
PROFESSIONAL SUMMARY

Vision-driven change agent with career-long record of nursing, patient assessment, and case management success for leading healthcare organizations

An accomplished and talented professional with a comprehensive background as an emergency room nurse, operating room nurse, and medical assistant. Expertise with healthcare administration, clinical operations, program planning, project management, training instruction, and staff and student development. Focus on team coordination, leadership, and providing exceptional patient and family support. Extensive experience in medical operations, initiating appropriate action, following instructions, and completing tasks. Team player with a positive attitude. Achieve high-quality results and positive patient outcomes. Establish, cultivate, and manage productive relationships.

- | <u>CORE COMPETENCIES</u> | | |
|--------------------------|-----------------------------|---------------------|
| • Clinical Nursing | • Patient Support | • Emergency Care |
| • Patient Assessment | • Medication Administration | • Treatment Plans |
| • Administrative Support | • Physical Exams | • Documentation |
| • Health Education | • Regulatory Compliance | • Quality Assurance |

PROFESSIONAL EXPERIENCE

MEMORIAL HOUSTON SURGERY CENTER, HOUSTON, TX, OCT 2021 TO PRESENT

PRE ADMISSION TESTING NURSE

- Contribute professional and attentive care to patients, including conducting physical assessment interviews, assisting with exams and treatment, providing patient education, and maintaining medical records.
- Consult effectively with patients to deliver appropriate care based on individual patient needs.
- Organize treatment plans in collaboration with an interdisciplinary team in order to administer appropriate clinical decisions in the delivery of patient care.
- Liaise with the healthcare team to attain positive outcomes based on data, research, evidence, and professional standards of care while adhering to all relevant regulatory standards.
- Outline individualized treatment plans, develop and implement discharge as well as transfer plans.
- Engage actively in the systemic, interdisciplinary, and ongoing evaluation of programs and process improvement initiatives to achieve desired client-centered outcomes.

ASCENT EMERGENCY MEDICAL CENTER, HOUSTON, TX, JAN 2021 TO PRESENT

ER NURSE

- Compiled patient and resident data, made key observations, and reported all pertinent information related to the care of the patient or resident; documented vital updates, improvement in symptoms, and pain updates.
- Evaluated assigned patients in order to plan and implement appropriate care and treatment plans.
- Upheld the Standards of Practice for the Emergency Department (ED) and assisted with managing all assigned personnel, supplies, and equipment; directly supervised radiology techs, lab techs and ER techs.
- Assisted with initiatives to plan, measure, assess, and improve the overall quality of patient care.
- Administered routine triage assessment for patients presenting for treatment, in addition to basic procedures including venipunctures to obtain specimens as well as emergency interventions.
- Oversaw department operations and delegated tasks to additional personnel on an as needed basis.

THE LAKES OF TEXAS CITY, TEXAS CITY, TX, MARCH 2020 TO DEC 2020

COVID UNIT RN

- Partnered with physicians and healthcare teams to deliver exceptional patient care utilizing the established nursing process in order to provide a professional, high standard of care.

- Handled nursing assessments, assisted with exams and treatment, and provided patient education.
- Garnered patient and resident data, made observations, and reported pertinent information related to the care of the patient in addition to maintaining comprehensive and detailed medical records.
- Verified that all medications were administered and charted in line with unit policies and procedures.
- Processed and maintained all specimens and cultures as directed by set policies and procedures.
- Built rapport to support patients and residents requiring long-term or rehabilitation care.
- Supported various minor surgical procedures and service lines by providing direct assistance, including dressing changes, tracheostomy care, colostomy and ileostomy care and bag changes.

MEMORIAL HERMAN SOUTHWEST HOSPITAL, HOUSTON, TX, JULY 2019 TO PRESENT

OPERATING ROOM NURSE/CHARGE NURSE

- Serve as an Operating Room Circulating Nurse; work cross-functionally to contribute superior patient care, education, and maintenance of records.
- Prepare Operating Room while maintaining stringent quality standards and safety precautions.
- Certify all medications are administered and charted according to policies and procedures.
- Handle and process all specimens and cultures as directed by established policies and procedures.
- Participate in and complete the AORN Perioperative course to expand on skills and abilities.
- Aid medical providers in navigating various surgical procedures and service lines.
- Serve as Charge Nurse on shift. Informing staff of their duties and case load
- Recording every aspect of an operation, including the names and titles of those performing the surgery, the tools used, the amount of medications a patient received and how long the surgery took

SANDKNOP FAMILY PRACTICE, ROCKWALL, TX, JUNE 2017 TO MARCH 2019

MEDICAL ASSISTANT/NCT

- Navigated a busy, multi-provider family medical practice by assisting with patient care and office tasks.
- Prioritized efficient handling of administrative duties including answering phones, scheduling appointments, maintaining medical records, patient processing, as well as billing and insurance.
- Ensured that providers were able to be fully focused on the health needs and concerns of their patients.
- Recorded patient medical histories and vital signs and performed venipunctures, injections, diagnostic procedures, and tests such as EKGs, PFTs, chemistry analysis, hematology, urinalysis, and x-rays.
- Adhered to strict health and safety standards regarding the cleanliness, sanitation, and maintenance of all facilities, exam rooms, equipment and instruments to assist with sterile surgical procedures.

COLLEGE OF HEALTH PROFESSIONS, DALLAS, TX, SEP 2015 TO FEB 2017

MEDICAL ASSISTANT INSTRUCTOR

- Acted as a member of the education team by providing hands-on instruction opportunities to students.
- Outlined and facilitated comprehensive lesson plans including all required course materials.
- Guided and mentored students regarding core subject matter, utilizing various teaching methods including lectures as well as hands-on demonstrations.
- Evaluated student progress in order to adjust teaching approaches and identify areas for improvement.

EDUCATION AND CREDENTIALS

ASSOCIATE'S DEGREE IN NURSING, JAN 2019; Concorde College, Dallas, TX

MEDICAL ASSISTANT DIPLOMA, 2006; Remington College, Garland, TX

ADDITIONAL INFORMATION

Languages: English, Spanish