

Mary Ndirangu

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To obtain a challenging and rewarding Nursing position at a progressive healthcare institution where I am able to fully utilize my skills and knowledge to help colleagues and patients alike.

Willing to relocate: Anywhere

Work Experience

RN Staff Nurse

Dallas Regional Medical Center - Dallas, TX

March 2022 to Present

Telemetry / Medical surgical RN staff nurse

Monitoring, interpreting, and recording data from specialized medical technologies and equipment.

Administering medications and performing treatment interventions in consultation with healthcare specialists.

Maintaining and updating charts, patient medical records.

Cardiac monitoring I.V drug administrations, watching rhythms and report and act and intervene accordingly.

LVN - Charge Nurse

Le Reve Rehabilitation and Memory Care - Dallas, TX

July 2020 to December 2021

Responsible for maintaining the physicians plan of care, directed patient care, assessed for changes in status, oversaw CNA's to ensure that all patient needs are met as well as provided behavioral/emotional support and supervision for patients with Dementia and Alzheimer's.

Clinical Coordinator

Texas Health Resource Presbyterian Village North

April 2017 to March 2021

Key Responsibilities

- Discuss cases with multi-disciplinary teams to prepare comprehensive patient care plans.
- Counsel patients and their families on health and prevention issues
- Direct case management and review prescription medications with patients and suggest changes in care based on feedback
- Alleviate pressure caused by staffing shortages
- Nurse on call, oversee all nursing functions/activities, in addition to managing a staff of 40 including RNs, LVNs, CNAs.
- Continually assess, evaluate and determine the proper course of treatment for patients as well as charting patient progress.
- Monitor psychotropic behavior sheets and make recommendations as needed
- Recruit, hire, train, coach and evaluate departmental staff

- Care plans

Key Accomplishment: Promoted to clinical coordinator after working 2 years as a charge nurse.

RN - Nurse

Krarus Home Health

April 2011 to December 2020

Key Responsibilities

- Wound Dressing & Care, Ventilator & Tracheostomy Suctioning/Care, G-Tube Feedings & Care, Respiratory Treatments & Assessments, IV Therapy, Patient Bathing & Hygiene Assistance, Glucose Checks & Blood Pressure Monitoring and Rehabilitation Therapy.
- Provide home-healthcare services to pediatric, adult and elderly patients diagnosed with chronic/terminal conditions, convalescing from surgical procedures or recovering from serious illnesses and injuries.
- Follow rehabilitation and treatment plans to accelerate patient recovery; minimize pain, discomfort, infections and complications; and optimize patient outcomes.
- Assess, monitor and document patient progress, symptoms and vital signs on each visit.
- Educate clients and their families on the safe treatment of injuries, illnesses and conditions.

Key Accomplishment: Promoted to RN-Nurse after the successful completion of my course work.

LVN - Charge Nurse

Christian Care Center

January 2011 to December 2017

- Medication Administration, G-Tube Feedings and Care, Foley/catheter Care and Insertion, Blood sugar Check and Insulin Injection, Wound Care, Suctioning, Assessment and Documentation, ADL, etc.
- Develop care plans, and supervised the care provided by nursing assistants and aides
- Keep records, and perform other clerical duties
- Respond to emergency situations based upon nursing standards
- Maintain an understanding of current regulatory requirements
- Take vital signs such as temperature, blood pressure, pulse and respiration.
- Prepare and given injections and enemas, applied dressing.
- Observe patients and report reactions to medications.

Education

Bachelor of Science in Nursing

Siena College of Health - Lauderhill, FL

September 2017 to December 2018

Associate in Science

Life Institute - Mesquite, TX

September 2016 to October 2017

Nursing Licenses

RN

Skills

- 19 years of experience working as a nurse in both healthcare and home health settings, in which 4 years is supervisory experience. (10+ years)
- Strong interpersonal communication skills with both patients and other members of a healthcare team.
- Fast and effective assessment of a patient's current condition and nursing care plan needs.
- Rapid recognition of and response to changes in a patient's condition, concerns with their recovery or a decline in their current condition
- Experience using multiple medical record and electronic medical record management systems along with the ability to quickly adapt to new or updated electronic systems.
- Proven ability to carry out all aspects of a nursing care plan, including the management of patient medications and the performance of specialized nursing procedures
- Alzheimer's Care
- Medication Administration
- Tube Feeding
- Dementia Care
- Catheter Care
- Laboratory Experience
- Home Care
- Transcription
- Vital Signs
- Caregiving
- EMR Systems
- Infection Control Training
- Hospital Experience
- Hospice Care
- Experience Administering Injections

Certifications and Licenses

BLS Certification

LVN

February 2003 to Present

RN

May 2018 to Present

CPR Certification

Compact State Nurse License

Additional Information

ACLS