

JAMIE -LEE LIGHTBODY

PROFESSIONAL SUMMARY

Compassionate and dedicated professional Registered Nurse with years of direct patient care experience coupled with superior skill and team leadership.

SKILLS

- Teamwork
- Detail-oriented
- Computer skills
- Customer Service
- Phlebotomy
- Leadership
- Excellent work ethic
- CPR BLS
- Epic and McKesson

WORK HISTORY

REGISTERED NURSE, INTERMEDIATE MEDICAL CARE UNIT 07/2021 to Current
Brigham's & Women's Hospital, Boston, MA

- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Managed care from admission to discharge.
- Provided direct patient care, stabilized patients and determined next course of action.
- Educated patients and families on medical-surgical procedures, therapeutic regimens and pain management techniques.
- Use of Epic to document patient plan of care by taking into account nursing interventions, diagnosis and expected patient outcomes.
- Managed patients' pain by implementing pharmacological and non-pharmacological pain management interventions.
- Educated patients and families on illnesses, medications and treatment plans.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Managed quality care for patients with heart failure, end-stage renal disease and coronary artery disease.
- Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities.
- Knowledge of telemetry, drips, PD, patients with sickle cell disease, cystic fibrosis, and patients with multiple medical problems as well as social and psychiatric concerns preferred
- Care of Cf Patients, Trach patients , peg care, medication drips such as heparin and dilt, blood transfusions, IVIG, care of covid patients .

REGISTERED NURSE 06/2021 to Current
Nursing On Demand, Belmont, MA

- Administered medications and tracked behaviors
- Maintained clean, safe and well-organized patient environment.
- Established nutritious meal plans and prepared daily offerings to meet patient dietary

- needs.
- Offered companionship and kindness to elderly patients.
- Documented residents' behavior in terms of mental status, sleeping and eating patterns in medical record books.
- Monitored clients' overall health and well-being and noted any significant changes.
- Administered medications to patients and monitored response to medications.
- Coordinated day-to-day clinic activities, including assignment of duties to experienced staff and orientation and training of less experienced clinic staff in specific clinic operations and procedures.
- Verified, updated and communicated patient history prior to clinic appointments and procedures with providers.

COVID-19 TESTER 10/2020 to 08/2021

Cataldo Ambulance, Malden, MA

- Performed nasal swab and rapid antibody testing via blood droplet collection.
- Oversaw in-person and curbside patient registration and processing.
- Collected and treated patient samples to test for COVID-19 infection.
- Documented novel coronavirus screening assessments.
- Processed positive and negative test responses according to established protocols and reporting requirements.
- Maintained clean, safe and well-organized patient environment.
- Led teams in driving successful patient outcomes by prioritizing standard of care and best practices.
- Followed all personal and health data procedures to effectively comply with HIPAA laws and prevent information breaches.

LPN COVID 19 VACCINATOR 12/2020 to 05/2021

BullFinch Temp BWH, Boston, MA

- Recorded patients' health histories
- Remained knowledgeable in CPT and ICD-10 coding principles, government regulations and third-party billing rules.
- Reviewed patient files and records, including allergies, problems, medications and immunization statuses.
- Met with patients to discuss medical histories and current complaints.
- Observed and recorded patients' responses to therapies and exercises to report to practitioners and recommend adjustments to treatment plans.
- Used epic software to chart patients' progress and update departmental records with data according to healthcare documentation regulation.

LPN FLU CLINIC 09/2019 to 11/2019

Compunnel Staffing, Woburn, MA

- Administered vaccinations via intramuscular injection and completed proper documentation.
- Completed screening questions with patients following CDC guidelines.
- Documented patient care accurately and concisely in [System](#)
- Reviewed patient files and records, including allergies, problems, medications and immunization statuses.
- Remained knowledgeable in CPT and ICD-10 coding principles, government regulations and third-party billing rules.

LPN, PRIVATE DUTY 06/2018 to 01/2019

All Care Home Health Inc., Lynn , MA

- Educated patients and families regarding disease processes, interventions and lifestyle changes.
- Used Mckesson software to assess, monitor and document patient progress, symptoms and vital signs, reporting any concerns to assigned doctor.
- Promoted patient and family comfort during challenging recoveries to enhance healing and eliminate non-compliance problems.
- Evaluated patient histories, complaints and current symptoms.
- Educated patients and answered questions about health condition, prognosis and treatment.
- Administered medications to patients and monitored response
- Adhered to strict safety measures by carefully determining proper dosages before administering
- Accurately documented all elements of nursing assessment
- Observed and documented patient factors such as diets, physical activity levels and behaviors to understand conditions and effectively modify treatment plans.
- Managed patients recovering from medical or surgical procedures, including facilitating wound care, ostomy care, pressure ulcer prevention and pain management.

