

# **Alexa J. McCarthy**

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## **STATEMENT OF QUALIFICATIONS**

Passionate healthcare professional seeking a Registered Nurse position that requires accurate documentation and record keeping, ability to modify patient treatment plans as necessary, and experience educating patients and families on proper at home care.

## **EDUCATION**

Bryant & Stratton College, Wauwatosa, WI	01/2016 – 12/2018
Associate Degree Nursing- RN (new graduate as of December of 2018)	09/2017-12/2018
Diploma of Practical Nursing	01/2016-08/2017

## **CLINICAL ROTATIONS & HEALTHCARE KNOWLEDGE**

**OB/Postpartum- Aurora Medical Center Grafton** 05/2018-08/2018

- Assisting with induction
- Mother assessments
- Newborn assessments
- Newborn 24 hour cares
- Medication administration
- Epic training
- NICU time
- OR time (cesarean section)
- Shadowing with anesthesiologist (epidural use/monitoring)
- Postpartum assessments
- Labor/delivery experience
- Discharge teaching

**Mental Health- Aurora Psych Hospital** 05/2018-08/2018

- Psych evaluations
- Group therapy sessions
- Medication review
- Daily assessments
- Research based projects
- Care plans
- Discharge teaching

**Medical/Surgical 1 ADN - St. Luke's South Shore** 01/2018-04/2018

- ER time
- ICU time
- Medication administration
- Epic trained
- Med/surg time
- Worked with patients with multiple disease processes
- Focused physical assessments
- Critical thinking related to patient needs physically/mentally

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|---|--------------------------|
| <p><b>Medical/Surgical II Practical Nursing – <i>Lake County Rehabilitation Center</i></b></p> <ul style="list-style-type: none"> <li>● Accurately administered medications</li> <li>● Completed proper wound assessments</li> <li>● Focused on time management skills</li> <li>● Completed thorough focused assessments on patients daily</li> </ul> | <p>05/2017 - 08/2017</p> |
| <p><b>Medical/Surgical I Practical Nursing - <i>Linden Grove Rehabilitation Center</i></b></p> <ul style="list-style-type: none"> <li>● Focused on critical thinking skills and related disease processes</li> <li>● Gained exposure to complications that happen with certain diseases</li> <li>● Completed wound care</li> </ul>                    | <p>01/2017 – 05/2017</p> |
| <p><b>Fundamentals of Practical Nursing – <i>Veterans Affair Nursing Home/Assisted living</i></b></p> <ul style="list-style-type: none"> <li>● Educated patients on types of medications they are taking and why.</li> <li>● Completed frequent &amp; thorough assessments on patients</li> </ul>   | <p>05/2016-01/2017</p>   |

**RELEVANT EXPERIENCE**

- |   |                        |
|---|------------------------|
| <p><b>Registered Nurse- <i>Froedtert Hospital Level 1 Trauma Center ED</i></b></p> <ul style="list-style-type: none"> <li>○ Emergency medicine protocols</li> <li>○ Level 1 trauma training and experience</li> <li>○ Experience with various patient acuities</li> <li>○ Intubation assistance and post care</li> <li>○ Belmont rapid infuser use</li> <li>○ Ultrasound guided intravenous catheter insertion</li> <li>○ Postmortem care and organ donation protocols</li> <li>○ Monitoring respiratory support</li> <li>○ TNCC/PALS/ACLS/CPI certified</li> <li>○ Triage trained</li> <li>○ Trained with various trauma equipment</li> <li>○ Caring for ICU level patients</li> </ul> | <p>07/2020-current</p> |
| <p><b>Registered Nurse- <i>Vanderbilt Medical Center Children’s Hospital</i></b></p> <ul style="list-style-type: none"> <li>○ NICU</li> <li>○ Bubble cpap</li> <li>○ Intubation care</li> <li>○ IV therapy</li> <li>○ IV/oral medication administration</li> <li>○ Trach care</li> <li>○ Monitoring respiratory support</li> <li>○ PICC line use</li> <li>○ Parenteral care</li> <li>○ Enteral care</li> </ul>  | <p>03/2020-04/2020</p> |
| <p><b>Registered Nurse- <i>Tristar Summit Medical Center ER</i></b></p> <ul style="list-style-type: none"> <li>● TNCC/PALS/ACLS/CPI certified</li> <li>● Patient assessments</li> <li>● PICC line use</li> </ul>  | <p>02/2019-04/2020</p> |

- Accessing ports
- Experience with numerous disease processes/treatments
- Wound care
- Ortho Splints
- Labs draws
- Stroke protocols
- Psych, geriatric, pediatric, OB, cardiac, GI, Neuro patient experience
- Requesting orders
- Implementing interventions based on new doctor orders
- Triageing patients
- Meditech training

**Licensed Practical Nurse- Linden Grove Rehab & Long Term Care**

02/2018-present

- Medication administration
- Patient assessments
- PICC line use (medication administration)
- Wound care
- TB skin tests
- Requesting orders
- Implementing interventions based on new doctor orders

**Licensed Practical Nurse- Mercy Health Walworth**

01/2018-present

- Assist with Mohs procedures
- Lidocaine/epinephrine injections
- Suture removal
- Wound checks
- Clinic experience
- Epic trained
- Assist with biopsy
- Assist with surgeries
- Patient teaching
- Wound care
- Dermatology experience
- Excision experience
- Office management (referrals, chart prep)

**Emergency Medical Technician- Burlington Rescue Squad Volunteer**

01/2016- 07/2018

- CPR/BLS certified
- Educated on devices such as the LUCAS, Autopulse, and EKG monitor
- Able to use quick critical thinking in critical situations

**Certified Nursing Assistant – Waterford Senior Living**

09/2014-07/2017

- Activities of daily living
- Certified in medication/treatment administration
- CBRF certified
- Experience working with severe dementia/Alzheimer's disease

**Patient Care Technician- Froedtert Hospital**

05/2016- 05/2017

- Experience discontinuing IV's and urethral catheters
- Experience with Telemetry placement
- Experience working on cardiology, ICU, Special Pathogens Unit, spinal/neuro, respiratory, GI/GU, Internal medicine, ER, trauma, advanced care unit (cancer patients).
- Nonviolent Crisis Intervention certification

**ADDITIONAL EXPERIENCE**

**Waitress – Oakfire**

07/2017- Present

- Customer service
- Working with computer software

**Barista- Heavenly Cup Coffee Co.**

09/2012-02/2015

- Customer service
- Cashier