

Ijeoma Nwankpa

Mental Health Therapist Technician - Oregon State Hospital

Gresham, OR 97202

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Full-time employment as a Certified Nursing Assistant

Work Experience

Mental Health Therapist Technician

Oregon State Hospital

January 2012 to Present

Engage clients in activities that lead to recovery such as: DBT coping skills, medication observation, parking in group activities, treatment mall activities, reporting behavioral changes and taking clients on passes.

- ❖ Monitor and facilitate all medications and meals before it is passed out to seniors.
- ❖ Documentations of daily care and activities including report of all possible injuries.
- ❖ Cleaning and making sure seniors privacy and rights are applied.
- ❖ Work with customer service team. Making sure, that, all clients including new once and their families are well treated and respected.

Veterans Affairs Portland Oregon/Emergency Department

- ❖ Pro-acts, all Ald's, Inbound and Outbound calls.
- ❖ Glucose checks,
- ❖ EKG machine
- ❖ Suctioning,
- ❖ Wound Care/ Irrigation
- ❖ IV removal
- ❖ Straight Catheter Care,
- ❖ Bladder Scan
- ❖ Skin checks, vitals.
- ❖ Medical equipment stocking.
- ❖ Etc.

Certified Nursing Assistant (CAN)

Tender Touch Adult Care Home

January 2010 to December 2011

Qualified in supervising and training C.N.A employees.

- ❖ C.N.A/ Senior Care Giver
- ❖ Doing all Adl's, medical record keeping and appointments, transfers and customer service.

Certified Nursing Assistant (C.N.A)

Evergreen Rehab, Robinson Jewish Home & Salem Hospital

October 2006 to December 2009

Blood glucose checks, catheter care, nails care and vital signs.

- ❖ Monitoring resident breathing, bowel care, shower, dressing, skin checks and feeding.
- ❖ Medications, documentations and customer services.

Account Clerk

Ben Enterprise - Monrovia, LR
January 2005 to June 2006

Clerical work experiences dealing with supplies, account receivables and payables.

- ❖ Experiences with lending and receiving loans, making follow-ups on clients, receiving feedbacks.
- ❖ Account budgeting, cashing and depositing checks, clients account management.

Account Clerk

Automated Process - Lagos, NG
February 2003 to December 2004

Clerical work experiences dealing with supplies, account receivables and payables.

- ❖ Experiences with lending and receiving loans, making follow-ups on clients, receiving feedbacks

Advocate, Unicef, UN

ACS - Monrovia, LR
January 2000 to January 2003

was also on call till 2006.

- ❖ Advocate for children, especially girls children.
- ❖ Resource officer/ Community outreach person.
- ❖ Human service assistant

Relicense RN ass of date. International College of Health Sciences, Florida

Education

Bachelor's in Social Science/ Women Studies

Portland State University
2011 to Present

Nursing RN

International College of Health Sciences
2018

General Studies

Portland Community College
2010

Accounting

Cuttington University - Monrovia, LR
2006

Skills

- Excel (Less than 1 year)
- Microsoft Office (Less than 1 year)

- MS OFFICE (Less than 1 year)
- Word. (Less than 1 year)
- CPR Certified
- Senior Care
- Caregiving
- Nursing
- Nail Care
- Catheter Care
- EMR Systems
- Hospital Experience
- Vital Signs
- Medical Records
- Accounting
- Case Management

Certifications and Licenses

CPR

Certified Nursing Assistant (CNA)

Additional Information

COMPUTER SKILLS

- ❖ Microsoft Office, including Excel and Word.
- ❖ Internet and E-mail.

COMMUNICATION SKILLS

- ❖ Excellent and effective verbal and written communication in English.
- ❖ Concise and professional communication in English.