Chelsea Adkins

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**WORK EXPERIENCE**

**Golden Pond Retirement Community January 2020- Present**

*Registered Nurse/Director of Nursing* (Director of Wellness Department)

* Monitor health and wellness of all residents and partner with interdisciplinary teams to maximize resident outcomes
* Provide direct nursing interventions to residents such as assessments, implementation of physician orders, medication administration, IV and foley catheter insertion, blood draws, and education
* Partner with residents and families to implement appropriate care plans
* Work directly with outside healthcare practitioners, consultants, physicians, outside providers, and all other interdisciplinary teams in the coordination of resident care.
* Perform continuous, ongoing supervision of Health and Wellness team members, including but not limited to education, training, disciplining, counseling, motivating, and evaluating.
* Assist and lead in creating, monitoring, and implementing policies and procedures, which reflect adherence to corporate and external regulatory guidelines
* Overall direction, coordination, and supervision of Community Wellness Department in accordance with Community policies and procedures and in compliance with all state, local, and federal regulations

**Maui Memorial Medical Center October 2015 – December 2019**

*Registered Nurse Float Pool* (Med/Surg &Telemetry)

* Identified patient care requirements by establishing personal rapport with patients and families
* Taught patient, friends, and family to understand conditions, medications, and self-care skills to improve patient outcomes
* Provided direct patient care to 6:1 med/surg patients and 4:1 telemetry patients
* Maintained cooperative relationships among health care teams by communicating information, responding to requests, building rapport, and participating in team problem-solving methods

**Asante Rogue Regional Medical Center July 2015 – October 2015**

*Registered Travel Nurse* (Medical/Surgical- Oncology)

* Provided direct patient care for up to 6 medical/surgical patients at a time while maintaining patient safety
* Resolved patient problems and needs by utilizing multidisciplinary team strategies
* Promoted patient independence by establishing patient care goals

**University of Colorado Hospital June 2013 - June 2015**

*Registered Nurse* (Neurosciences- Med/Surg-Telemetry)

* Provided direct patient care for up to 4-5 high acuity neuroscience patients
* Provided clinically competent, evidence-based care while using well-developed critical thinking skills
* Utilized nursing skills by providing hands-on care to patients by administering medications, managing intravenous lines, observing and monitoring patients’ conditions and communicating with physicians

**University of Colorado Hospital May 2012 –May 2013**

*Advanced Care Partner* (Neurosciences)

* Provided direct patient care under the supervision and delegation of a clinical Registered Nurse
* Increased clinical competency and critical thinking skills while working with patients directly
* Independently performed basic nursing clinical skills including intravenous insertion and care, Foley catheter insertion and care, sterile dressing changes, and Activities of Daily Living

**University of Colorado Hospital December 2007- December 2009**

*Certified Nursing Assistant* (Cardiac Intensive Care Unit)

* Provided quality, daily patient care through careful support in activities of daily living; monitor for physical and behavioral changes in patient populations by taking and interpreting vital signs; stock and organize supply closets and patient rooms
* Aided nursing staff under proper delegation

*Care Team Assistant*

* Delivered amazing service to internal and external customers by advocating for customer preferences; maximizing communication and partnering with peers and customers
* Prepared, updated and maintained patient registration functions, and patient schedules; rescheduled and canceled patient appointments when necessary according to hospital standards and departmental policies

*Surgery Coordinator*

* Obtained surgical/procedural insurance authorization approvals from healthcare plans
* Submitted surgeries to the OR and coordinated with preoperative services
* Coordinated with physician and operating room staff to ensure accurate orders of equipment were prearranged for each surgery/procedure

**EDUCATION**

**University of Colorado College of Nursing, Aurora, CO Earned May 2013**

*Bachelor of Science in Nursing*

* GPA: 3.7

**Community College of Aurora, Aurora, CO Earned May 2011**

*Associate of General Studies*

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**Magna Cum Laude Honor Society**

*University of Colorado Collage of Nursing*

**Phi Theta Kappa Honor Society**

*Community College of Aurora*

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**LEADERSHIP EXPERIENCE/ VOLUNTEER EXPERIENCE**

**Project C.U.R.E. October 2010- Present**

* Organizing logistical support to provide donated medical supplies to under developed countries throughout the world.
* Matched medical supplies and modern equipment with facilities to empower doctors and nurses with the tools they need to treat disease, deliver vaccines, perform life-saving surgeries, and ensure safe child birth.

**Women with a Cause (WWAC) December 2010- Present**

* Organized and managed fundraisers to support and encourage homeless mothers to enhance their lives through education and career opportunities in the healthcare field by preparing them for a degree through University of Colorado College of Nursing and Regis University

**ACTIVITIES AND SKILLS**

* Technology Certifications: Certificate of Technology from Pickens Technical Center (2003)
* Computer skills: proficient in all Microsoft Office applications.
* Other work experience: Sales and customer service.
* Skills: Communication, leadership, time management, organizational skills, and attention to detail.
* American Heart Association Basic Life Support Healthcare Provider Course: December 2020
* American Heart Association Advanced Cardiac Life Support: May 2019
* National Stroke Association: NIH stroke scale: June 2019
* University of Colorado Hospital: Medical Spanish: November 2014
* Continued Education
  + Extended Release Antibiotics (January 2013)
  + University of Colorado: Center for Advancing Professional Excellence (April 2013)
  + Baptist Health Neuro Nursing Symposium (December 2014)