

# Jamie Russell

## **Registered Nurse**

Fairview Heights, IL 62208

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To obtain a position that will allow me to utilize my professional skills and knowledge that I have obtained via education. I have two years experience on a locked acute psychiatric unit. I would like the opportunity to explore other areas of nursing as well.

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse (RN)**

Integrity Health Services - Alton, IL

May 2019 to October 2019

Registered nurse in longterm care

### **Registered Nurse (RN)**

Mercy South Hospital - St. Louis, MO

September 2018 to May 2019

Behavioral health nurse

### **Registered Nurse**

St. Alexius Hospital - St. Louis, MO

September 2016 to September 2018

- Provide quality care to mental health patients through the process of assessment, planning, implementation, and evaluation.
- Effectively monitor and document patients' activities and whereabouts in 2-18 minute intervals
- Assess and reassess the mental status and mental health of patients
- Implement unit rules and expectations of the patients' behavior
- Lead groups on a wide range of topics including, but not limited to, coping skills, goal implementation, stress relief, and life expectations.
- Interact with mental health patients ages 18-65 of all different ethnic backgrounds and providing treatment.
- Collaborate with psychiatrists and medical doctors to plan the best care for each patient
- Collaborate with social workers to plan safe discharge and placement

## Education

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### **Bachelor of Science in Nursing in Nursing**

Chamberlain College of Nursing - St. Louis, MO

August 2016

## **Bachelor of Arts in Psychology in Psychology**

Lindenwood University - Belleville, IL

December 2013

## **Associate's of Arts**

Southwestern Illinois College - Belleville, IL

December 2007

## Nursing Licenses

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### **RN**

Expires: April 2021

State: MO

### **RN**

Expires: February 2022

State: IL

## Skills

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- Medication Administration
- Mental Health Counseling
- Nursing
- EMR Systems
- Hospital Experience
- Vital Signs
- Epic
- RN
- Therapeutic communication (5 years)
- Basic IV
- Computer literacy
- Microsoft Word
- Microsoft Outlook

## Certifications and Licenses

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### **BLS for Healthcare Providers**

#### **RN**

December 2016 to April 2022

Illinois and Missouri licensed

### **CPR Certification**

## Assessments

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### **Nursing Skills: Clinical Judgment — Highly Proficient**

February 2019

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical intervention.

Full results: [Highly Proficient](#)

### **Electronic Medical Records Knowledge — Highly Proficient**

February 2019

Measures a candidate's knowledge of EMR data and associated privacy regulations, as well as best practices for EMR use.

Full results: [Highly Proficient](#)

### **Medical Terminology — Highly Proficient**

February 2019

Measures a candidate's ability to understand and appropriately use medical terminology.

Full results: [Highly Proficient](#)

### **Electronic Medical Records: Best Practices — Expert**

June 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.