

# Alli Sotomayor, RN

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## PROFESSIONAL SUMMARY

Intrinsically motivated registered nurse professional with years of experience in various healthcare settings. Organized, proactive, and dedicated to achieving excellence in patient-centered care. Dedicated life-long learner with the ultimate desire to improve patient outcomes using best evidence-based research.

## SKILLS

Patient-centered care	Problem-solving	Conducting thorough physical and psychosocial assessments
Strong clinical judgement	Interpersonal skills	Heart-felt ability to understand human pain & suffering
Adapts well under extreme pressure	Patient and positive	Reporting and documenting quickly and accurately
Caring for challenging patients	Motivational interv. skills	De-escalating patient concerns and providing therapeutic interventions

## WORK EXPERIENCE

### Mobile Research RN | February 2021 - Present PCM Clinical Research | Denver, CO

- Ensure accurate documentation and completion of documentation
- Conduct visits utilizing best research practices
- Review inclusion/exclusion criteria and adhere to study protocols
- Collaboration with PI and team of research staff
- Perform evaluations and screenings for clients
- Administer IP/medications intravenously, subcutaneously, and intramuscularly
- Collect laboratory specimens and prepare hazardous shipments
- Complete physical assessments and monitor for AEs or SAEs
- Performed crisis management and resolved client concerns utilizing company policy/procedures & state reg.

Character	
Highly Adaptable	Goal-Oriented
Diligent	Tenacious
Critical Thinker	Inquisitive
Organized	Perceptive
Team-player	Compassionate

### Inpatient Charge Nurse II | November 2017 – May 2020 University Neuropsychiatric Institute, University of Utah | Salt Lake City, UT

- Collaborated with Psychiatrist and/or Anesthesia providers to perform ECT, IV Ketamine, and TMS services
- Charge nurse: lead staff and directed advanced cardiac life support for medical emergencies
- On-Call duties including creating procedural patient cases, education, referrals, and triage
- Applied systematic nursing processes to provide nursing care to inpatient and outpatient populations
- Provided patient and family education regarding ECT, Ketamine, and TMS services
- Create and maintain a supportive environment for patients and families during procedures
- Completed unit-based administrative projects to improve safety and quality control
- Prepared patients in pre-op placing IV's, education, and medical screening prior to procedure start
- Recovered patients post-operatively after ECT and post procedure after Ketamine utilizing nursing processes

### Clinical Research Nurse / Project Manager | March 2017 – November 2017 J. Lewis Research | Salt Lake City, UT

- Administered IV, Sub-Q, & IM medications according to strict specific protocol
- Educated patients on procedures and study protocols
- Managed several clinical trials and reviewed budgets
- Assessed patient status and observed for any changes
- Trained staff on new clinical research projects
- Screened subjects for various clinical trials
- Collaborated with physicians to ensure safety for patients

### Preceptorship ICU nurse – Level 1 Trauma IMC | August 2015 – December 2015

- Assessed patient's critical condition and administered medications as appropriate
- Helped manage life support equipment and responded promptly to codes
- Collaborated with interdisciplinary team to formulate an integrated care plan
- Monitored patients via life support equipment and initiated corrective action for adverse symptomatology

- ✦ Cared for patients with various organ system disorders with emphasis on treatment and prevention

**Patient tech –SIMC | March 2015–January 2016**

**McKay-Dee Hospital |Ogden, UT**

- ✦ Documented changes in patient health and behaviors
- ✦ Tested vital signs and blood sugar & documented strict I & O's
- ✦ Assisted patients with diminished physical capacity with ADL's
- ✦ Adhered to hospital and unit protocol, policies, & regulations.
- ✦ Followed care plan, collaborating with interdisciplinary team to ensure optimal treatment
- ✦ Assisted nurses with telemetry equipment, catheters, and IV management

**EDUCATION**

**Weber State University | School of Nursing**

- ❖ Bachelor of Science in Nursing (Magna Cum Laude)
- ❖ Associate of Science in Nursing (Honors)

**Salt Lake Community College | General Studies**

- ❖ General Studies Undergraduate

**ORGANIZATIONS**

**American Nurses Association | Current Member**

**Health and Wellness Ambassador | Past**

Providing stress management, nutrition, financial wellness, counseling services, and preventative health check-up resources for staff at University of Utah Hospital on a continuous basis

**Hospital Elder Life Program (HELP) | Past**

Volunteered for an evidence-based comprehensive program designed to prevent delirium using mentally engaging activities such as a range of motion (ROM), massage, walking, music, puzzles, games, orienting communication, and other activities as appropriate

**Annual Nursing Research Conference | Past**

Volunteered to assist with registration, seating, and other tasks as requested

**Senior Expo Center | Past**

Volunteered to screen patients for hearing dysfunctions including performing hearing tests

Resume:

