

Sweetjot@yahoo.in

OBJECTIVE

Registered Nurse looking to use learned skills and knowledge to assist your facility/Hospital in Nursing role. Able to handle medical situation with a requisite skillset. Good interpersonal skills and Dedicated worker with the sense of purpose.

PROFESSIONAL PROFILE

- Cooperative ,Dedicated ,flexible and hardworking.
- Able to provide nursing services to patients
- Ability to work in fast-pacers . Multidisciplinary environment.
- Reliable, punctual, and responsible
- Willing and able to learn with excellent communication skills
- Able to work well under pressure to meet deadlines
- Excellent interpersonal and communication skills.
- Languages known: English, Punjabi, Hindi and Urdu.
- Easily adapted to changing environments.
- Knowledge of hospice palliative care standards

CERTIFICATIONS

- ❖ **Registered Nurse - California board of Nursing- Dec 2021 to Present**
- ❖ **National institute of Nursing- Sangrur- India 10/2004 to 10/2007**
- ❖ **General Nursing & Midwifery/Registered nurse Graduation 10/2007**
- ❖ **Edmonds Community College -- Lynnwood, WA 04/2014-Curren**
- ❖ **English Secondary Language Courses**
- ❖ **Goodwill Job Training & Education -- Everett, WA 08/2014-Current**
- ❖ **Cashiering/ComputerEverett Goodwill Outlets**

- ❖ **Amar Multiple Hospital -Patiala Heart Institute Hospital**
11/2007-11/2009
- ❖ **Staff Nurse (Registered Nurse) & Junior Staff Supervisor**
Patiala, India
- ❖

CLINICAL SKILLS

- Thorough physical assessment including head to toe examination.
- • Followed strict isolation precautions and aseptic techniques as per physician's order.
- • Performed the procedures such as male/female Catheterization, Bladder scan, and
- Oxygen administration, IV administration.
- • Reviewing, interpreting and reporting the test results to the MRP.
- • Collaboration with inter-professional team to develop appropriate strategies for patient
- care.
- • Provided Tracheostomy care including changing the cannula, suctioning and Oxygen
- administration.
- • Provided the excellent care to the patients with CVA and paralysis including personal,
- skin, perineal and wound care.
- • Performed the admission and discharge procedures and participated in infection control.
- • Medication and feed administration to the patients with NG tube and GI tube.
- • Helped to feed the patients with swallowing difficulties and hemiparesis.
- • Competently handled the unit equipment such as vital sign monitors, suction devices,
- bladder scanners, IV pumps, and portable Oxygen supplies.
- • Completed the timely documentation using Meditech.

- Assisted patients with their basic needs such as bathing, grooming, feeding, recreational
- And spiritual needs provided

DUTIES AND RESPONSIBILITIES WHILE WORKING AS NURSE IN INDIA

- Admission procedure and Nursing assessment.
- Monitor Vital signs. Check oxygen saturation.
- Insertion of IV Canula ,maintain IV line.
- Blood transfusions
- Check airway , breathing and circulation.
- Medications -Oral, Intramuscular,intravenous,Subcutaneous,intradermal and topical.
- Giving oxygen inhalation,Nebulization ,steam inhalation and chest physiotherapy.
- Chest tube assessment.
- Cardiac monitoring.
- CVP Monitoring .

COMPUTER SKILLS

- Operating Systems – Windows, Web browsing
- MS Office-Word

REFERENCES AVAILABLE UPON REQUEST