

ADAMA SESAY

LAUREL, MD 20708 | 2404683945 | koromaisha57@gmail.com

Professional Summary

Dedicated and compassionate Registered Nurse (RN) with progressive career history in direct patient care, triage and care coordination in fast-paced environment. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

Skills

- Compassionate and Caring
- Treatment Preparation
- Preventive Healthcare
- Immunizations and Vaccinations
- Patient Care Assessment
- Patient Examination
- Monitoring Vital Signs
- Accurate Documentation
- Equipment and Instrument Sterilization
- Clear Patient Communication
- Blood Draw and Sample Collection
- Medical Procedure Preparation
- Judgment and Decision-Making
- Medication Side Effect Knowledge
- PICC Lines
- Critical Thinking
- Pain Prevention

Work History

Registered Nurse

02/2020 to Current

American Mobile Nursing – San Francisco , CA

- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Provided direct patient care, stabilized patients and determined next course of action.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Implemented medication and IV administration, catheter insertion and airway management.
- Managed care from admission to discharge.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.

- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Monitored patient reactions to drugs and carefully documented findings.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.

Registered Nurse

09/2019 to 01/2021

White Oak Medical Center – Silver Spring, Maryland

- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Provided direct patient care, stabilized patients and determined next course of action.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Implemented medication and IV administration, catheter insertion and airway management.

Registered Nurse

02/2017 to 09/2019

Shady Grove Adventist Hospital – Rockville, Maryland

- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Provided direct patient care, stabilized patients and determined next course of action.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Implemented medication and IV administration, catheter insertion and airway management.
- Managed care from admission to discharge.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.

Certified Nursing Assistant

06/2014 to 02/2017

Shady Grove Adventist Hospital – Rockville, Maryland

- Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.
- Promoted good oral and personal hygiene by aiding patients with shaving, bathing and teeth brushing.

- Checked patient vitals such as temperature, blood pressure and blood sugar levels.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Supported ambulation and physical therapy needs by conducting planned exercise routines.

Residential Counselor

08/2010 to 08/2014

ARC Of Montgomery County – Rockville, Maryland

- Addressed behavioral and emotional needs of residents through activities and interventions, increasing resident socialization, interpersonal and social skills.
- Delivered frequent summaries on resident progression and regression in treatment to provide recommendations towards treatment plan for success.
- Resolved conflicts by performing in-time crisis intervention and enforcing discipline and behavior metrics.
- Assisted residents in adhering to treatment plans by setting up medical appointments, arranging transportation, coordinating services and providing emotional support.
- Attended meetings to develop and implement individually tailored treatment plans to lead residents to successful reintegration into society.
- Supported residents in coping with emotions and fears through one-on-one sessions.
- Communicated behavior choices to residents by outlining positive and negative consequences of choices.
- Cared for residents by assisting in changing bed linens, washing and ironing laundry, cleaning and personal hygiene.

Education

FNP: Masters

Chamberlain University - Downers Grove, IL

Bachelor Of Applied Science: Nursing

05/2020

Chamberlain University - Downers Grove, IL

Associate Degree In Nursing: Nursing

08/2015

Radians College - Washington, DC

High School Diploma : General Studies

06/2004

Parkdale High School - Riverdale, MD