

MILKI ADEM

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PROFESSIONAL SUMMARY

Skilled at working independently and also collaboratively with the multidisciplinary team. Maintains cultural and diversity awareness when dealing with patients, visitors, co-workers and other customers.

EDUCATION

MAY 2015

BSN: Nurse

Presentation College, Fairmont, MN

Minored in nutrition and health services administration

PHN: Nurse

Presentation College, Fairmont, MN.

Skills

- Team player
- Problem solver
- Self starter
- Clinical documentation
- Healthcare ethics
- Fluent in Amharic, English, Oromo
- Strong clinical judgment
- Patient and family advocacy
- Data entry
- Medication administration

WORK HISTORY

SEPTEMBER 2021 - CURRENTLY 2022

CCSD Employee health EMOCHA Nurse

- Contact tracer nurse

AUGUST 2021 - SEPTEMBER 2021

Medix - Next Level Chef

- Covid-19 testing

MARCH 2021 - AUGUST 2021

Nurse | Abbott | St. Paul , Minnesota

- Covid-19 testing

MARCH 2018- AUGUST 2021

Nurse | Allegiance Ability Assistance | St. Paul , Minnesota

- Observed and reported patient condition, progress and medication side effects to accurately document updates.
- Demonstrated ability to advocate for and strive to protect health, safety, and rights of patients.

OCTOBER 2019- FEBRUARY 2020

Nurse | Desert Parkway Behavioral Healthcare Hospital

- Educate individuals, families, and communities about the realities of mental illnesses and addictions.
- Medication administration
- Treat adolescent and adult patients with both dignity and respect while providing the very best in care.
- Providing assessment
- Recording all interactions in medical charts, documenting accidents and interventions applied.

FEBRUARY 2018- AUGUST 2021

Nurse | Sunshine AdultDaycare| St. Paul , Minnesota

- Performing an assignment and taking vital signs
- Answering any questions they have and helping them improve their wellbeing.

MARCH 2018-MAY 2019

Nurse | Galtier | St. Paul , Minnesota

- Helped patients achieve higher standards of living through effective ADL coaching and assistance.
- Delivered medications via oral, intramuscular injections, monitoring responses to catch and address new concerns.
- Checked and recorded vital signs of patients and reported changes in patients' behavior or conditions.
- Observed and reported patient condition, progress and medication side effects to accurately document updates.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols to optimize performance and safety.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom recurrence.

- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.
- Informed patients and families
- Mitigated hazard potential from patients with communicable diseases.
- Educated family members and caregivers on patient care instructions.
- Evaluated charting procedures to ensure adherence to best practices.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Updated patient charts using PCC with data such as medications to keep records current and support accurate treatments.
- Demonstrated ability to advocate for and strive to protect health, safety, and rights of patients.
- Documented vitals and medical histories in patient charts when assessing patients and communicated patient information to physicians and other nurses for care continuity.
- Educated patients and answered questions about health conditions, prognosis and treatment.
- Directed patient admission and discharge tasks while managing patients and coordinating care.
- Provided comprehensive data on patient care, hospital procedures and nursing best practices.
- Inserted catheters and completed tracheostomy for patients.
- Accurately recorded all interactions in medical charts, documenting accidents and interventions applied.