

# Christina Hess

## **OR Circulator**

Westminster, CO 80021

[crissyp774\\_ojo@indeedemail.com](mailto:crissyp774_ojo@indeedemail.com)

+1 303 514 1650

Willing to relocate to: Colorado - Iowa -

Authorized to work in the US for any employer

## Work Experience

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### **RN OR Circulator**

InSight Surgery Center - Lone Tree, CO

June 2022 to Present

- Help pt through surgery process for Retina, Cataract and some cosmetic procedures as well
- Ensure pt is ready for surgery including pre-op medications, forms, consents and tests are appropriate and accounted for
- Set up room with equipment, instruments and medications
- Position pt for surgery
- Assist scrub tech, surgeon and anesthesia with any needs they may have for procedure
- Help with bandaging and transporting pt to PACU
- Give report to PACU nurse

### **Mental Health Inpatient**

State of Colorado at Fort Logan - Englewood, CO

August 2021 to Present

- charge nurse for overnights on Team 5
- oversee a staff of 2-3 Mental Health Clinicians
- oversee 18-21 pt on the unit at Team 5
- morning medication administrations
- emergent medication administrations
- monitoring pt in seclusion and or restraint

### **RN OR Circulator**

Women's Health Surgery Center - Thornton, CO

October 2020 to October 2021

- Check in patients ensuring all consents labs and pre-op needs have been obtained and documented.
- Prepping both patients and surgical center for procedures.
- Assisting Surgeon and Scrub technician as needed during procedures.
- Sterilizing and set up of instruments for procedures.
- Charting and scanning of surgical procedures.
- Monitoring patient during procedure and post-op, education and discharge instructions upon discharge

### **Clinical Nurse**

Immanuel Pathways - Windsor Heights, IA

May 2019 to December 2019

- Serving on an interdisciplinary panel planning and implementing healthcare needs for 170 participants of Geriatric population on Medicaid
- Annual and semi annual assessments
- Diabetic foot cares
- Closely monitored acute conditions related to falls and accidents, as well as chronic conditions, such as arthritis and COPD several disciplines to plan, implement and enhance treatment strategies
- Managed patients recovering from medical or surgical procedures, including facilitating wound care, ostomy care, pressure ulcer prevention and pain management
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options
- Provided skilled, timely and level-headed emergency response to critically-ill patients
- Collected blood, tissue and other laboratory specimens and prepared for lab testing

### **Float Nurse**

Unity Point Clinic Pediatrics at Ankeny - Ankeny, IA

May 2017 to May 2019

- Newborn weight checks, screenings
- Performed triage on incoming calls for 13 providers to determine severity of injuries and illnesses
- Well child checks, sick and acute visits
- Collected blood, tissue and other laboratory specimens and prepared for lab testing
- Initiate and schedule referrals including insurance pre-authorizations, and collection of labs and data
- Educated parents on preventive measures to promote disease prevention as well as parents of newborns with general cares and concerns
- Explained course of care and medications, including side effects to patients and caregivers in easy-to-understand terms
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans

### **Staff Nurse for the Operating Room**

University Of Iowa Children's Hospital - Iowa City, IA

October 2016 to May 2017

- Pediatric surgery with multiple disciplines ; Oral Surgery, Otolaryngology, Urology, Orthopedic, ophthalmology
- Neurosurgery as well as general surgery
- Circulating nurse in charge of consent and patient preparation and positioning
- Filled requests and needs of anesthesia, surgeons and scrub techs
- Documentation of procedure
- Prepared OR by ensuring it met asepsis standards, as well as setting out, organizing and counting all tools and equipment necessary for each procedure
- Collected, labeled and transported specimens and delivered to lab for testing

## Education

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### **Diploma in Nursing**

Des Moines Area Community College - Ankeny, IA

January 2022

## **Associate of Applied Science in Applied Science**

Des Moines Area Community College - Des Moines, IA  
2016

### Skills

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- EMR Systems
- Experience Administering Injections
- Laboratory Experience
- Epic
- Cerner
- Nurse Management
- Ophthalmology Experience
- Medication Administration

### Certifications and Licenses

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#### **BLS Certification**

#### **RN**

#### **ACLS Certification**

#### **CPR Certification**

#### **Compact State Nurse License**