Racheal Talarovich

RN staff nurse and relief charge nurse - Wellstar Kennestone

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Work Experience

RN staff nurse and relief charge nurse

Wellstar Kennestone - Marietta, GA 2013 to Present

Work 12 hour shifts on nights in Inpatient Rehab. Unit and with variety of patients including CVA's, TBI, multiple trauma, fractures, etc.

Duties include head to toe assessments, administering medications, patient and family education regarding current condition and ways to improve overall health, lifting and transferring, communicating with MD's, thrombolytic therapy, defibrillation, management and assisting with CVP and Arterial Lines, moderate sedation, knowledge of critical drips, communicating with MDS and other units of hospital, documentation, vital signs, BBG's, discharge planning and addressing discharge needs, Starting process for DME, Home Health, Hospice referrals, etc. to assist in patients discharge, had to be flexible and knowledgeable to work on various units with different types of patients.

Duties as relief charge nurse include being resource person for staff nurses and CCP's, staffing for oncoming shift, assisting during acute situations with patients, rounding on patients, assisting with staffing sheets as needed. Recently went to new documentation system, EPIC, and was cyberstar in which I took additional classes to be a resource person on unit once system went into effect.

RN

HCR Manor care Sub-acute Nursing and Rehab facility - Marietta, GA 2006 to 2013

Started working as floor nurse on afternoon shift 3-11, floor supervisor and resource nurse, Admit and discharge nurse, then started working in MDS

Duties included discharge planning, rounding with MDS and, communicating with MDS, patients and families relating to discharge needs. Also worked in providing clinical information to insurance companies, organizing EMS for transfers to nursing homes if need be, organizing DME for patients ready to be discharged, Home Health, and Hospice referrals, etc. Was also assisting in bed coordination which included keeping track of total number of patients in facility, making bed assignments for patients coming to facility for rehab, direct admits from MDS office, especially from orthopedic MD's.

Other duties while working as a floor nurse included, head to toe assessments, admission H/P on new admissions, administering medicines, turning and repositioning, lifting, dressing changes, documentation.

Duties as a unit supervisor included being a resource person for staff nurses, LPNs and CNAs, calling MDS, communicating with other units, making sure there is enough staff for oncoming shift, assisting during acute situations with patients, and communicating with their families in a timely fashion. Signing

off orders after LPNs, assuring proper documentation done by staff, assisting with admission H/P on new admissions, etc.

LPN floor nurse

Ross Memorial Sub-Acute Nursing and Rehab - Marietta, GA November 2005 to August 2006

Duties while floor nurse on the floor included head to toe assessments, administrating medication, patient and family education, turning and repositioning, lifting and transferring, various types of dressing changes, documentation, management of IV's, communicating with MD's, residents, and their family members drawing blood, doing glucose checks, vital signs, feeding patients, documentation, if need be assisting with bathing, shaving, washing patients' hair, mouth care, transferring from chair to bath bench, assisting with changing clothes, changing bed linen, etc. had to be flexible and knowledgeable to work with different types of patients doing different kind of work.

In 5 years from now, I plan to have completed a MSN-NP program. I am unsure at this time where I want to pursue my MSN but plan on finding a online program to meet my needs.

COMMITTEES Ethical Committee Anticoagulant/DVT Prophylaxis Action Team Recruitment and Retention of Nursing Staff Shared Governance Committee Was a member of Case Management Steering Committee (work with MDs and CNO to improve HCR Manor Care nursing faci lity)

Education

BSN

University of West Georgia - Carrollton, GA August 2015 to May 2016

ASN

The University of North Georgia - Dahlonega, GA June 2007 to May 2008

MSN in few years

Chattahoochee Technical College - Marietta, GA 2005

Skills

- Nursing
- Hospice Care
- Medication Administration
- Epic
- Critical Care Experience

- EMR Systems
- Triage
- MDS
- Staff Nurse
- RN
- Communication skills

Certifications and Licenses

RN License

CPR Certification

BLS Certification