

# Alexander Oliden

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**Registered Nurse professional** with 6 years of experience in the Emergency Department and Med-Surg units. After constantly delivering compassionate and quality health care to patients from pediatrics to geriatrics in critical settings throughout the Covid-19 pandemic, looking to expand knowledge and experience into a more administrative role with growth opportunities. Strong leadership skills and a commitment to the health profession with excellent communication abilities and technical knowledge. Enjoys meeting challenges and multitasking, while exuding a positive attitude in a safe environment. Three years of travel experience during this time afforded valuable insight to multiple types and brands of systems and equipment that can be leveraged in health and care administration.

## EDUCATION AND QUALIFICATIONS

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MedTech Institute –April, 2016

Degree: Associate Science Nursing

Awards:

Daisy Award Winner 2018

Nominated for novice nurse award 2017

License:

Registered Nurse (Florida and all compact states)

Certificates:

Basic Life Support (BLS)

Advanced Cardiac Life Support (ACLS)

Pediatric Advanced Life Support (PALS)

Trauma Nurse Core Course (TNCC)

National Institutes of Health Stroke Scale (NIHSS)

Languages:

Fluent in English and Spanish

## PROFESSIONAL AND TECHNICAL SKILLS

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### Professional Skills:

- Communication skills (listening, observing, speaking & empathizing)
- Time management
- Stamina
- Detail-oriented
- Flexibility
- Decision making
- Emotional intelligence
- Ethics and confidentiality
- Teamwork and dependability
- Critical thinking
- Thinking and quick decision making under pressure
- Problem solving
- Collaboration

### Patient Care Skills:

- Case prioritization & clinical judgment
- PICC and Port line infusion / management
- Irrigation and management of foley catheter, NG tube and rectal tube
- Proficient in phlebotomy / IV access
- Level I & II trauma care
- HIPPA compliance
- Infection control
- Burn patient care
- Level 1 rapid infuser
- Wound assessment and care
- Pre & Post-Operative CRE
- Management of chest tubes
- Respiratory equipment operation

- Patient education

- ZOLL

- LIFEPAK

- PAPR certified

### System Proficiencies:

- MS Office Suite
- Clinical documentation in multiple charting systems

## PROFESSIONAL EXPERIENCE

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### RN Network- Travel Nurse

July 2022 - Current

- Provide direct care for up to six patients
- Build strong relationships with patients and families to ensure a foundation of trust
- Actively participate in codes and RRTs to aid in patient well being
- Thorough assessment of all patients to maximize healing potential
- Proactively educate patients and families throughout care and discharging to promote continuation of care with understanding
- Collaborate with providers to create care plans in order to optimize healing
- Assist in training of new nurses on assignment
- Working on multiple units including but not limited to telemetry, orthopedics, post-surgical

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## PROFESSIONAL EXPERIENCE (continued)

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### Medical Solutions- Travel Float Nurse

August 2021 - June 2022

- Provide direct care for up to eight patients from pediatrics to geriatrics
- Management and delegation of staff to ensure patient safety
- Actively participate in codes and RRTs to aid in patient well being
- Promote continuity of care by communicating to other healthcare workers the status of patients
- Assist in training of new nurses on assignment
- Working on multiple units including but not limited to telemetry, orthopedics, post-surgical

### FocusPoint International- Assistant Lead RN

April 2021 - June 2021

- Supervised team of 20 nurses
- Oversight of collection on average of 1,500 COVID-19 tests per day
- Maintained scheduling and site placement for direct team
- Tracked and audited all inventory for the site
- Responsible for quality control of testing kits for site
- Assist in training of new nurses on assignment

### PPR Travel Management- Travel ER Trauma Nurse

January 2020 - December 2020

- Work at multiple hospitals across the United States
- Work with pediatric, adult and geriatric patients in a critical setting
- Experience with multiple charting systems
- Directly work with doctors to promote patient safety and ensure better outcomes
- Assist in bedside procedures with moderate sedation
- Monitoring and treatment of patients with cardiac arrhythmias
- Preparing of patients going to procedures such as Cath Lab, OR
- Assist in training of new nurses on assignment

### Orlando Regional Medical Center (level 1 trauma), Orlando, FL — Emergency Department Staff Nurse

October 2018 - December 2019

- Comfort, social and spiritual well-being by aiding with hygiene, physical comfort, nutrition, elimination, prevention of skin breakdown, rehabilitation and safety
- Management of DKA, STEMI / NSTEMI, Stroke victims and use of TPA
- Mass transfusion protocol (MTP)
- Direct care of trauma patients at level 1 trauma center
- Care of psychiatric/geriatric/bariatric patients

### Orlando Regional Medical Center — Medical Surgical Staff/Charge RN

August 2016 - October 2018

- Provide direct care for up to eight patients with a team consisting of an LPN and CNA
- Management and delegation of staff to ensure patient safety
- Actively participate in codes and RRTs to aid in patient well being
- Promote continuity of care by communicating to other healthcare workers the status of patients
- Schedule staffing assignments based on skill mix, staff mentoring and support