

Sarah Kovitz

Please feel free to review my page on LinkedIn or contact me for more information.

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Current valid RN licenses in Illinois, Texas, and Florida.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

Registered Nurse MICU

Mount Sinai Health System - Chicago, IL

December 2021 to Present

Maxim Healthcare Contract Position

As an ICU RN I am able to:

- Demonstrate key behaviors in the areas of care delivery, leadership, collaboration, and professional growth.
- In dealing with critically ill patients I expertly assess status, identify problems, develop and implement a plan of care through the delivery and delegation of care to other members of the healthcare team, and evaluate care delivery.
- My goal is to promote patient/family education and involve the patient/family and other members of the health care team in planning and implementation to meet expected healthcare outcomes.
- The care I give is delivered viewing the person as a whole being, including but not limited to physiological, psychological and spiritual aspects.
- Consideration of the individual's age, developmental level, learning ability, health status and belief system are integral in care delivery.
- My leadership skills have been developed to influence individuals or groups to accomplish goals through guiding, directing, teaching, coaching and motivating others.
- Communication and collaboration with patients, families, physicians and other health care professionals/disciplines is essential in delivering care and I have been able to effectively work on this skill which has helped my patients achieve positive outcomes.
- Professional growth is essential in providing quality care, as the RN shares knowledge, gains knowledge and contributes to knowledge through participation in formal and informal continuing education programs and research.
- Now starting to train as charge nurse as of May 2022.

Registered Nurse (RN)

The University of Chicago Medicine Ingalls Memorial - Chicago, IL

October 2021 to December 2021

Float Pool Nurse Duties:

- Provides care for a wide variety of critically ill patients with common diagnosis which includes COVID-19 pneumonia, sepsis, hemodynamic instability, COPD exacerbation, acute respiratory failure requiring

mechanical ventilation, liver failure, GI Bleed, renal failure, pulmonary hypertension, multisystem organ failure

- Provides care for a variety of critically ill post-surgical patients such as trauma, peripheral vascular, thoracic, general surgery, ENT,
- Evidence Based Interventions - Participates in the collection of data to support unit based quality, initiative, research and evidence based activities.
- Relationship and Caring - Establishes a caring, therapeutic relationship with patients and families through effective communication, acknowledgement of patient/family perceptions of health and illness and mutual goal setting of optimal outcomes.
- Critical Thinking - Utilizes competent assessment skills to holistically evaluate the physical and psychosocial needs of the patients and families.
- Technical Expertise - Demonstrates consistent safe and effective use of medical devices in the delivery of patient care.
- Leadership - Demonstrates the ability to provide education to staff and students on the unit.

RN Staff Nurse MICU Level II

Weiss Memorial Hospital - Chicago, IL
August 2021 to October 2021

Maxim Healthcare Contract Position:
Ventilator Management
Shared governance projects

Independently provide safe, effective, and compassionate nursing care for a patient population on a specific unit

Utilize the nursing process in planning, implementing, and evaluating the patient plan of care

Guide and direct assigned unlicensed assistive personnel in delivering interdisciplinary patient care
Communicate and collaborate with members of the healthcare team to ensure optimal patient outcomes and continuity of care

Positively contributing to safety outcomes and promoting high quality patient experience

Patient Care Technician (PCT)

Rush University Medical Center (Neuroscience ICU) - Chicago, IL
January 2021 to June 2021

Neuro ICU:

Assist nurses with bed bath

Assist patients with feeding when indicated

Assist RN to transport patient to CT/MRI

Admission room set up

Quality Control daily checks glucometers

Maintain cleanliness of patient rooms, nurses stations, and hallways

Stock linen cabinets in patient rooms

External urine collection device application and maintenance when indicated

Assist with bladder scanning

Assist RN with patient turning schedule Q2h

Certified Medical Assistant (CMA)

