

Michael Chewning

Ruther Glen, VA 22546

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Work Experience

Personal Trainer

Fitbyky Training and Fitness - Bowling Green, VA

October 2021 to Present

Cashier/Customer Service/Cook/Stocker

Dairy Queen - Thornburg, VA

June 2019 to October 2022

Education

High school diploma

Caroline High School - Milford, VA

August 2018 to May 2022

Skills

- Customer service
- Reliable
- Physiology Knowledge
- Group Fitness
- Personal Training
- Intuitive
- Sports Coaching
- Hardworking
- Persuasive
- Program Design
- Swimming
- Anatomy Knowledge

Certifications and Licenses

ISSA personal training

AED Certification

First Aid Certification

CPR Certification