# Annette Underwood

#### Would like to give a 2week notice to current employer

Belgium, WI -Email me on Indeed: <u>http://www.indeed.com/r/Annette-Underwood/ca6ddde0ca759873</u>

Knowledgeable Registered Nurse with over 13 years of experience in delivering comprehensive patient care. Advanced skill working with diverse patient populations. Demonstrated ability to foster relationships and coordinate with healthcare professionals to advance patient care.

Authorized to work in the US for any employer

Work Experience

## **Registered Nurse**

Lasata Care Center - Cedarburg, WI August 2021 to Present

Floor nurse responsible for assessments, med pass, and close supervision of care for LTC and Rehab residents. Treatments including wound care, IV therapy, restorative care, suture removal, etc. Supervision and guidance of CNA's.

#### **RN Supervisor/Infection Prevention**

Sunny Ridge Nursing & Rehabilitation Center - Sheboygan, WI April 2021 to July 2021

As RN Supervisor:

Management and delivery of nursing services in the planning, organization, direction, supervision and evaluation of all the nursing services provided in the center.

Assists the DON in ensuring nursing department compliance with federal, state and local regulations and implementation of Center nursing core programs. Ensures maintenance of records and reports concerning resident care.

Ensures the orientation and training of nursing services personnel.

Oversee staff and residents on daily basis to assure safety and to ensure policies and procedures are followed to stay in compliance.

As Infection Prevention:

Developing, monitoring and enforcing policies specific to Surveillance, Prevention and Control Programs, Ability to speak effectively with physicians,

Daily rounding and coordinating all Infection Prevention and Control throughout the facility, and Monitoring the on-going effectiveness of these activities and interventions.

## **Registered Nurse**

AURORA HEALTH CARE - Milwaukee, WI February 2015 to April 2021

Coordinated timely refills for patients' prescriptions by obtaining authorizations and transmitting paperwork.

Compiled information such as reasons for visit and medications for treating.

Prepared charts for clinic patients, including gathering all hospital records and test results.

Used EPIC to update electronic medical records with relevant patient information such as in-house laboratory test results and clinician orders.

Performed nursing assessments and collected patient medical histories to help determine proper diagnosis.

Instructed patients and family members on medication and treatment instructions to promote adherence to guidelines.

Cared for clinic patients by administering medications and treatments for various conditions.

Prepared patient rooms for visits by including cleaning, sanitizing equipment and stocking supplies.

Observed, recorded and reported patients' conditions and reactions to drugs and treatments.

Followed up on diagnostic tests to verify completion and obtain results for treatment planning.

Coordinated with healthcare team to establish, enact and evaluate patient care plans.

Advocated for patient needs with interdisciplinary team and implemented outlined treatment plans.

Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.

Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.

Administered inhaled, nebulizer subcutaneous, and intra-muscular medications and monitored patient reactions.

Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches. Communicated with primary care physicians or emergency care providers to relay patient needs.

Answered patient questions and provided take-home materials for further information.

Observed strict safety measures, including checking medication dosages before administration to patients.

Immunized patients against influenza and pneumonia to protect vulnerable populations from serious illnesses.

## **Registered Nurse, Case Manager-Hospice**

HEARTLAND HOSPICE - Milwaukee, WI July 2011 to February 2015

Administered medications, tracked dosages and documented patient conditions.

Maintained personal and team compliance with medication administration standards and patient care best practices.

Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.

Oversaw patient admission and discharge processes to coordinate efficient movements and related paperwork.

Updated physicians on patient test results and assisted in developing care plans.

Consistently assessed and evaluated patients' health needs by coordinating across medical disciplines to create, implement and modify personalized care plans.

Administered palliative care in outpatient settings ranging from assessment to development and implementation of care plans.

Assessed patients' response to treatment and suggested ways to combat side effects.

Monitored and managed various treatment and care interventions, including IV administration, wound and ostomy care and catheter insertion.

Delivered care to 8-10 patients per day, including coordinating and evaluating interdisciplinary care.

Counseled patients and caregivers, providing emotional, psychological and spiritual support.

Guided therapeutic communication, conflict resolutions and interventions by deflecting undesirable behaviors to assist patients with developing and amplifying coping skills.

Counseled caregivers and families on end-of-life planning and educated on patient care options.

## Registered Nurse, Oncology/Medical-Surgical Registered Nurse

COLUMBIA ST. MARY'S OZAUKEE HOSPITAL - Mequon, WI June 2007 to July 2011

Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.

Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.

Administered medications, tracked dosages and documented patient conditions.

Delivered physician-ordered treatments and monitored responses to quickly spot complications and side effects.

Cared for patients in recovery from medical procedures by caring for wounds, monitoring vitals and managing pain.

