# Harjit Kaur

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Dedicated, compassionate, and hardworking nurse committed to providing safe and competent client-centered care seeking a position as a Registered Nurse.

# Work Experience

#### **Registered Nurse**

Sutter Gould Medical Foundation Urgent Care - Modesto, CA September 2020 to Present

- Collaborated with interdisciplinary healthcare team to formulate, modify, and implement individual plan of care for patients.
- Documented Nursing assessment and plan of care using Epic PowerChart.
- Extensive experience with IV starts alongside safe fluid and medication administration.
- Performed blood draws to assist with diagnostic testing.
- ECG monitoring and interpretation.
- Performed safe medication administration via Oral, Intramuscular, Topical, Intravenous, and Subcutaneous route while ensuring patient safety.
- Responded to facility emergency calls and provided high quality assessment and intervention during acute situations such as Stroke, MI, Respiratory Distress,

Allergic Reaction, and VasoVagal.

- Served as Primary Nurse during facility Rapid Response calls.
- Served as Triage nurse to determine severity of illness and injuries to ensure patient receives time sensitive care.
- Responded during Covid-19 Pandemic performing daily testing alongside respiratory assessment and interventions.
- Maintained up to date knowledge on nursing skills such as Foley catheter insertion+ Care and Wound care.

#### **Registered Nurse**

Inland Cosmetic Surgery Center - Rancho Cucamonga, CA May 2020 to August 2020

- · Easily adapted to new work environments.
- · Successfully adhered to each facility policies and protocols while providing safe and competent patient care.
- · Cared for patients with variety of cosmetic surgical procedures.
- · Collected patient health history, preformed and documented pre-op nursing assessments.
- · Patient education to ensure patient readiness and paperwork completion prior to surgery.
- · Prepared patients for surgical procedures and ensured surgical consents are signed.
- · Interpreted, and executed physician orders, diagnostic tests, and pertinent lab values.
- · Inserted IVs, administered medications, and monitored vital signs.
- · Post Anesthesia Care Unit evaluated, monitored, stabilized, recovered, and discharged patients.

- · Performed and documented postop nursing assessments.
- · Implemented effective discharge teaching on post-op care and follow-up.
- · Prepared and administered medications (IV, PO, IM); monitored patient response to treatment and reported significant findings to physicians.
- · Collaborated with interdisciplinary healthcare team to formulate, modify, and implement individual plan of care for patients.

# Education

# **Bachelor of Science in Nursing**

West Coast University - Ontario, CA August 2016 to October 2019

#### Skills

- Nursing
- Triage
- Epic
- Medication Administration
- Experience Administering Injections
- Basic IV
- Vital Signs
- EMR Systems
- Venipuncture
- Medical Records

## Languages

- Punjabi Expert
- Hindi Expert

## Certifications and Licenses

## **BLS Certification**

December 2021 to December 2023

#### RN

April 2023

#### **ACLS Certification**

April 2023

#### **AHA Certification**