# **ASHLY HARRIS**

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#### **PROFESSIONAL SUMMARY**

Energetic and skilled Labor & Delivery Nurse with experience in high level hospital system. Exceptional communication and critical thinking specializing in the laboring process. Kind and approachable worker with dedication to efficiency.

#### **EDUCATION**

West Coast University- Dallas, TX

October 2021

**Bachelor of Science: Nursing** 

Dean's List 2020-2021

Concorde Career College- Grand Prairie, TX

November 2014

#### **License Vocational Nurse**

## **CERTIFICATION & SKILLS**

Advanced Life Support Patient Education

Neonatal Resus Program Fetal Heart Monitoring

Certified Childbirth Educator Phlebotomy skill

Safe Medication Administration Time Management

#### PROFESSIONAL EXPERIENCE

# **Labor & Delivery Nurse Residency** | Parkland Hospital

Dallas, TX

02/2022-Current

- <u>Antepartum Nurse</u>: evaluate and report elevated blood pressures, administer insulin drips, perform fetal monitoring, educate patients on monitoring fetal movement, educate on nutritional status, monitor high-risk lab values
- <u>Laboring Nurse</u>: responsible for direct care for up to three laboring patients at a time, monitored fetal heart rate for abnormalities, offered relaxation techniques, collaborated with provider and anesthesiologist for pain management, maintained effective labor pattern, collaborated with family and support person to support

- laboring mothers, provide delivery provider with instruments and material
- OR Circulating Nurse: perioperative care for scheduled and emergency cesarean sections and other gynecological procedures, assist scrub person with maintaining sterile field and accounting for all surgical instruments, assist anesthesia during epidural placements, communicated with nursery nurse the fetal status, collect and lab specimens
- <u>Scrub Nurse:</u> Ensure sterility during emergency cesarean sections, assist surgeons with instruments, account for all surgical equipment prep, intra, and post-procedure
- <u>Recovery Nurse:</u> monitor high risk postpartum patients needing extended care, monitor bleeding for hemorrhage, monitor vitals for infection or hemorrhage, facilitate breastfeeding, monitor signs of pre/eclampsia, seizure precautions, monitor lab values for therapeutic and toxic levels of Magnesium, routinely fundal rubs

#### **Contracted Nurse** | Fleet Nurse Inc.

Dallas-Fort Worth, TX

10/2020- Current

- Provided bedside care by assessing patients and reporting abnormalities to the physicians.
- Enhanced a collaborative relationship between patient and family to maximize their ability to make informative decision.
- Conducted frequent rounds to check on residents and evaluated effectiveness of care delivery.

### Clinical Quality Coordinator | WellMed

Fort Worth, TX 07/2015- 03/2021

- Assist in achievement of 5 Star health plan
- Evaluates the services provided and outcomes achieved by the team and recommends enhancements and/or improvements for programs and staff development to ensure compliance with all state and federal regulations and guidelines in day-to-day activities.

#### Clinical Case Coordinator | ResCare Inc.

Arlington, TX 12/2014- 07/2015

- Evaluate the services provided and outcomes achieved by the team.
- Recommend enhancements for program and staff development to ensure compliance with all state & federal regulations.
- Review assessment findings, and implement all ordered treatments.