

Stephanie Heppe

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PROFILE

I have been a nurse for 21 years now. I started my work experience in the ER and from there ended up doing traveling nursing for about 4 1/2 years. From there, I went to OSF St Joseph Medical Center to settle into married life and worked in the PACU at that time, for many years. In that time with the PACU we were often short handed and I helped in the OR by circulating, or scrubbing in. I left the PACU for a more stable life for my family, with no on call time and home on the weekends and holidays. I landed my self in a job with OSF on College Avenue. I worked in both adult med and family med for many year and loved it there. I moved on to school nursing for better hours and time off during the holidays to be with my children. I am now looking forward to a new challenge in my nursing career.

EXPERIENCE:

Unit 5 Schools; Normal, IL 2017-2021

I worked as an elementary school nurse at Unit 5 for 3 years and then worked as a high school nurse for 1 and 1/2 years. My job duties included vision and hearing exams, writing IEP's, maintaining all AED's, education for the staff on EPI pens and diabetes management/awareness. I made sure all children had the appropriate vaccinations, physical exams and dental reports on file. I took care of sick children in my office and sent them home as needed. I also treated all injuries that occurred on school grounds, sent them to the ER as needed. I also managed all foods that came in to the classroom and made sure all children with severe allergies were kept safe from exposure.

OSFMG on College Ave; Normal, IL - 2008-2017

Here I worked as a staff nurse in both adult medicine/cardiology and family medicine as a triage nurse. I answered phones, made appointments, gave injections, helped with wounds and in the case of an emergency helped get the patient ready for EMS. I also served as the CPR instructor for the whole building until education took over and they went to a computer based module

OSF St. Joseph Medical Center; Bloomington, IL 2004-2008

At OSF I worked in the post anesthesia care unit PACU giving pain medication and managing airways directly post op. I assessed patients surgical sites and got them comfortable before they were sent to the floor or to post op staging (with their pain levels). I also took care of patients who were going to ICU post more serious surgeries.

Medical Express; Westminster, CO 2001-2004

I was a traveling ER nurse for this company. Every 3 months I changed location from state to state but remained in my specialty the ER. My duties included learning VERY quickly how the ER worked there, managing patient care, trauma, CPR, ACLS, PALS. I took care of all kinds of patients and medical problems.

Decatur Memorial Hospital; Decatur, IL 1998-2001

I worked in the ER for DMH before I became a nurse. I was first a tech for them. I collected urine samples, answered call lights, helped with CPR, transported patients and many other duties. After I graduated from nursing school in 2000 I was “grandfathered” in as an ER nurse. At that time they didn’t hire new grads in the ER but since I was a tech they new me and my abilities and hired me. I took care of everything from the simple sore throat, to cardiac arrest, to trauma situations.

EDUCATION:

University of Illinois, Normal, IL - PEL, CSN 2000

University of Phoenix, Phoenix, AZ -BSN, 2007

Richland community College, Decatur, IL - ADN, 2000

SKILLS

I have many nursing skills and with so many years of traveling I have seen things and have had to use different techniques that most would never have to do. I have even worked in the Caribbean islands. It is VERY different there. I have played many rolls in my years as a nurse. I even subbed as the house supervisor for OSF St Joe while I was there PRN.

I am a very fast learner, quick to use a new computer program and have a great bedside manner. I am also willing to help and go above and beyond what my job titles asks of me, if needed. I am calm in a stressful situation and I want to do something new with my career. I am also a current CPR instructor.