

Tammie Sims-Russell

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- Received Star Award for patient satisfaction due to proven ability to create meaningful patient relationships, balancing technical medical responsibilities within fast-paced ICU environments with obligations to patients and families throughout duration of stay. (as ICU Nurse, Kaiser Permanente)
- Provided successful and comprehensive training for nursing staff on use of patient restraints. (as Stepdown Nurse, Kaiser Permanente)
- Received accolades from corporate leadership team for quality of patient care and customer satisfaction under care. (as Stepdown Nurse, Kaiser Permanente)
- Built powerful reputation for delivering attentive and exemplary patient care, collaborating with doctors to identify optimal treatment plans while managing patient comfort and wellbeing.

* Patient Advocacy: Leverages advanced understanding of patient needs and conditions to advocate for optimal course of medical treatment with physicians, ensuring highest standard of patient care within the ICU.

TAMMIE SIMS-RUSSELL 248-979-6373 tammie.simsbrooks@gmail.com

Authorized to work in the US for any employer

Work Experience

ICU Nurse

Kaiser Permanente - San Francisco, CA

August 2016 to Present

Managing hemodynamically compromised patients in a fast paced setting. Collaborating with the care team verbally and written to deliver the highest standards of care. Additional information is available with the resume.

Stepdown Nurse

Kaiser Permanente - Walnut Creek, CA

October 2012 to October 2016

ICU Nurse

Kaiser Permanente - Modesto, CA

September 2011 to October 2012

Nurse Finders Staffing

Home Healthcare - Indianapolis, IN

February 2011 to September 2011

ICU Nurse

Community N. Hospital - Indianapolis, IN

December 2008 to October 2010

ICU Nurse

Community N. Hospital - Indianapolis, IN
January 2009 to December 2009

ICU Nurse

Rex Hospital - Raleigh, NC
May 2007 to June 2008

ICU Nurse

Wakemed - Raleigh, NC
January 2007 to September 2007

ICU Nurse

NW Hospital Center - Randallstown, MD
January 2004 to December 2006

ICU Nurse

Virginia Hospital Center - Arlington, VA
April 2003 to December 2003

ICU Nurse

Inova Alexandria Hospital - Alexandria, VA
January 2003 to March 2003

Medical/Surgical Nurse

Inova Alexandria Hospital - Alexandria, VA
December 2001 to January 2003

Education

College Degree in WCO Nursing Education Program

Emory University
January 2018 to May 2019

BS in Nursing

Marymount University
2002

BS in Psychology

Eastern Michigan University
1999

Nursing Licenses

RN

Expires: April 2021

State: CA

RN

Expires: April 2023

State: CA

Skills

- Routine Care: Administers PO, IM, IV and emergency cardiac medications. Cares for invasive central lines, NG/feeding tubes and Foley's catheters, and performs blood transfusions and chronic and acute wound care. Manages and monitors labs results, schedules and orders treatments, maintains records, and communicates with the care team. Manages vasoactive drips, ventilators. Conscious sedation and recovery of patients postoperative.
- Care Planning: Determines plan of care based on expert analysis of patient condition and outlook, evaluates need for medical equipment, supplementary care facility potential, and supports infrastructure recommendations for clients living with ongoing medical concerns. Creates reports and recommendations for insurance companies.
- Patient Relationship Management: Dedicates additional time to engaging with patients and families to build trust and provide support while gaining an in-depth understanding of unique patient needs and requests. Ensures timely response to patient requests while building a positive patient experience despite adverse medical states.
- Nursing Relief: Acts as relief nurse, ensuring thorough coverage and scheduling of breaks for all nurses. Intervenes to support nurses struggling with aspects of the jobs, provides resources and break time to ensure capability of personnel to perform at highest levels throughout 12-hour shifts.
- Baseline Health Assessment: Analyses patient health to determine individual baseline to understand "normal" condition per-patient, allowing for rapid recognition of changes in state or deterioration.
- ICU Priority Management: Provides nursing support in high-intensity ICU environment. Applies advanced knowledge and critical thinking to manage resources, bed allocation, patient flow, and critical trauma care. Provides care in high-stakes situations to stabilize patients and facilitate transfers to sub-acute units.
- Physical Assessment: Expedites intake and ensures ongoing quality and accuracy of care through critical assessment of medical symptoms and indicators including blood work, external wounds, level of consciousness, vital signs.
- Patient Needs: Tends to ongoing patient needs including medical treatment and personal comfort, creating an atmosphere of comfort and security to promote positive treatment outcomes.
- Critical Care Experience
- EMR Systems
- Epic
- Laboratory Experience
- Medication Administration
- Hospital Experience
- Cerner
- Phlebotomy
- Medical Records
- Experience Administering Injections
- ICU experience
- Care plans
- Writing skills
- Nursing

Certifications and Licenses

BLS Certification

ACLS Certification

CCRN

May 2021 to May 2023

CWOCN

October 2020 to May 2024

CPR Certification

AED Certification

PALS Certification

Compact State Nurse License