

Nneka Umeh

A family nurse practitioner dedicated to delivering quality patient care.

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Work Experience

Recovery Nurse

PACU - San Leandro, CA

September 2019 to Present

- Providing care for post-operative patients recovering from anesthesia, including general, spinal/epidural, monitored anesthesia care (MAC) and procedural
- Recovering patients in the following areas: general surgery, GYN, orthopedics, ophthalmology, urology, and plastics
- Managing airways, taking and recording patient's vitals after surgical procedures; post operative pain management and assessing surgical sites
- Assessing patient's readiness to be discharged home and communicating discharge instructions to patient and responsible adult

ICU RN

Kaiser Permanente - San Leandro, CA

January 2019 to Present

- Caring for medically unstable patients with illnesses such as COVID 19, severe sepsis, pneumonia, heart failure, shock, DKA, post MI and multi-organ failure
- Caring for mechanically ventilated patients and those status post pulmonary artery catheterization, performing intracranial pressure monitoring, and manually probing ARDS patients
- Caring for patients postoperatively and performing bedside procedures such as thoracentesis, paracentesis and bedside incision and drainages
- Ordering diagnostic tests, acting as a patient advocate, and providing compassionate care

PACU Nurse

CareRev

December 2016 to Present

PACU RN

University Surgery Center - Merced, CA

July 2018 to December 2018

- Recovered pediatric oral and maxillofacial surgical cases
- Performed patient assessment, review of history, and review of diagnostic studies for patients undergoing general surgery, orthopedic procedures/ total joint surgeries, pain procedures, gastric and ophthalmic cases, podiatry and more
- Provided care for post-operative patients recovering from anesthesia, including general, regional, and local

- Managed airways and recorded vital signs after surgical procedures; managed post-operative pain and surgical sites

Care Revolutions: Bay Surgery Center, Fremont Surgery Center, Greenbrae Special Plastics Recovery, Washington Outpatient Center and Hayes Valley Surgery Center

- Performing patient assessment, review of history, interpreting EKG rhythms, and review of diagnostic studies for patients undergoing anterior cervical discectomy and fusion, orthopedic procedures/ total joint surgeries, plastic cases, gastric cases, epidural steroid injections, and more
- Providing care for post-operative patients recovering from anesthesia, including general, regional, and local
- Managing airways, taking and recording patient's vitals after surgical procedures; manage post operative pain and surgical sites
- Assess patient's readiness to be discharged home and communicate discharge instructions

ICU RN

Dignity Health Merced - Merced, CA

November 2017 to December 2018

- Caring patients post cardiac catheterization using vascular closure devices such as the FemoStop, ClampEase, TR band while monitoring for retroperitoneal bleeding, possible hematomas and arrhythmias
- Caring for medically unstable patients with illnesses such as sepsis, pneumonia, heart failure, shock, DKA, post MI and multi-organ failure
- Caring for mechanically ventilated patients, pulmonary artery catheterization, intracranial pressure monitoring
- Ordering diagnostic tests, acting as a patient advocate, and providing compassionate care

Acute Nurse II

Medical Surgical - San Leandro, CA

October 2016 to November 2017

- Transfusing blood and blood products, enteral and parental feedings, and IV drips
- Monitoring patients on telemetry monitors for any significant changes, monitoring EKG rhythms and initiating orders as required
- Caring for patients with tracheostomies, colostomies, gastric tubes, etc.
- Monitoring labs, monitoring and interpreting cardiac rhythms, and performing both surgical and wound dressing changes

Pacu RN

Precision Surgery Center - Bakersfield, CA

July 2016 to December 2016

- Reviewed patient history, diagnostic tests, and completed tasks aligned with preparing the patients for surgery
- Performing post patient assessment for patients undergoing epidural steroid injections, joint blocks and spinal cord stimulation
- Providing care for post-operative patients recovering from anesthesia, including general and local

Acute Nurse II

Medical Surgical/Telemetry/ Oncology

April 2016 to October 2016

Dialysis Nurse, Acute Care

Mercy Hospital Downtown - Bakersfield, CA

September 2015 to August 2016

Bakersfield, CA

- Transfused blood and blood products, enteral and parental feedings, and chemotherapy to patients a hospital with over 100 beds
- Placed IVs, completed lab draws, monitored continuous bladder irrigation and inserted nasogastric tubes
- Monitored labs, monitored and interpreted cardiac rhythms, and performed both surgical and wound dressing changes

Dialysis Nurse, Acute Care 9/2015 - 8/2016

DaVita Healthcare Partners, Inc.: Bay Area, CA

- Administered dialysis treatments and educated patients about their disease in several hospitals in the Bay Area with over 150 beds such as Eden Hospital, Washington Hospital, St. Rose Hospital, etc.
- Monitored patient vital signs, administered IV antibiotics, and monitored labs results
- Administered medications and performed patient assessments

Education

Master of Science in Nursing

United States University - San Diego, CA

April 2019 to July 2021

BSN

Marymount University

May 2015

Bachelor of Science in Nursing

University of California - Davis, CA

March 2013

Nursing Licenses

RN

State: CA

CNP

State: CA

CNP

Expires: February 2027

State: CA

Skills

- Tube Feeding

- Dialysis Experience
- ICU Experience
- EMR Systems
- Medication Administration
- Pain Management
- Acute Care
- Nursing Experience
- Critical Care Experience
- Epic
- Cerner
- Employee Orientation
- Nurse Management
- Vital Signs
- Experience Administering Injections
- Supervising Experience
- Hospital Experience
- Primary Care Experience
- Ophthalmology Experience
- Microsoft Outlook
- Care plans
- Communication skills
- Microsoft Excel

Certifications and Licenses

ACLS

PALS

BLS for Healthcare Providers

Family Nurse Practitioner

February 2022 to Present

CPR Certification