

Amanda Kessler

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Authorized to work in the US for any employer

Work Experience

Staff Nurse, Operating Room

Saint Louis University Hospital - St. Louis, MO

September 2021 to Present

- Level One Trauma experience at a teaching hospital with multiple specialties including Vascular, Orthopedics, ENT, General Surgery, Urology, DaVinci robot surgeries, Transplant, Endoscopic surgeries, Plastic surgery, and Neurology.
- Maintaining sterility and advocating for patient safety throughout the peri operative process.
- Collaborating with multiple surgeons, residents, medical students, and ancillary staff in order to achieve the best patient outcomes.

Staff Nurse

HSHS St Elizabeth's Hospital - O'Fallon, IL

July 2020 to January 2022

- Providing couplet care for new moms and babies.
- Caring for babies requiring Level 2 Nursery care including IV fluids and antibiotics, blood glucose management, treatment for hyperbilirubinemia, and supplemental oxygenation.
- Attending deliveries in order to assess and care for newborns.
- Providing education to new parents to ensure smooth transition to home environment.

Clinic Nurse

SSM Spine and Pain Management - Jefferson City, MO

October 2018 to February 2020

- > Managing complex pain patients in an outpatient setting.
- > Assisting Pain Management physician directly with outpatient procedures performed under ultrasound and fluoroscopy, including epidural steroid injections, joint injections, nerve blocks, and trigger point injections.
- > Obtaining medical history, educating patients before and after procedures, responding to medication requests, and triaging patients by phone.
- > Assisting Spine Clinic with initial consultations and post-op visits following minimally invasive spine surgeries.

Staff Nurse, Weekend Charge Nurse

SSM Health St Mary's Hospital - Jefferson City, MO

April 2016 to October 2018

Working together with physicians and multidisciplinary team to optimize treatment and efficiency, evaluate progress towards goals, and identify additional needs.

- Acting as a patient advocate; communicating patient needs and goals and providing education throughout the treatment process and accommodating patient individual requests.
- Leading staff by acting as Charge Nurse on weekends; prioritizing resources and staffing, resolving patient complaints, as well as supervising and assisting all staff on the unit.
- Monitoring acutely ill patients on a Telemetry floor; caring for patients before and after interventions including cardiothoracic surgery and cardiac catheterization. Assessing and treating individuals before and after heart attacks and strokes.

Staff Nurse

SSM Health St Mary's Hospital - St. Louis, MO
February 2014 to November 2015

Provided primary care for a high-risk obstetric population with conditions including pregnancy induced hypertension, severe preeclampsia, preterm labor, premature rupture of membranes, placenta previa, and inpatient management of uncontrolled diabetes in pregnancy.

- Implemented treatment protocols and evaluating patient responses, including continuous fetal monitoring and administration of high risk medications.
- Cared for additional patient populations including postpartum, fetal demise, gynecological surgery, and post-op fetal surgery.
- Promoted patient education and communication with the medical team within a teaching hospital environment.

Staff Nurse

SSM Health Cardinal Glennon Children's Hospital - St. Louis, MO
October 2011 to February 2014

Delivered care across multiple patient categories, including hematology, oncology, bone marrow transplant, orthopedic, and medical-surgical.

- Provided primary care for patients with complex disease processes, including participation in case management, ongoing evaluation across the continuum of care, coordination of resources, and discharge planning.
- Administered high risk medications, including chemotherapy, IVIG, coagulants, and blood products.
- Participated in procedures, including bone marrow biopsies with conscious sedation.
- Daisy Award recipient for outstanding nursing March 2012.

Staff Nurse

Barnes Jewish Hospital - St. Louis, MO
June 2010 to October 2011

Coordinated care for multiple patients; administered medications, performed assessments, obtained specimens, interpreted lab results, provided patient education, implemented nursing judgments regarding patient care.

- Utilized computer programs in order to chart assessments and retrieve information.
- Collaborated with physicians in order to provide superior patient care.
- Great Catch Award 2011 recipient for preventing medication errors.

Student Nurse Tech

Barnes Jewish Hospital - St. Louis, MO
July 2009 to June 2010

Provided direct care to up to 13 patients at a time in a critical care setting, including, bathing, changing, bed-making, Accu checks, Ph testing, EKGs, specimen collection, and charting.

- Collaborated with nurses to ensure prompt patient care and delegated responsibilities in order to obtain maximum patient satisfaction and safety.
- Performed maintenance checks on Accu check machines, AED, and crash cart equipment.

Education

Associate of Applied Science in Nursing Education

Southwestern Illinois College - Belleville, IL

May 2010

Bachelor of Science in Psychology

Southern Illinois University Edwardsville - Edwardsville, IL

May 2002

Nursing Licenses

RN

Expires: April 2023

State: MO

RN

Expires: April 2024

State: IL

Skills

- Staff Nurse
- RN
- Hospital
- Med Surg
- Pain Management
- Medication Administration
- EMR Systems
- Experience Administering Injections
- Infant Care
- Supervising Experience
- Patient Care
- Phlebotomy
- Vital Signs
- Venipuncture
- Epic
- Medical Office Experience
- Anatomy Knowledge

- Care plans
- Nursing
- Discharge planning

Awards

Daisy Award

October 2011

Certifications and Licenses

BLS for Healthcare Providers

ACLS

BLS, ACLS

CPR Certification