Rush University Medical Center- Hematology/Oncology Infusion Clinic - Chicago, IL
November 2017 to January 2021

- Assist with onboarding newly employed medical assistants

- Assist MD, PA, NP RN as per medical assistant scope of practice
- Oversees clinic flow of busy triage/urgent care area
- Perform sterile dressing changes for Hickman/PICC Line/Apheresis Ports
- Perform EKGs
- Perform monthly POC testing
- Phlebotomy
- Review lab orders as indicated by the treatment plan
- Input lab orders as requested by MD or RN
- Input Medicare Reimbursement Quality Measures to patient record (Distress Screenings)
- Oversee expiring or broken equipment
- Oversee expiring clinic supplies
- Maintain cleanliness and organization of all clinic supplies (7 supply carts and 3 supply closets)

Certified Medical Assistant

Neuroversion, Inc. (Pain Management) - Anchorage, AK
June 2016 to June 2017

Job responsibilities:

- Scribing
- Obtain prior authorizations for in office procedures and surgeries
- Review patient's insurance eligibility and referrals
- Schedule and coordinate approved procedures with OR, MD, and Patient
- Schedule follow up appointments
- Write letters of medical necessity to insurance companies as needed
- Set up for fluoroscopic and ultrasound procedures
- Set up for IV Infusions
- Assist with clinic flow as needed
- Triage patient phone calls
- Observe patients during sedation procedures -Make next day follow up phone calls after sedation procedures and surgeries

Certified Medical Assistant

Rush University Medical Center (Pain Management) - Chicago, IL
October 2013 to April 2016

Responsibilities

- Oversee patient flow of clinic
- Set up and assist with in office procedures
- Triage nurse related phone calls
- Contact insurance companies for pre determination/prior authorization for surgical procedures, medication, and MRI/CT scan
- Order clinic supplies
- Clean and stock exam rooms
- Draw medications for procedures as directed by MD
- Assist MDS and Residents with controlled medication prescriptions and refills

Skills Used

1 year experience working with eClinical Works

Externship

North Star Medical - Chicago, IL

April 2013 to May 2013

Skills Performed:

Phlebotomy, Vital Signs, IV administration, Im SubQ and ID Injections, Room Prep, EKG and spirometry testing, Surgical Asepsis, Medical Asepsis, Front Desk Management, Filing Patient Charts, CPT, ICD 9, Physicians Desk Reference, CPR

Home Health Aide

Home Instead Senior Care - Northbrook, IL

March 2012 to April 2013

- Alzheimer's care
- Meal preparation
- Light housekeeping
- Ambulation assistance
- Hospice care
- Medication reminders
- Bathing/hygiene assistance

Volunteer

Northwestern Memorial Hospital - Chicago, IL

August 2012 to December 2012

Same Day Surgery

- Prep rooms for patient arrival
- Stock room supplies for both Pre-Op and Post-Op
- Escort patients safely upon discharge from Post-Op unit
- Inform PCTs of needed unit supplies
- Refill blanket warmers
- Answer call lights
- Precept new volunteers

Pediatrics (CMA shadowing)

- Retrieve patient chart and escort patients to exam room
- Obtain vital signs
- Measure patient height and weight
- Observe medical assistants as they get vaccinations ready
- Observe blood draw/vaccination injections
- Observe medical assistant in charting and filing vaccination records
- Exam room prep between patients
- Observe medical assistant in scheduling office visits

Unit Secretary

NorthShore University Health System - Highland Park, IL

April 2008 to May 2011

- Answer phone calls
- Page physicians
- Answer call lights
- File patient charts electronically

-Enter unit charges in EPIC

Patient Care Technician

NorthShore University Health System - Glenview, IL

- Glucose tests
- Placement and maintain telemetry monitors
- Perform EKGs
- Prevent patient falls
- Assist the nurse with obtaining lab specimens
- Measure patient intake and output
- Assist in patient ambulation
- Assist in patient bathing/hygiene

