

**Rubina Shaheen**  
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**Profile:**

I have an extensive clinical experience of over fifteen years in Nursing profession. I am a well-trained and highly efficient Senior Nurse. I possess enormous skills and capabilities to provide high quality care to patients with various conditions. In addition, I own excellent interpersonal and communication skills that will lead to a therapeutic relationship with the clients, families and staff.

**Professional Experience:**

**Registered Nurse                      HSHS State Floate                      2022- till date**

I joined Hospital Sisters Health Systems' state float that includes nine hospitals in central and southern Illinois. I switched from telemetry to ICU nurse. I am responsible to take care of ventilated and non-ventilated ICU patients.

**Registered Nurse                      Health Carousel, LLC                      2018-2021**

I worked as a registered nurse on telemetry. I took care of patients with various diagnosis, mainly with cardiac, respiratory, general surgery, Vascular surgery, GI, nephro and neurology patients. I was responsible to provide high quality in accordance with TJC standards.

**Assistant Head Nurse                      The Aga Khan University, Hospital                      2016-2017**

I worked as main nursing lead in heart, lungs and vascular surgery outpatient services in a tertiary Hospital. I was responsible for:

- Quality assurance in the nursing care
- Maintaining the unit's quality indicators
- Making staff assignments
- Staff scheduling
- Staff performance appraisals
- Data collection for research purposes

**CCU Team Leader                      The Aga Khan University, Hospital                      2011–2013**

I worked as a shift team leader in **Coronary Care Unit** for two years. I possess excellent leadership qualities that allowed me to guide the staff in the right direction by abiding to the organization's policies and procedures. The major responsibilities were:

- To arrange staffing for the upcoming shift.
- To delegate various assignments to the staff to ingrain management qualities in them.
- To guide novice nurses in the assessment of patients, planning, implementation and evaluation of nursing intervention.
- To supervise and monitor the clinical practices of novice nurses as well as other staff in the shift.

- To demonstrate role model behavior by delivering excellent quality care to the patients.
- To emphasize adherence with the hospital and nursing division policies, procedures and protocols.
- To report any changes in the shift to the higher management.
- To inform the patients' status updates to the shift supervisor.
- To take care of special assignments.

**Senior Staff Nurse                      The Aga Khan University, Hospital                      2010-2011**

I worked as a Senior Staff Nurse in **Cath Lab**, at the The Aga Khan Hospital. I was responsible for the following tasks:

- To assess condition of the on-list patients before moving to Cath Lab.
- To play the role of circulatory nurse.
- To be scrubbed with the interventionist to assist him/her during the procedure.
- To scrub the patient prior to the procedure.
- To monitor the patient very closely during the procedure for any complication.
- To administer the ordered medications safely.
- To calibrate the machinery on daily basis to ensure their well-functioning during the procedures.
- To follow the patients after procedure, for any possible complication.
- To teach the clients and their families about the procedure.
- To maintain therapeutic communication with the patients as well as families.
- To strictly adhere to the aseptic techniques while performing various skills.
- To take care of special assignments.

**Registered Nurse                      The Aga Khan University, Hospital                      2003-2010**

I have worked as a Registered Nurse for three years and then I was promoted as Senior Staff Nurse in Private Wing III. I dealt with critically ill patients in **Cardiac Step-Down, Telemetry and Respiratory Special Care Unit**. The chief responsibilities were

- To perform head to toe assessment of the patients in the light of acquired scientific knowledge.
- To provide hygiene care to patients.
- To apply nursing process while caring for the patients.
- To monitor the patients' hemodynamics very closely.
- To administer medications safely.
- To perform the role of team leader.
- To delegate various assignments to the staff to ingrain management qualities in them.
- To assist the Head Nurse in arranging staff for the upcoming shift.
- To escort novice nurses in the assessment of patient, planning, implementation and evaluation of nursing intervention.
- To deliver culturally sensitive care to the patients.
- To adhere to the institution's policies and procedures all the time.

**Education:**

- 2015** Bachelor's of Science in Nursing (BSN)  
**2005** Intermediate as a private candidate from Sindh Board.  
**2003** Three years Diploma in General Nursing from The Aga Khan University, School of Nursing and Midwifery  
**1997** Matriculation from The Aga Khan Academy, Karim Abad, Hunza.

**Skills:**

I am certified for the below mentioned courses:

- Cardiopulmonary Resuscitation Course (BLS) with American Heart Association
- Advance Cardiac Life Support (ACLS) with American Heart Association
- Safe Medication Administration
- CRRT
- Impella
- Targeted temperature
- CVP/art line monitoring
- Non-invasive cardiac output monitoring (NICOM)
- Telemetry course
- 12 lead EKG
- I/V Conscious Sedation.
- Intra-Aortic Balloon Pump handling
- Hemodynamic Monitoring
- Phlebotomy practices for nurses
- Ostomy care
- NIH stroke scale
- Fall prevention
- Hand Hygiene.
- Cardiac Pace Maker.
- Critical Care Nursing for Patients with Respiratory and Cardiovascular Diseases.
- Management of Patient on Non-Invasive Positive Pressure Ventilator.
- Respiratory Care.
- I/V Canulation.

**Teaching Projects:**

- Conducted a grand teaching project on Early Childhood Development in Darkhana Jamat Khana in 2015.

**Awards and Certificates:**

- Participated in International Infection Control Symposium in 2008.
- Awarded for being the best team leader in Private Wing III in 2006-2007.
- Appreciation letters from The Aga Khan University, School of Nursing and Midwifery on academic performances in 2000-2003.

- Received The Aga Khan University Scholarship on the basis of best academic performance, in 2001.

**Additional Information:**

- Can speak, read and write English, Urdu, Shina and Burushaski languages.

**Reference:**

To be furnished upon request.