrics surgeries;**

* Including: Myomectomy, Total abdominal hysterectomy, Vaginal hysterectomy, Salpingo-oophorectomy, Anterior and Posterior Colporrhaphy, Caesarian Section,

**Laparoscopic surgeries;**

* Typical case done includes: Hysteroscopy, Cystoscopy, Lap Cholecystectomy, Hernia, Appendectomy

**Orthopaedic & Trauma Surgeries:**

* Cases done include: Total hip Replacement, Laminectomy, Total knee replacement, Knee Athroscopy, manipulation under anaesthesia, application of plaster of paris, repair of dislocation of shoulder, tendon repair, athroscopic manisectomy, dynamic hip screw, ORIF, external fixation of fractures. Shoulder & Knee Arthroscopies

**Reconstructive & Cosmetic Surgeries:**

* Skin graft operations, Otoplasty, Rhinoplasty, Tissue expansion, Rotational flaps, reduction mammoplasty.

**Urological Surgeries:**

* Lithotripsy, TURP, Retropubic and Supra pubic Prostatectomy, Nephrectomy.

**E.N.T Surgeries:**

* Myringotomy, Tympanoplasty, Mastoidectomy, reduction of nasal fracture.

**Paediatric Surgeries**:

* Orchidopexy, Herniotomy, Tonsillectomy, Correction of rectal Malformations, Pyloplasty, Circumcision.

**Educational Background**

**Grand Canyon University - BSN**

**Diploma in Nursing** (March 2011 to February 2014)

The Nairobi Hospital, Cicely McDonell School of Nursing,

Nairobi, Kenya

**Licenses:**

* **Compact License: 026.0141479**
* **RN license: USA – Vermont, License Number 026.0141479**
* **CNOR**
* **PALS expiry 11/2023**
* **ACLS expiry 11/2023**
* **BLS expiry 11/2023**