**CASSANDRA DELISSAINT**

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**OBJECTIVE**

TO OBTAIN A POSITION THAT ALLOWS ME OPPORTUNITIES TO UTILIZE MY PROFESSIONAL, LEADERSHIP, AND ORGANIZATIONAL SKILLS TO ENHANCE THE COMPANY’S ENVIRONMENT AND OUTCOMES.

**COMPETENCIES**

▪ Comprehensive Nursing Abilities ▪ Hospitals/Clinics/Medical Centers ▪ Patient/Family Communications

▪ Providing Excellent Patient Care ▪ Patient Care Plan Implementation ▪ Patient Observation/Monitoring

▪ Measuring/Performing Vital Signs ▪ Healthcare Systems and Software ▪ Medical Therapies / Treatments

▪ Coordinate/Facilitate Patient Care ▪ Medical Charting/Health Records ▪ Multitasking/Prioritizing Care ▪Training,

▪Case Management,

▪Ergonomic Assessments,

▪Safety.

**EDUCATION**

**Bachelor of Science in Nursing (BSN)**, *University of Massachusetts*, Boston, MA (2014 Completion) • Nursing Honor Society (Sigma Theta Tau), GPA 3.70

**Training / Certifications:** Registered Nurse (RN) Certified Nursing Assistant (CNA), Personal Care Assistant  (PCA), BCLS, ACLS, Certified CPR instructor.

**PROFESSIONAL SUMMARY**

Energetic, versatile, and family-centered nursing focus, with a strong educational and professional foundation. Proficient as a generalist nurse and comfortable in diverse healthcare specialties, effectively functioning within the acute care setting. Readily builds rapport with patients, families, and other healthcare professionals, with a focus on teamwork and cooperation. Skilled at managing competing priorities with ease, while fostering the delivery of quality patient care and prioritizing patient safety. Highly proficient at critical thinking, multi-tasking, and prioritizing care while remaining calm and focused during critical situations. Uses excellent interpersonal skills and teamwork to perform effectively within interdisciplinary teams.

Occupational and employee health and wellness with special interest in the health of employees (Worker's  compensation, New Employee Orientation, FMLA, ADA, Serious Illness Pool-Short Term Disability Program, Workplace Violence Committee Member, Occupational Clinic, Drug and Alcohol Testing, DOT  Licensing Physicals Management, HIPAA Officer) and their families using health fairs using a face to  face/one to one management of health care as well as large setting presentations.

**PROFESSIONAL EXPERIENCE**

**RN Critical Care COVID-19 Deployment -** Krucial Staffing

                                                                                                                        10/04/21 -   10/10/21

Deployed to Parkland Hospital, a county hospital, where I worked as frontline worker for both ICU and PCU COVID  patients.

Delivered direct patient care, including monitoring and stabilizing patients and identifying treatment options.

Liaised between families , patients and care staff in all aspect of care delivery  during limited contact care and no visitation policy.

Treating patients using pharmacological and non non pharmacological treatment modalities.

maintained composure and efficiency during rapid response situation and emergency code

Acted as a patient advocate during their most vulnerable state.

**RN Travel Assignment: Doctor’s Hospital Laredo-** Med-surg/ PCU unit

                                                                                                                                               06/13/2021-10/03/2021

  •Perform  all tasks such as Patient Assessment with a patient-centered focus.

    •Maintained and managed the patient database in EMR. system effectively.

 •Provided necessary health education training for patients

•Assisted patients with multiple chronic diagnoses including COPD and CHF, Diabetes and Chronic Renal Failure

•Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care

•Evaluated patient care needs, prioritized treatment and maintained patient care

 •Managed oral , intramuscular , subcutaneous and intravenous medicine

 • Educate Patient and there family on disease processes

**RN Critical Care COVID-19 Deployment -** Krucial Staffing    05/2020- 05/2021 Independently   Deployed to Medical city N Hills Campus is a 500-hospital bed with 13 ICU bed 24 PCU bed.

Cared for both ICU COVID patient and Med Surge/ PCU patients.

Treat patients using pharmacological and non-pharmacological modality.

Educate patients and families on treatment strategies such as convalescent plasma administration, known as survivor’s plasma and as well as Proning, where the patient is safely turned from back to abdomen to allow expansion of the dorsal lung region, leading to better oxygenation.

Monitored and recorded patients progress, medication side effects and recovery progress.

Educate family and Pt on there physical and emotional needs after diagnosis, after recovery.

**Occupational Health Nurse Administrator,** United State Postal Service November 2018 - May 2021 Independently managed onsite medical unit directly serving 13000 Postal employees and providing indirect services to Post Office contractors in the Dallas district.

Worked with interdisciplinary teams and third-party providers to assist with the hiring process and optimize employee care.

