

WORK EXPERIENCE

**Registered Nurse July 2021 to present**

**Good Samaritan Hospital Inter mountain Health**

* Specialize in monitoring patients on telemetry monitors, responding to changes in cardiac rhythms, Perform 12 lead EKG
* Accurately administer medications
* Monitor patients for signs and symptoms of stroke
* Monitor patients post heart catheterization
* Consult and coordinate with healthcare team members to implement or update care plan on individual patients
* Initiate patient education to plan of care

**Registered Nurse June 2019 to July 2021**

**Platte Valley Hospital Inter mountain Health**

* Medical/Telemetry/ surgical floor nurse
* Performed patient health education
* Provided therapy and treatment in a supportive and restorative individual goal of patient needs
* Responsible for reviewing, and monitoring patient treatment plans, evaluation and treatment needs.
* Completed admissions and care plans with complete documentation of individual patient

**Registered Nurse August 2018 to June 2019**

**Lutheran Hospital Inter Mountain Health (unit closed)**

* Observation and monitor of patients up to 24-48 hours direct from the Emergency department.
* Provide Immediate education and coordinate care to each patient With the goal in patient safe return to home.
* Direct patient intervention focusing on COPD exacerbation, transient ischemic attacks, bronchitis, and congestive-heart-failure to name a few.

**BACHELOR'S DEGREE
IN NURSING**

Metropolitan State University of Denver

2018

**ASSOCIATE'S DEGREE
IN NURSING**

Community College of Denver

1993

**RN, BSN.**

Colorado

Expires September 30,th 2023

**RN, BSN.**

Nevada

Expires August 3, 2024

**BLS (American Heart Association)**

Renew date October 31, 2023

**ACLS (American Heart Association)**

Renew Date October 31, 2023

**NIHSS**

Completed on October 10 2021

EDUCATION

LICENSES &

CERTIFICATIONS

SUMMARY

Dedicated, patient oriented Registered nurse, with more than 20 years of experience serving patients of all needs, with a background in the following areas: telemetry, medical, orthopedic, and surgical in a variety of healthcare settings that include Hospitals, Assisted Living, Skilled facility, and Clinics.

Has the ability to handle fast-paced situations effective problem solving skills, and focus on leadership.

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CONTACT

Ruth Martinez RN,BSN.

REGISTERED NURSE



WORK EXPERIENCE CONTINUED

**Registered Nurse October 2017 to June 2018**

**The Suites at Fitzsimons LT AC Aurora (facility closed)**

* Managed the care of up to 12 – 16 patients, provided medication administration, treatments and Complete daily skilled assessment and address all patient needs.
* Coordinated with healthcare team members to assess plan, implement and evaluate patient plan of care
* Oversaw one LPN and two CNA’s ,While in the role of charge nurse on the floor.
* Educated patient during interventions of care and included patient with decisions and goal in care.

**Registered Nurse October 2015 to October 2017**

**Brook dale Village at Lowery Denver**

* Responsible for managing the care of residents, in a one-hundred forty room assisted living facility supervised two LPNs and four caregivers.
* Monitored residents' condition and changes in health needs
* Responsible for Residents’ medication new and refill orders, administration, and medication set up.
* Participated in family/resident family conference.
* Responsible for the admission of new residents, (Health history, head to toe assessment, review medications, Code status, and initiate care plan)
* Act as residents’ advocate and educator.
* Participated in resident collaborative weekly meetings.

**Registered Nurse November 2010 to August 2014**

**Kindred Hospital – Aurora, Co Hospital floor nurse**

* Utilized strong assessment skills for appropriate patient care.
* Accurately documented all elements of nursing assessment, treatments, medications, discharge-instructions, and follow-up care.
* Developed care plans to implement patient care and goals.
* Managed care of patients in a step-down setting; patients on respiratory ventilator, Telemetry monitors, management of chest tube, Parental feedings, manage central lines, and IV medication administration,
* Maintained and organized the flow of patients and able to prioritize the needs of inpatient care and treatment.

Basic telemetry interpretation and intervention of cardiac arrhythmia

skilled in initiating peripheral IVs

proficient use of Epic for charting and documentation.

 **WORKSHOP and COURSE**

**- Blood borne pathogens**

**- OSHA**

**- Workplace violence**

**- Sharp injuries**

**-Chemical and drug exposure**

**-Respiratory hazards**

**- CAUTI education and training**

**- CLABSI education and training**

EXPERTISE

PROFESSIONAL DEVELOPMENT

REFERENCES AVAILABLE ON REQUEST.

Ruth Martinez RN,BSN.

REGISTERED NURSE

Kindness

Initiative

leadership

problem-solving

PERSONAL SKILLS

Sociability

Empathy

Considerate