

# Evanson Githinji

## Licensed Practical Nurse

Sheldon, IA 51201

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Uniquely qualified Licensed Practical Nurse who is keen to providing focused patient care by meaningfully connecting with them to build emotional engagement and provide patient advocacy. Well-versed in ensuring that nursing standards are met, and optimal nursing interventions are promoted.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

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### LPN (Licensed Practical Nurse)

Aldcrest Health and Rehabilitation - Edmonds, WA

September 2021 to Present

- Provided post-op care for patients, such as post-surgical wound treatment, pain management, and infection treatment.
- Provided patients with basic care or treatments, including taking temperature or blood pressure, giving enemas or douches, or performing catheterizations.
- Observed patients and reported concerns to an RN or physician on duty.
- Distributed medications to patients in proper doses, recorded times of administration to ensure ongoing accuracy.
- Tested blood glucose and administered insulin.
- Administered breathing treatments and provided tracheostomy care and suctioning, SVN treatment and O2 administration.

### LPN (Licensed Practical Nurse)

Mukilteo Memory Care - Mukilteo, WA

April 2019 to Present

As an LPN

- Giving medication as prescribed by the physician
- Basic wound care including cleaning and bandaging injured areas
- Giving injections of medications
- Providing immunizations
- Entering information into computer systems
- Providing oversight to Nursing Assistive Personnel (NAP)
- Monitoring fluid/food intake and output
- Moving patients safely
- Observing patient reactions to medications
- Observing patient mental health status
- Providing emotional support
- Observing of patients for skin breakdown

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I worked in this facility as an AP and my duties included:

Provide physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.

Wash, groom, shave, or drape patients to prepare them for surgery, treatment, or examination.

Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.

Exercise patients who are comatose, paralyzed, or have restricted mobility.

### **Nursing assistant**

Cascade in home care - Arlington, WA

July 2016 to Present

Review patients' dietary restrictions, food allergies, and preferences to ensure patient receives appropriate diet.

Measure and record food and liquid intake or urinary and fecal output, reporting changes to medical or nursing staff.

Undress, wash, and dress patients who are unable to do so for themselves.

Lift or assist others to lift patients to move them on or off beds, examination tables, surgical tables, or stretchers.

### **Nursing assistant**

Restoration health care - Federal Way, WA

September 2015 to May 2017

Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs.

Provide physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.

Review patients' dietary restrictions, food allergies, and preferences to ensure patient receives appropriate diet.

Measure and record food and liquid intake or urinary and fecal output, reporting changes to medical or nursing staff.

Gather information from caregivers, nurses, or physicians about patient condition, treatment plans, or appropriate activities.

Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.

Feed patients or assist patients to eat or drink.

Supply, collect, or empty bedpans.

Lift or assist others to lift patients to move them on or off beds, examination tables, surgical tables, or stretchers.

Prepare or serve food trays.

Collect specimens, such as urine, feces, or sputum.

### **Nursing assistant**

Community services - Federal Way, WA

November 2015 to 2016

Turn or reposition bedridden patients.

Provide physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.

Communicate with patients to ascertain feelings or need for assistance or social and emotional support.  
Prepare or serve food trays.  
Wash, groom, shave, or drape patients to prepare them for surgery, treatment, or examination.  
Clean and sanitize patient rooms, bathrooms, examination rooms, or other patient areas.  
Change bed linens or make beds.  
Review patients' dietary restrictions, food allergies, and preferences to ensure patient receives appropriate diet.

### **Nursing assistant**

Convalescent center - Vancouver, WA  
January 2014 to September 2015

Stock or issue medical supplies, such as dressing packs or treatment trays.  
Explain medical instructions to patients or family members.  
Set up treating or testing equipment, such as oxygen tents, portable radiograph (x-ray) equipment, or overhead irrigation bottles, as directed by a physician or nurse.  
Transport specimens, laboratory items, or pharmacy items, ensuring proper documentation and delivery to authorized personnel.  
Provide information such as directions, visiting hours, or patient status information to visitors or callers.  
Position or hold patients in position for surgical preparation.  
Restock patient rooms with personal hygiene items, such as towels, washcloths, soap, or toilet paper.  
Change bed linens or make beds.  
Apply clean dressings, slings, stockings, or support bandages, under direction of nurse or physician.  
Collect specimens, such as urine, feces, or sputum.  
Assist nurses or physicians in the operation of medical equipment or provision of patient care.  
Record height or weight of patients.  
Clean and sanitize patient rooms, bathrooms, examination rooms, or other patient areas.  
Wash, groom, shave, or drape patients to prepare them for surgery, treatment, or examination.

## Education

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### **Bachelor of Science in conservation and wildlife management**

Moi University  
May 1992

### **High School Diploma in Sciences**

Nyandarua High School  
November 1988

## Skills

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- Training
- Security
- Problem solving
- LPN (Less than 1 year)

- Direct Care
- Home Health
- CNA
- Home Care
- Personal Care
- Cna Certified
- Patient observation
- Pain management
- Specimen collection / processing

## Certifications and Licenses

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### **CPR/First Aid**

### **CPR**

### **Certified Nursing Assistant (CNA)**

### **First Aid**

### **LPN**

February 2022

LPN Washington state

## Additional Information

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### Skills

Customer and Personal Service English Language

Active Listening Monitoring

Critical Thinking Education and Training

Judgment and Decision Making Complex Problem Solving

Computers and Electronics Public Safety and Security