

Julia R. Stamborski, RN, BSN

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Driven and compassionate Registered Nurse with multiple degrees who takes pride in providing quality, empathetic, and patient centered care as an experienced labor and delivery nurse. Confident and capable of reaching the definitive goal to practice as a Nurse Practitioner, at the very highest level of professional nursing within the legal definition of the Nursing Practice Act and according to the ANA Code of Ethics.

Education

Master

Bachelor of Science, Nursing	<i>Central Methodist University - Fayette, MO</i>	<i>Degree Awarded</i>	<i>2020</i>
Diploma of Nursing	<i>Lutheran School of Nursing - Saint Louis, MO</i>	<i>Degree Awarded</i>	<i>2014</i>
Bachelor of Science, Sociology	<i>University of Missouri - St Louis - St Louis, MO</i>	<i>Degree Awarded</i>	<i>2010</i>

Work History

2015-11 - Current

Registered Nurse

SSM Health Saint Mary's Hospital, Saint Louis, MO

- Maintained high quality, patient centered care for high-risk labor and delivery patients in triage and inpatient settings
- Participated in nursing simulation activities, evidence-based practice project implementation and competency development to further my strong desire for continuing education & to precept students and job candidates.

2014-11 - 2015-11

Registered Nurse

Medical Surgical-Saint Alexius Hospital, Saint Louis, MO

- Provided acute and chronic illness care to underserved and low income medical, surgical, and psychiatric patients while quickly established the role as the night shift charge nurse on a busy unit.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.

2013-03 - 2014-01

Unit Secretary

Barnes Jewish Hospital, Saint Louis, Missouri

- Managed patient record keeping and patient confidentiality.
- Demonstrated exceptional interpersonal communication skills and maintained rapport with all unit staff & interdisciplinary team members.

Licensure

MO. State Board of Nursing: Registered Nurse. License NO 2014035710 Renewal Date: April 2021

Certifications

- 2023-02 Neonatal Resuscitation Program (NRP) Certification
- 2023-02 American Cardiovascular Life Support (ACLS)
- 2023-02 American Heart Association BLS for Healthcare Providers CPR and AED
- Nonviolent Crisis Intervention Program, CPI

Awards

Daisy Award Honoree, The DAISY Foundation, 2019 award recipient at SSM Saint Mary's Hospital Saint Louis