

Tasha Garcia

To use my current experience, knowledge and education to help those in need while continuing my education to become an R.N

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Work Experience

CNA/ Covid Tester

Medix Staffing Solutions - Denver, CO

January 2022 to June 2022

Put on and remove personal protective equipment (PPE) Arrive early to set up testing event Ensure that people waiting for testing maintain social distancing in an orderly manner Conduct COVID test (PCR and/or Serology) Participate in COVID-Task force meetings and training Setup, and breakdown the equipment for events, sample collection handling, and repack the equipment at the end of the event. Able to label, collect, and process patient specimen to ensure accurate test results Completes pre-visit planning Assist clients in completing the medical history and medical program intake forms, and/or consents, ensuring that the patient understands when obtaining a patient signature Perform all duties within HIPAA regulations. Ensure all necessary consent forms are filled out. Coordinate and work closely with testing team to scan administered testing in to computer system Monitor inventory tests and supplies

CNA - Certified Nursing Assistant

National Jewish Hospital Pediatric Clinic - Denver, CO

October 2018 to 2020

Planned for each clinic ahead of time to identify and anticipate potential clinic flow problems; Monitored master schedule; Resolves unexpected patient flow issues. Performs clinical skills as guided by competency validation. Assisted with preparing patients for examination and obtained patient medical history by accurately taking vital signs (temperature, pulse, respirations, blood pressure, height and weight) and documented the results in appropriate systems and/or EMR. Reviewed medication taken for Asthma. Perform spirometry, Allergy Testing and/or other pre-appointment testing and documented the results appropriately. Coordinates telehealth communication with patients, families, and referring providers. Precept and orient new team members to their function in the clinic. Always maintained patient comfort and safety. Assessed patients' condition and assisted in ensuring their safety and well being. Followed all departmental policies and procedures as well as safety, environmental, and infection control standards.

CNA - Certified Nursing Assistant

Uptown Health Care Center - Denver, CO

April 2013 to October 2018

Provided patients with emotional support and instructions in areas such as ADLs and social interaction activities to promote Independence. Maintained an updated record of patients care conditions, progress

or problems. Reported and discussed observations with supervisor or case manager. Monitored for infection, health, hygiene, behavioral issues and overall being to ensure quality care.

Accurately administered vitals and monitored blood pressure, respiration temperature and pulse. Utilized assistive devices such as Hoyer lift, gait belt and knee-knee transfer techniques for safe client mobility; ability to transfer +100lbs for ambulatory purposes. Tracked inventory supplies to ensure properly suited for effective service.

Peri-care and feeding.

CNA - Certified Nursing Assistant

Complete Home Health Care - Denver, CO

January 2010 to December 2012

Assisted elderly and disabled clients with daily living needs to promote a positive living environment. Build and maintain professional relationships with patients and families to build companionships. Conducted environmental duties such as laundry and bedding services according to policies. Provided cost-effective services according to financial budgets. Established a daily routine according to customer needs and requests. Provided companionship and accompanied clients to and from medical appointments.

Personal Care Provider

Excellent Personal Home Care - Aurora, CO

January 2009 to December 2010

Provided assistance with ADLs. Cooking.

Cleaning. Medication reminders. Accompany to and from medical appointments as well as shopping. Budgeting of finances to ensure proper work materials and personal items. Observation, documentation and reporting of overall health of clients.

Certified Nursing Assistant/HHA

Bayada Nurses - Denver, CO

2009 to 2009

Assisted elderly and disabled clients with activities of daily living. Promote a positive living environment. Cooking and Nutritional Health. Cleaning, laundry and upkeep of the house. Medication reminders and accompany to and from medical appointments. Provided companionship. Documentation, observation and reporting of overall health and status of clients.

Education

GED in GED

Emily Griffith Opportunity School - Denver, CO

2008

Skills

- Vital Signs
- Infection Control Training
- Hoyer Lift
- HIPAA
- EMR Systems

- Allergy Skin Testing
- Spirometry Testing

Certifications and Licenses

CNA/HHA

2009