

Alafia Akintade

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OBJECTIVE

To obtain a progressive position as a Registered Nurse where I can add unequalled value to the organization by providing exceptional and compassionate health care to clients, in a supporting manner that preserves human dignity and safety.

EDUCATION

Bachelor of Nursing – Athabasca University

August 2021

- National Council Licensure Examination (NCLEX) October 2021
- American Heart Association ACLS & BLS Provider April 2022

Licensed Practical Nurse Diploma - Bow Valley College, Calgary

April 2014

Environmental Biology (B.Sc. Hons.) - L.A University of Technology

August 2009

SKILLS AND ABILITY

- Excellent interpersonal and communication skills
- Team player with the ability to work under minimal supervision
- Ability to provide assistance with all daily living activities
- Strong capability to relate with diverse clientele
- Ability to perform cardiopulmonary resuscitation (CPR)
- Proficiency with Sunrise Clinical Manager (SCM)
- Training- “It’s your move” for good body alignment
- Completed Immunization Course and annual influenza site champion- flu season
- Covid-19 vaccine immunizer- staff and general public

WORK EXPERIENCE- Alberta Health Services

Foothills Medical Hospital- Unit 91 (Cardiovascular Surgery)

Sept 2021- Present

- Care of STEMIs, NSTEMIs and heart failure patients
- Providing care for pre and post operative patients
- Following treatment plans for patients with angina and post-operative pain
- Educating patients on cardiac health, anticoagulation and discharge management

Foothills Medical Hospital- Unit 61 (Thoracic Surgery/Pulmonary Medicine) – 0.7 D/N FTE

July 2014- Present

- Observing post-operative clients
- Assisting clients with ambulation hours after surgery
- IV initiation and maintenance of PCAs, Foley catheters and other drains
- Certified in maintaining sterility on Chest tubes, PICC and CVC Lines
- Ability to work with clients with oxygen and properly titrate them
- Preceptor for final year licensed practical nurses

Rockyview General Hospital- Unit 57/58 (Acute Geriatric Unit) -Casual

Oct 2015- Nov 2016

- Ability to provide comprehensive care to frail older adults with complex medical needs
- Assessing and treatment of residents, with the help of other teams, to become more independent
- Ability to use ceiling lifts to transfer patients

Intercare Corporate Group- Brentwood- Casual July 2014- Jan 2016

- Providing a safe and attractive environment for over 25 residents and their families
- Providing supervision and support for care staff through delegation of appropriate tasks

Victorian Order of Nurses (VON) - Flu Clinic Oct 2014- Jan 2015

- Administering flu vaccine to various work sites
- Providing interventions to manage anaphylaxis in emergency situations
- Excellent customer service communication skills

CLINICAL EXPERIENCES

Final Preceptorship- Cardiovascular Surgery Unit (91) May 2021-July 2021

Foothills Medical Center

- Care of STEMIs, NSTEMIs and heart failure patients
- Settling patients into telemetry from ICU
- Providing care for pre and post operative patients

Acute Care Clinical - Cardiology Unit (49) Oct 2020 - Nov 2020

Peter Lougheed Centre

- Maintaining safety for post-angiogram patients
- Documentation of daily weights, intake and output for CHF patients
- Assisting clients with ambulation hours after surgery
- Maintaining IV lines, Foley catheters, and other drains

Community Adult Home Care Clinical- Adult Team Home Care (North West 1) Mar 2014- April 2014

- Initiate calls to book appointments for home care
- Wound packing and management
- Removal of drains and sutures
- Long term catheter replacement and irrigation

Acute Care Preceptorship- General Surgical/Oncology Unit (102) Feb 2014 - Mar 2014

Foothills Medical Centre

- Observing post-operative clients
- Assisting clients with ambulation hours after surgery
- Maintaining Foley catheters, JP and cook drains
- Admission and discharge of patients

Medical and Surgical Clinical- General & Oral Surgical Unit (29) Jan 2014 - Feb 2014

Peter Lougheed Centre

- Preparing clients pre-operation and filling out medical history
- Assessing high observation clients from emergency and OR
- Managing pain for oral/maxillo facial surgery clients
- Taking out staples and sutures as per doctors' order

Acute Medical Clinical- Medicine Unit (62) Sept 2013 - Dec 2013

Foothills Medical Centre

- Medication administration
- Care of tracheostomy, feeding tube and urinary catheters
- Mechanical/ceiling lift transfers
- Collaboration with RNs concerning changes to resident's plan of care

References: Available on request