

RACHEL WEINGRAD, R.N.

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RELEVANT EXPERIENCE

CRITICAL CARE NURSE (ICU & FLOAT POOL)

JULY 2022 – PRESENT, JOHNS HOPKINS HOSPITAL

FEBRUARY 2022 – MAY 2022, PALMETTO GENERAL HOSPITAL

JUNE 2021 – DECEMBER 2021, MEDSTAR HARBOR HOSPITAL

- Provide nursing care to 2-3 critical adult and young adult patients: Medication administration, neurologic/neurovascular checks, pain assessments, endotracheal tube (ETT) suctioning, lavage and care, ventilator management, arterial and central venous catheter (CVC) care, Foley catheter and nasogastric tube insertions and care, wound care
- Assist in bedside procedures including ETT placements, transesophageal echocardiograms (TEE)s, arterial line and CVC insertions
- Obtain laboratory (blood, sputum, urine) samples, ensure patient safety in transit to/from and during CT and MRI testing, review laboratory and diagnostic test results and communicate effectively with doctors and other members of clinical staff to ensure best possible patient care outcomes
- Intravenous catheter insertions and continuous infusion management including tissue plasminogen activator (tpa), sedatives, paralytics, controlled analgesics, vasopressors, anti-hypertensives, immunoglobulin (IVIg) and blood products.
- Admission and discharge assessments; effectively presented information to patients and their families using "AIDET" (acknowledge, introduce, duration, explanation, and thank you)
- Gave emotional support to patients and their families and performed end-of-life care

NEURO INTENSIVE CARE UNIT CHARGE NURSE/ PRECEPTOR

AUGUST 2019 – MAY 2021, PALMETTO GENERAL HOSPITAL

- Manage 8-bed neurologic critical care unit consisting of patients ages 17 to 102 years old
- Provide nursing care to 2-3 neurocritical patients: Hourly neurologic/neurovascular checks and pain assessments, external ventricular drain (EVD) care and assessment, intracranial pressure assessment
- Assist in bedside procedures including ETT and EVD placements
- Respond to hospital-wide "code stroke" alerts and assess/monitor suspected stroke and diagnosed stroke patients in accordance with National Institute of Health stroke assessment guidelines
- Train and orient one newly hired Neuro ICU nurse per designated six-week period (two 12-hour shifts a week) and report progress to ICU Nurse Manager

MEDICAL-SURGICAL/TELEMETRY UNIT NURSE

JULY 2017 – MAY 2019, AVENTURA HOSPITAL & MEDICAL CENTER

- Acute care of adult and young adult cardiac, renal, gastrointestinal, post-stroke and post-ICU/stepdown patients on 42 bed medical-surgical/telemetry unit with 7:1 patient to nurse ratio.
 - Pain assessments, wound and central line care, intravenous insertions and infusion management, Foley catheter and nasogastric tube insertions and care, colostomy, tracheostomy and percutaneous endoscopic gastrostomy care.
 - Assisted in bedside procedures including incision and drainages, wound irrigations and wound vacuum placements
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EDUCATION

(DEGREE CANDIDATE) BACHELOR OF SCIENCE, NURSING

JULY 2022, MIAMI DADE COLLEGE

ASSOCIATE OF SCIENCE, NURSING

DECEMBER 2016, MIAMI DADE COLLEGE

BACHELOR OF SCIENCE, BIOLOGY

MAY 2006, TULANE UNIVERSITY

- Distinguished Scholars Honor Award Recipient, 2002-2006
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LICENSES & CERTIFICATES

REGISTERED NURSE, STATE OF FLORIDA (MULTI-STATE COMPACT LICENSE)

LICENSE # RN9456115, EXPIRES JULY 31, 2024

ADVANCED CARDIOVASCULAR LIFE SUPPORT, AMERICAN HEART ASSOCIATION

ECARD CODE 215403332782, EXPIRES JUNE, 2023

BASIC LIFE SUPPORT, AMERICAN HEART ASSOCIATION

ECARD CODE 215413332101, EXPIRES JUNE, 2023

NATIONAL INSTITUTE OF HEALTH STROKE SCALE CERTIFICATION, AMERICAN HEART ASSOCIATION

CERTIFICATE ID: 10269195, EXPIRES MAY 27, 2023

SKILLS

- NATIVE-SPEAKER LEVEL FLUENCY IN BOTH ENGLISH AND SPANISH
- PROFICIENCY WITH MEDITECH, CERNER, EPIC