Guided therapeutic communication, conflict resolutions and interventions by deflecting undesirable behaviors to assist patients with developing and amplifying coping skills.

Maintained personal and team compliance with medication administration standards and patient care best practices.

Advanced nursing competencies through participation in simulation exercises and practice improvement projects.

Assessed patients' response to treatment and suggested ways to combat side effects.

Conducted patient assessments and diagnostic tests to provide physician with important patient health information.

Completed daily chart audits and assessed clinical records to verify accuracy, evaluate performance against goals and check for appropriate education of patients and families.

Boosted patient outcomes by prioritizing nursing tasks and assignments and accurately reporting on each patient's status.

Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.

Oversaw patient admission and discharge processes to coordinate efficient movements and related paperwork.

Used facility EMR system to update patient records, transmit prescriptions and transfer files.

Delivered care to [Number] patients per day, including coordinating and evaluating interdisciplinary care. Trained and mentored new RNs on best practices, hospital policies and standards of care.

Developed and implemented individualized care plans to meet each patients' unique needs.

Facilitated patient flow during emergency situations, directing evacuations, admissions and transfers.

Answered patient questions and provided take-home materials for further information.

Prepared for HIPAA and Joint Commission reviews, making required brochures and pamphlets available to patients in all clinics.

Instructed patients, caregivers and families on diagnoses, treatment options and self-management to maintain continuity of care.

Delivered direct patient care, including stabilizing patients and identifying treatment options.

Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.

Monitored and managed various treatment and care interventions, including IV administration, wound and ostomy care and catheter insertion.

Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.

Consistently assessed and evaluated patients' health needs by coordinating across medical disciplines to create, implement and modify personalized care plans.

Assessed patients using comprehensive evaluation techniques and sound clinical judgment.

Updated physicians on patient test results and assisted in developing care plans.

Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about care strategies.

Administered oral, intramuscular and IV medications to patients and monitored responses.

Maintained composure and efficiency during rapid response situation and emergency codes.

## Patient Care Technician, Day Surgery

COLUMBIA ST. MARY'S OZAUKEE HOSPITAL - Mequon, WI January 2002 to June 2007

Coordinated patient care needs with healthcare team and delivered compassionate assistance with activities of daily living.

Assisted doctors, nurses and support staff with preparation for and conducting patient procedures.

Safely transported patients to other areas of hospital in wheelchairs and gurneys for tests, treatments and therapies.

Promoted patient satisfaction by assisting with daily living needs such as bathing, dressing, toileting and exercising.

Recorded observations and baseline measurements to maintain accurate medical records.

Provided excellent customer service by effectively communicating with patients, families, staff and staff in other hospital departments.

Obtained patient vital signs and reported results to staff nurse or physician to note changes from prior measurements.

Administered personal nursing assistance in pre- and post-operative situations.

Responded promptly to patient call lights to provide physical and emotional support.

Kept unit well-stocked and efficient with necessary medical supplies.

Monitored and charted fluid intake and output to stay current on patient conditions.

Improved patient care, safety and compliance by partnering with nurses.

## Education

## ASSOCIATE OF SCIENCE

Milwaukee Area Technical College - Milwaukee, WI May 2007

#### Certificate in NURSING ASSISTANT

Fox Valley Technical College - Appleton, WI December 1984

## **Nursing Licenses**

#### RN

State: WI

#### RN

Expires: February 2022

State: WI

## Skills

- Patient monitoring
- Patient care planning
- Patient Satisfaction and Process Improvement
- Direct and Indirect Patient Care
- Patient education and counseling
- Triaging
- Patient discharging
- Inpatient and outpatient care
- Epic EHR Management
- Nursing
- Hospice Care
- Employee Evaluation
- Experience Administering Injections
- Medication Administration
- Infection Control Training
- EMR Systems
- Basic IV
- Catheterization
- Care plans
- Pain management

# Certifications and Licenses

#### **Nursing Home Infection Preventionist Certification**

June 2021 to Present

This certification was web based through the CDC.

## **BLS Certification**

#### Assessments

#### **Clinical judgment — Highly Proficient**

April 2021

Assessing a patient's condition and implementing the appropriate medical intervention Full results: <u>Highly Proficient</u>

## **Electronic health records: Best practices – Highly Proficient**

April 2021

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use Full results: <u>Highly Proficient</u>

### Medical terminology — Highly Proficient

April 2021

Understanding and using medical terminology Full results: <u>Highly Proficient</u>

#### Home health aide skills – Expert

April 2021

Providing care to patients in a home setting Full results: <u>Expert</u>

## **Protecting patient privacy — Highly Proficient**

August 2021

Understanding privacy rules and regulations associated with patient records Full results: <u>Highly Proficient</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.