LPN 05/2016 to 06/2018

Brigham's & Women's Hospital, Boston, MA

- Evaluated patient histories, complaints and current symptoms.
- Administer Injections and medications to patients such as denosomub ,thyrogen , cortisol,insulin Provide Patient teaching of endocrinology system for adrenal insufficiency, forteo, prolia
- Flu injections
- Phlebotomy
- Cort Stim testing
- Prior authorizations for insurance benefits
- Participated in education activities, including evidence-based practice project implementation, nursing competency development and nursing simulation activities.
- Vaccinated patients to protect individuals from measles pneumonia, influenza and other illnesses of concern.
- Used first-hand knowledge and clinical expertise to advocate for patients under care and enacted prescribed treatment strategies.
- Equipped patients with tools and knowledge needed for speedy and sustained recovery.
- Implemented care plans for patient treatment after assessing physician medical regimens.
- Promoted patient and family comfort during challenging recoveries to enhance healing and eliminate non-compliance problems.
- Reported patients' status and delegated nurse assignments to achieve optimal outcomes.
- Educated patients and answered questions about health condition, prognosis and treatment.
- Adhered to strict safety measures by carefully determining proper dosages before administering medications.

LPN 10/2015 to 05/2016

Blueberry Hill Rehabilitation And Healthcare Center, Beverly , MA

- Administer prescribed medication, provide insulin and IM injections, provide tube feedings, noting times and amounts on patients' charts.
- Observe patients, charting and reporting changes in patients' conditions, such as adverse

reactions to medication or treatment, and taking any necessary action.

- Provide basic patient care or treatments, such as taking temperatures or blood pressures, dressing wounds, treating bedsores, giving enemas or performing catheterizations.
- Measure and record patients' vital signs, such as height, weight, temperature, blood pressure, pulse, and respiration.
- Work as part of a healthcare team to assess patient needs, plan and modify care, and implement interventions.
- Prepare patients for examinations, tests, or treatments and explain procedures.
- Assemble and use equipment, such as catheters, tracheotomy tubes, or oxygen suppliers.
- Evaluate nursing intervention outcomes, conferring with other healthcare team members as necessary.
- Apply compresses, ice bags, or hot water bottles.
- Supervise nurses' aides or assistants.

HOME HEALTH AIDE 06/2012 to 04/2016

East Boston Neighborhood Health Center, Boston, MA

- Provide patients with help moving in and out of beds, baths, wheelchairs, or automobiles and with dressing and grooming.
- Administer prescribed oral medications, under the written direction of physician or as directed by home care nurse or aide, and ensure patients take their medicine .
- Plan, prepare, or serve meals to patients or other family members, according to prescribed diets.
- Provide patients and families with emotional support

CNA 05/2010 to 05/2014

Prospect House Assisted Living , Revere , MA

Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs.

- Apply clean dressings, slings, stockings, or support bandages, under direction of nurse or physician.
- Communicate with patients to ascertain feelings or need for assistance or social and emotional support.
- Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses.
- Provide assistance to patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.

CNA, FLOAT POOL 01/2008 to 01/2009

Whidden Memorial Hospital, Everett , MA

- Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs.
- Apply clean dressings, slings, stockings, or support bandages, under direction of nurse or physician.
- Assist nurses or physicians in the operation of medical equipment or provision of patient care.
- Clean and sanitize patient rooms, bathrooms, examination rooms, or other patient areas.
- Collect specimens, such as urine, feces, or sputum.
- Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses.
- Measure and record food and liquid intake or urinary and fecal output, reporting changes to medical or nursing staff.
- Observe or examine patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine.
- Draw blood from veins by vacuum tube, syringe, or butterfly venipuncture methods.

- Match laboratory requisition forms to specimen tubes.
- Provide physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.
- Organize or clean blood-drawing trays, ensuring that all instruments are sterile and all needles, syringes, or related items are of first-time use.
- Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.
- Transport specimens or fluid samples from collection sites to laboratories.
- Dispose of contaminated sharps, in accordance with applicable laws, standards, and policies.

EDUCATION

Salem State University, Salem, MA
Bachelor Of Science In Nursing , Nursing, 01/2021

Bunker Hill Community College, Charlestown, MA
Transferred To Salem State , Health Science , 12/2017

Intercoast Colleges, Kittery Me
LPN , Nursing , 05/2014