Education

Bachelor of Science in Nursing

University of Illinois at Chicago - Chicago, IL

June 2022 to Present

Associate in A.A.S. Nursing (GPA 3.6)

City Colleges of Chicago-Malcolm X College - Chicago, IL

August 2019 to May 2021

Associate in General Studies (High Honors GPA 3.83)

City Colleges of Chicago-Malcolm X College - Chicago, IL

August 2015 to December 2018

Diploma in Medical Assistant (Dean's List)

Everest College - Skokie, IL

2012 to 2013

Associates Degree in Liberal Arts

Oakton Community College - Des Plaines, IL

2009 to 2011

Certificate in Certified Nursing Assistant

Oakton Community College - Des Plaines, IL

2009 to 2009

Nursing Licenses

RN

Expires: May 2024

State: IL

RN

Expires: May 2024

State: FL

RN

Expires: May 2023

State: TX

Skills

- Epic software (6 years)
- Allscript software (1 year)
- eClinical Works software (2 years)
- Phlebotomy (5 years)
- IV Therapy (4 years)
- Administration of intramuscular, subcutaneous, and intradermal injections. (7 years)
- Procedural room/tray preparations (10+ years)
- Medical Terminology (10+ years)
- Medical/Surgical Asepsis Practice (6 years)
- Prior Authorization Specialist (5 years)
- Customer Service (10+ years)
- Electronic Medical Records (10+ years)
- HIPAA Compliance (10+ years)
- Basic Life Support (8 years)
- Medical Office Procedures (8 years)
- Medical Scribe (1 year)
- Spinal Cord Stimulator Experience (4 years)
- Intrathecal Drug Delivery System Experience (4 years)
- Ketamine Infusion Experience (4 years)
- Patient Scheduling (4 years)
- Controlled Prescription Preparation (5 years)
- Dispensing DME (4 years)
- Ordering, stocking, and inventory of medical supplies (8 years)
- CMA (7 years)
- EKG (8 years)
- Patient Care
- Scheduling
- Epic
- Sterile Dressing Changes for Hickman/PICC Line/Apheresis Ports (3 years)
- Venipuncture
- CPR Certified
- Caregiving
- Pain Management (3 years)
- Nursing

- Home Care
- Critical Care Experience
- ICU experience (1 year)

Languages

- English - Expert
- Spanish - Intermediate

Awards

Dean's List

March 2021

Malcolm X College Nursing Program

Certifications and Licenses

Certified Medical Assistant (AAMA)

November 2013 to November 2023

Recertification granted 11/26/2018.

BLS for Healthcare Providers (CPR and AED)

March 2021 to March 2023

American Heart Association

Certified Nursing Assistant (CNA)

Advanced Cardiovascular Life Support (ACLS)

March 2021 to March 2023

American Heart Association

Midline Placement Certification

August 2022 to Present

PICC Excellence Certified

Assessments

Nursing Aide Skills — Expert

March 2019

Measures a candidate's ability to provide nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: [Expert](#)

Clinical judgment — Proficient

May 2021

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Proficient](#)

Electronic health records: Best practices — Expert

March 2019

Measures a candidate's knowledge of EMR data and associated privacy regulations, as well as best practices for EMR use.

Full results: [Expert](#)

Patient-focused care — Highly Proficient

May 2021

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: [Highly Proficient](#)

Home health aide skills — Expert

May 2021

Providing care to patients in a home setting

Full results: [Expert](#)

Medical terminology — Proficient

May 2021

Understanding and using medical terminology

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Groups

Phi Theta Kappa

October 2017 to Present

Member of the Community College Honor Society for achievement of academic excellence.

CMA Committee Member at Rush University Medical Center

May 2019 to November 2020

Additional Information

IDPH Certified Nurse Assistant

3 letters of recommendation

Completion of Boston Scientific Spinal Cord Stimulator Training Course (2day course)