•Oversight of Dallas District Occupational Health programs, including Workers' compensation (WC) case management, emergency response team (ERT), office ergonomics, medical surveillance, and health and wellness, as well as creating and maintaining a flu clinic during flu season.

•Maintaining updating employee’s personal medical records according to the HIPPA privacy act. •Promoted optimal health and productivity and facilitated absence management, all contributing to reduced disabilities and related costs.

•Assured compliance with all standards of practice, company policies, medical directives, and state and federal regulations.

•Implemented various health promotion activities including blood drive, mammogram etc.

 •Serve as a District Reasonable Accommodation Committee member and medical adviser.  •Expeditiously relocating medical records and supplies to a new location while training new staff, during COVID-19 pandemic to insure employee’s privacy.

Performs professional public health nursing services focusing on prevention for COVID19, and other duties as assigned  Collaborates with vulnerable Employees rs to ensure optimal health, especially as it relates to COVID-19 outbreaks in the post office  plants, and other areas  Utilizes data on community health needs related to COVID-19 to provide health education, promote optimal health and mitigate disease spread  Investigates COVID-19 in diverse settings and makes recommendations for control  Presents health education and transmission risks related to COVID-19  Instructs in prevention and care of COVID-19, interviews clients to obtain health histories and/or health co-morbidities, obtains laboratory data  Seeks out and attends COVID-19 training sessions and/or continuing education classes as needed  Performs other nursing activities related to COVID-19 as assigned to assist in the efficient running of the nursing department

• Work remotely and assist in the contact tracing program during COVID-19 pandemic.

•Educating employees via zoom presentation about the importance of hand washing, social distancing and the use of personal protective equipment.

**Occupational Health Nurse,** United State Postal Service: June 2016-November 2018 •Assessed employee illness/injuries and administer appropriate initial and follow up treatment. •Documented treatment initiated and followed up on workers compensation claims.

•Initiated accident investigation reports established and maintained employee health records. •Participated in plant safety and ergonomic programs

•Assisted with team member health education and training programs

•Coordinate employee work related injury care with the work comp physician and staff, the work comp insurance carrier and any specialist.

•Provide case management services for employee on medical leave of absence

Communicate with external providers, employee and management to provide safe and early return to work

**Registered nurse (RN),** John Peter Smith Hospital: June 2014- June 2016 – MED SURGE/ TELE PCU

•Performed all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments

•Provided necessary health education training for patients

•Assisted patients with multiple chronic diagnoses including COPD and CHF, Diabetes and Chronic Renal Failure

•Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care

•Evaluated patient care needs, prioritized treatment and maintained patient care

**Registered nurse (RN),** Health South Rehab Hospital: June 2014- June 2016 - MED SURGE

Provide and coordinate patient care, educate patients about various health conditions, and provide advice and emotional support to patients and their family members.

Observing and recording patient behavior

Consulting with physicians and other healthcare professionals

Establishing treatment plans, operating medical equipment

Supervising licensed practical nurses (LPNs) and certified nurse assistants (CNAs)

Performing diagnostic tests

Treating medical emergencies, such as heart attacks, strokes, car accidents and burns as well as recovering post-operative patients

Administering medications and treatments

**Patient Care Assistant**, *Tufts New England Medical Center*, Boston, MA

October 2008 – June 2014

Held fully accountable for demonstrating initiative, communication skills, and nursing and healthcare knowledge while working in a team setting to support the needs of patients including bathing, dressing/undressing, transporting, recording vitals, examination and treatment preparation, and providing a safe and comfortable environment.

• Monitor food and fluid intake / output, draw blood in patients as directed, and help administer medications.

• Utilize excellent ability to observe, examine, identify problems, and take precautions while caring for patients. • Answer signal lights, bells, and intercom to determine patient needs and act in the best interest of the patient. • Maintain professional and courteous interactions and demeanor with patients, families, and healthcare staff.

**Personal Care Assistant**, *Florida Hospital* (Home Care Services), Orlando, FL

September 2002 – October 2008

Maintained direct responsibility for providing a wide range of personal care to improve the overall health and well-being of patients including assisting nurses with medical treatments, accurately performing vital signs, heights, and weights, promptly answering call signals, preparing treatment trays, and building positive patient relations.

• Proficiently performed duties with direct responsibility for providing quality one-on-one patient care/support.

 • Collected specimens (urine, sputum, etc.) and cleaned, sterilized, prepared, stored, and issued dressing packs. • Delivered skilled patient service and support while establishing a reputation for both patience and compassion. • Assisted with all Activities of Daily Living including grooming, dressing, hygiene, and helping with mobility.

**Computer:** Microsoft Office (Word, Excel, PowerPoint, Access, Outlook), PCs/Windows, Systems/Databases