• Boston, MA 02118 • (518) 688-7612 • mackenziejfrye@gmail.com

Professional Summary

Dedicated Cardiovascular ICU RN with 1 year and 3 months of experience at Level 1 trauma centers who worked directly with both critically ill medical and surgical patients. Cared for patients enduring heart failure, cardiogenic shock, dissections, aneurysms and those post-operatively from procedures including CABG, valve replacement and repair, heart transplant, LVAD insertion and many other types. Excited to further grow within the nursing world through diverse roles that both challenge and excite me.

Skills

- Professional, positive bedside manner
- Patient driven care
- Confidence in patient code situations
- Precepted nursing students and new-grad LPN
- CVVHD/CRRT
- Inotropic/vasoactive drip medications
- Heartmate II and III

Professional Experience

Registered Nurse, 07/2022 to Current

Boston Private Nursing - Boston, MA

- Act as a private, home care nurse for clients in multiple different situations in life. Including hospice, dementia patients, post-surgical patients, short term care, long term care and others
- Visit patient home to administer medications, perform dressing changes or other tasks that the patient may not be able to do on their own
- Work closely with the patient's multi-disciplinary team in making sure that the patient has the best care experience

Registered Nurse, Cardiac Surgical ICU, 05/2022 to 07/2022

Massachusetts General Hospital – Boston, MA

- Admitted sedated, intubated cardiac surgical patients directly from operating room
- Worked closely with external pacemakers
- Titrated and weaned both vasoactive and inotropic medications on a daily basis
- Monitored patient hemodynamic status closely through use of bolus Swan-Ganz catheters, arterial lines and other continuous vitals
- Managed chest tubes, foley catheters, central lines, Swan-Ganz catheters and arterial lines
- Directly managed NxStage CVVH machine

Registered Nurse, CVICU, 04/2021 to 05/2022

Strong Memorial Hospital – Rochester, NY

- Admitted sedated, intubated cardiac surgical patients directly from operating room
- Worked closely with cardiac devices such as LVAD, Impella, IABP, ECMO and both internal/external pacemakers
- Titrated and weaned both vasoactive and inotropic medications on a daily basis
- Monitored patient hemodynamic status closely through use of continuous and bolus Swan-Ganz catheters, arterial lines and other continuous vitals
- Managed chest tubes, foley catheters, central lines, Swan-Ganz catheters and arterial lines
- Directly managed Prismaflex CRRT machine, including both citrate and non-citrate therapies
- Developed patient specific care plan daily alongside intensivists, fellows, APPs, pharmacists and surgeons
- Assisted providers in bedside central line insertion, chest tube insertion and removal, intubation and emergent ECMO placement

Education

Bachelor of Science: Nursing, 12/2020 University of Rochester - Rochester, NY

Bachelor of Science: Biomedical Sciences, 12/2019 Rochester Institute of Technology - Rochester, NY

Certifications

- RN Licensure, MA, NY
- ACLS, BLS

- Impella
- Intra-aortic Balloon Pump (IABP)
- Management of patient on ECMO
- EKG analysis
- Tracheostomy care
- Intubation weaning procedures
- EPIC Charting System